



## UMB RECOVERY TASK FORCE

**Feb. 12, 2021**

The University of Maryland, Baltimore (UMB) Vaccine Prioritization Survey will be suspended until further notice because of the lack of available vaccine doses.

Many locations around the country are unable to schedule vaccination appointments because of low supply, and that impact is being felt locally. (If you are fortunate enough to have received one or both doses, please let UMB know by completing [this form](#).)

While vaccine supply in Maryland and across the country remains limited, the University of Maryland Medical System (UMMS) continues to work with the Maryland Department of Health and closely monitor supply and scheduling across all UMMS hospitals. UMMS shares that it is grateful for your ongoing patience and asks that you continue to keep the following things top of mind:

- If you are not currently able to schedule a vaccination appointment, please be patient.
- If you already have a first- or second-dose appointment, do not reschedule.
- If you got your first dose with UMMS, they have a second dose for you.

In the meantime, text MDReady to 898-211 for COVID-19-related updates from the Office of the Governor, including mass vaccination site appointments.

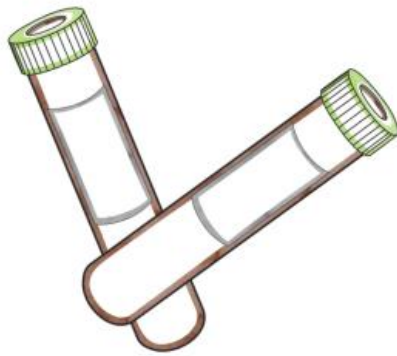
On Thursday, Gov. Larry Hogan [announced](#) that a statewide call center will open next week to help with making appointments for mass vaccination sites. Hogan also announced that M&T Bank Stadium will be opened as a mass vaccination site starting Feb. 25, partnering with UMMS and Johns Hopkins

Medicine and with appointment registration launching next week. We will share more information as it becomes available.

Please continue to check with health departments, pharmacies, doctor's offices, and other vaccination sites for available vaccination appointments. Visit [coronavirus.maryland.gov](https://coronavirus.maryland.gov) to locate a vaccination site near you.

**This week's highlights detailed below:**

- "A Tale of Two Tests": How CRISP Helps Fight COVID-19
- UMSOP Student's Entry Wins USM Public Health Challenge
- Student Counseling Center Virtual Programming
- Need a Vaccination Appointment? Pick Up the Phone
- Tell Us Why You Got The COVID-19 Vaccine
- Parents and Caregivers of BIPOC Children
- Upcoming "Virtual Face to Face" Edition
- New Appointment Link for On-Campus COVID-19 Tests
- Review Vaccination Checklist
- Side Effects, Symptoms, and the UMB COVID-19 Hotline



**'A Tale of Two Tests': How CRISP Helps Fight COVID-19**

UMB students: Did you know there's another step that you can take to protect yourself, your family, and the UMB community from COVID-19?



**UMSOP Student's Entry Wins USM Public Health Challenge**

Congratulations to **Meghna Bhatt**, a graduate student in the School of Pharmacy, for winning \$3,000 as part of a University System of Maryland (USM) Public Health Challenge.

Visit the ["A Tale of Two Tests"](#) flip book to learn about [CRISP](#) with a story loosely based on true events at UMB, and learn one more way that you can make a difference in preventing COVID-19 infections.

Bhatt submitted a three-image messaging campaign highlighting the safety and efficacy of vaccines and the importance of getting vaccinated. The entry presents information on combating pandemic fatigue and the need to continue following public health guidelines.

View Bhatt's images [here](#) and a full list of the USM Challenge winners [here](#).



### Student Counseling Center Virtual Programming

The [Student Counseling Center](#) has a variety of virtual services and programs available this semester.

#### Let's Tele-Talk

The Let's Tele-Talk daily virtual drop-in service is a 15- to 30-minute informal and confidential conversation with a Student

Counseling Center counselor.

**This is a same-day service and the request must be submitted by 1 p.m. the same day.** Request this service [here](#). For more information: [Let's Tele-Talk](#)

#### Anxiety Toolbox Workshop

The Anxiety Toolbox is a three-part psycho-educational series offered during the fall and spring semesters. Each series consists of a weekly, 1-hour skill-based session. The next series begins **March 8** with **Jenna Silverman, PhD.** [Register here.](#)

#### Toxic Positivity

Learn ways to talk to yourself and others with warmth and compassion without falling into the trap of toxic positivity and invalidation. [Register here](#) for the discussion **Monday, Feb. 15, at noon** and practice embracing the unique human emotional experience.

#### NAMI at UMB: Peer Support Group

The National Alliance on Mental Illness (NAMI) Peer Support Group promotes solidarity and support within the community of UMB students who are diagnosed with or experiencing symptoms of a mental health condition through peers supporting each other in their own unique recovery processes.

