

## **GRIEF SUPPORT RESOURCES**

### **Alzheimer's Association**

Colorado Chapter  
455 Sherman Street, Suite 5  
Denver, CO 80203  
303-813-1669

[www.alz.org/co](http://www.alz.org/co)

Offers peer or professionally led groups for caregivers, individuals living with Alzheimer's, and others dealing with the disease. Trained individuals facilitate all support groups.

### **Angel Eyes**

Child Loss Grief Support  
1639 Pennsylvania Avenue  
Denver, CO 80203  
303-320-7771

[www.angeleyes.org](http://www.angeleyes.org)

Offers a monthly support group for parents who have experienced an unexpected pregnancy or infant loss. The sessions are held the first Monday of each month from 6:30 p.m. to 8:00 p.m.

### **Colorado Visiting Nurses Association (formerly Halcyon Hospice and Palliative Care)**

6750 W. 52<sup>nd</sup> Avenue  
Arvada, CO 80002  
720-325-2987

[www.vnacolorado.org](http://www.vnacolorado.org)

Offers a variety of grief support meetings virtually and in person: Monday Mournings, Survivors of Sudden Loss, Walking Through Grief, Spouse/Partner Loss, Meditation and Grief, Jewish Grief, Creative Expressions of Grief, and Yoga for Grief.

### **The Denver Hospice**

501 S. Cherry Street, Suite 700  
Denver, CO 80246  
303-321-2828

[www.thedenverhospice.org](http://www.thedenverhospice.org)

Offers a variety of support groups to bereaved adults, adolescents, and children. Daytime and evening series available.

### **East Metro Heartbeat Support Group**

HeartLight Center  
11150 E. Dartmouth Avenue  
Aurora, CO 80014  
Contact: Katie Ford, MA, LPC- facilitator  
720-300-8213

[www.heartbeat survivor suicide.org](http://www.heartbeat survivor suicide.org)

This is an ongoing monthly support group for survivors after suicide. Co-Facilitator: Brenda Gierczak, MOAM, CG-C 303-667-7864. It meets the last Tuesday of the month at 7:00 pm.

### **Grief in the Workplace**

Contact Rachel Kodanaz

303-619-3547

[www.griefintheworkplace.com](http://www.griefintheworkplace.com)

This workplace program is a powerful and dynamic training program that provides comprehensive solutions that help employers work with grieving employees or a loss of an employee. The program is designed to educate co-workers, managers, and employers on the grief process and provide an automated checklist of activities to better serve their employees.

### **Heartbeat in Littleton**

7700 S. Broadway

Littleton, CO 80122

Shelley Snyder 303-378-5028

Carol Stather 720-328-9229

Lisa Sjoden 720-272-3753

[www.heartbeatsurvivorssuicide.org](http://www.heartbeatsurvivorssuicide.org)

Suicide bereavement support group meets in conference rooms 3 and 4 every second Thursday from 7:00 p.m. to 9:00 p.m. at Littleton Adventist Hospital.

### **Heartlight Center**

1150 E. Dartmouth Avenue

Aurora, CO 80014

720-748-9908

[www.heartlightcenter.org](http://www.heartlightcenter.org)

Provides open, peer support groups guided by a trained facilitator.

### **Judi's House**

JAG Institute for Grieving Children and Families

1741 N. Gaylord Street

Denver, CO 80206

720-941-0331

877-369-8936 (toll-free)

[www.judishouse.org](http://www.judishouse.org)

Provides support to children and families grieving a death. Services are provided in English and Spanish to youth ages three to twenty-five and their families at no charge.

### **Mother's Against Drunk Driving – Colorado State Office**

1355 S. Colorado Boulevard, Suite C-602

Denver, Co 80222

303-425-5902

[www.madd.org/co](http://www.madd.org/co)

Trained victim advocates, guidance through the judicial process, civil attorney referrals, support groups, and memorial programs.

**Mount Evans Home Health & Hospice**

3081 Bergen Peak Drive  
Evergreen, CO 80439  
303-674-6400

[www.mtevens.org](http://www.mtevens.org)

Provides compassionate individual and group support for those who are grieving a death loss. Groups include Bereaved Spouses, Bereaved Parents of Adult Children, and a seven-week general loss group.

**Namaste Home Health & Hospice**

6000 E. Evans Avenue (Building 2, Suite 400)  
Denver, CO 80222  
303-730-3578

[sherryn.duran@namaste-health.com](mailto:sherryn.duran@namaste-health.com)

[www.namaste-health.com/?utm\\_source=gmb&utm\\_medium=Yext](http://www.namaste-health.com/?utm_source=gmb&utm_medium=Yext)

Provides individual, family, and group counseling as well as pastoral support.

**North Metro Heartbeat Support Group**

Lutheran Hospice  
3210 N. Lutheran Parkway  
Wheat Ridge, CO 80033  
Contact: Katie Ford, MA, LPC- facilitator  
720-300-8213 or [kford@idcomm.com](mailto:kford@idcomm.com)

[www.heartbeatsurvivorssuicide.org](http://www.heartbeatsurvivorssuicide.org)

Suicide bereavement support group meets the first Tuesday of each month from 7:00 p.m. to 9:00 p.m.

**Parents of Murdered Children**

Front Range Chapter  
Post Office Box 375  
Littleton, CO 80160-0375  
Phil Clark – Chapter Leader 303-748-6395  
Tom & Nancy Rasser – 303-798-2841

[www.colorado-pomc.org](http://www.colorado-pomc.org)

Meetings are held on the third Saturday of each month at 7:00 PM

For meeting info, please send an email to [POMCColorado@gmail.com](mailto:POMCColorado@gmail.com).

**Senior Hub**

10190 Bannock Street  
Northglenn, CO 80260  
303-426-4408

[www.seniorhub.org](http://www.seniorhub.org)

Advances the quality of life for older adults through advocacy and community programs including Meals on Wheels, Homecare Services, Senior Solutions, and Adult Day Service.

**Tru Community Care**

**Grief Services**

2594 Trailridge Dr. E.

Lafayette, CO 80026

303-442-0961

877-986-4766

[www.trucare.org](http://www.trucare.org)

Our experienced grief counselors facilitate a wide variety of age and loss-specific grief support groups.