The Peer Support Group meets **biweekly on Fridays at 4 p.m.** Students are encouraged to [register via email](#) to receive the Zoom meeting link.



## Need a Vaccination Appointment? Pick Up the Phone

Everyone is looking for tips and strategies on booking vaccination appointments with so many slots unavailable in the area.

*The Washington Post* offered [five strategies](#) to help navigate the different systems.

These tips stand out for people who aren't computer-savvy, and there is one common theme: Pick up the phone.

1. Call your local library and ask for a reference librarian to help connect with resources or technical help.
2. Call pharmacies, vaccination sites, and other providers directly to ask when they are restocking or opening up appointments, or to see if you can reserve a spot over the phone.
3. Seniors can call local hotlines from their department of health or department of aging or other agencies for assistance. [The Baltimore Sun](#) listed these numbers:
  - Anne Arundel County: 410-222-3663
  - Baltimore City: 410-396-2273
  - Carroll County: 410-876-4848
  - Harford County: 410-838-1500, option 4
  - Howard County: 410-313-6284



## Tell Us Why You Got the COVID-19 Vaccine

Over the next few months, UMB will be highlighting members of the community and their vaccination experience.

Share your experience getting vaccinated by tagging [@umbaltimore](#) and using #UMBVaccinesWork on Twitter or Instagram. Include an explanation of why you got the vaccine. You also can submit photos and comments about your

vaccine experience by clicking [here](#).



## Parents and Caregivers of BIPOC children

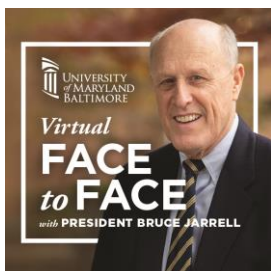
The President's Council for Women is presenting a series of virtual open forums for parents and caregivers on balancing work and virtual schooling for children in pre-kindergarten through 12th grade. The forums are open to all UMB faculty, staff, and students.

**Feb. 24 | 1 p.m.**  
**Parents and Caregivers of BIPOC Children**

Parenting children who identify as Black, Indigenous, and People of Color (BIPOC) creates unique challenges and opportunities. Let's pull together to inform and support each other during this extraordinary time.

**Guest: Courtney Jones Carney, MBA**, executive director, Intercultural Leadership and Engagement Center

[RSVP here](#)



**Upcoming 'Virtual Face to Face' Edition**

UMB leaders will discuss the pandemic from an employee perspective in the next edition of *Virtual Face to Face with President Bruce Jarrell*.

Members of the UMB community are invited to watch and listen. They also will have an opportunity to ask questions directly. The goal of the program is to keep the UMB community informed and connected during the COVID-19 pandemic while highlighting the outstanding work of our faculty and staff.

Visit [this link](#) for more information.

**Feb. 25 | 2 p.m.**  
**UMB Staff Senate Addresses COVID-19 from an Employee Perspective**

**Guests:**

- **Roger Ward, EdD, JD, MSL, MPA**, interim provost, executive vice president, and dean of the Graduate School
- **Dawn Rhodes, MBA**, chief business and finance officer and vice president
- **Juliet Dickerson, MS**, interim chief human resources officer
- **Jonathan Bratt, MS, CEM**, executive director of emergency management
- **Christina Fenwick**, Staff Senate vice president



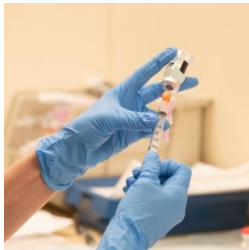
**New Appointment Link for On-Campus COVID-19 Tests**

UMMS has a new registration portal for the UMB COVID-19 testing and flu shot clinic. Those who want to schedule a COVID-19 test or flu shot on the first floor of the SMC Campus Center should use [this link](#).

Through the end of February, these sessions are available:

- Tuesdays, 2 p.m. to 5 p.m.
- Fridays, 9 a.m. to noon

Registration is required and will close when full or at 5 p.m. the day before the start of the session.



### Review Vaccination Checklist

If receiving your vaccine through UMMS, make sure to review the [vaccination checklist](#) found in your appointment scheduling email.

The list includes information that could prompt you to delay scheduling your appointment for your safety.

For example, you should not receive a non-COVID-19 vaccine in the 14 days prior to your appointment or plan to get one in the 14 days afterward.

### Side Effects, Symptoms, and the UMB COVID-19 Hotline

If you have received a COVID-19 vaccine, certain side effects and when they occur could be confusing when comparing them to COVID-19 symptoms.

The UMB COVID-19 Hotline team created [this guide](#) to help you determine when to resume normal activities, when to isolate and call the COVID-19 Hotline, and when to call a doctor.

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Please visit [umaryland.edu/coronavirus](https://umaryland.edu/coronavirus) for more information about UMB's COVID-19 policies and recovery.

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