



UMB RECOVERY TASK FORCE

March 5, 2021

While the University of Maryland, Baltimore (UMB) and local, state, and federal agencies are working to address vaccine equity, there are new tools and resources available for people trying to register for a vaccination appointment.

Please share these resources with family, friends, and neighbors who don't have Internet access or don't have the skills to navigate the online maze of registration websites.

Baltimore residents without Internet access can register for a vaccine appointment at the [Baltimore Convention Center Field Hospital](#) by calling **443-462-5511** from 9 a.m. to 4:30 p.m. Monday through Friday. The field hospital is prioritizing underserved Baltimore City residents by targeted ZIP codes.

In Baltimore County, residents can get [free Uber rides](#) to vaccination clinics. County residents should call 311 to schedule their ride.

Anne Arundel County Library branches are [offering help](#) to residents to register for vaccines by visiting any branch and asking for COVID-19 vaccine assistance. The library can help someone set up an email address, use computers, and assist navigating the different registration websites. (Enoch Pratt Free Library branches in Baltimore will reopen March 8 and will offer the same services. Computers are first-come, first-served and are limited to two hours of use.)

Don't have time to hit refresh on all the registration websites? University of Maryland, College Park student [Mathew Steininger](#) created [mdvax.info](#), which scrapes the different registration websites for when new appointment

slots are posted online, and uses a bot to send automatic alerts to its Twitter feed [@MDVaxAlerts](#).

On a related note, please read the [Maryland Vaccine Equity Task Force Operations Plan](#) that was issued Thursday, March 4 to learn about the new framework for state-led efforts for vaccine equity.

This week's highlights detailed below:

- Should I Get the Shot? A Community Discussion
- Registration Open for Vaccines Available Through UMB Clinic
- Gradual Return to Campus
- UMB Mother-To-Be Gets the Vaccine
- COVID-19 Remembrance Day
- UMB Housing Options for Summer, Fall
- Reducing Stress and Anxiety for Parents and Caregivers
- On-Campus COVID Testing Appointments
- Spring Break COVID-19 Testing Requirement
- Let UMB Know You've Been Vaccinated
- Student Counseling Center Virtual Programming



Should I Get the Shot? A Community Discussion

[Register here](#) for **Should I Get the Shot? A Community Discussion**, streaming March 10 at 11 a.m. The event will offer a safe space for your questions and concerns about COVID-19 vaccines. The



Registration Open for Vaccines Available Through UMB Clinic

Registration is still available for COVID-19 vaccine doses through UMB thanks to the University of Maryland Medical System. This is

discussion, hosted by the UMB Intercultural Center, will feature two experts from the University of Maryland School of Medicine (UMSOM).

- **Courtney Jones Carney, MBA**, executive director, intercultural leadership and engagement, and director, UMB Intercultural Center
- **Bruce E. Jarrell, MD, FACS**, president, UMB
- **Mario Majette, MD, MPH**, clinical instructor in the Department of Family and Community Medicine and director of student and employee health
- **Milagritos Tapia, MD**, professor in the Department of Pediatrics and an infectious disease specialist at UMSOM's Center for Vaccine Development and Global Health

Submit questions in advance [here](#).

only open to UMB faculty, staff, and students.

Employees and students should fill out the [UMB Vaccine Prioritization Form](#), and will be randomly selected in accordance to Maryland's priority criteria, and will receive an email on how to schedule a vaccination at the SMC Campus Center.

If you previously completed this form (or an earlier version of it), please consider completing it again as your eligibility might have changed.

UMB cannot guarantee that anyone at UMB will be vaccinated by virtue of completing this form.

If you have been vaccinated, please let UMB know by sharing your dose information via the SAFE on Campus daily survey or the [UMB Vaccine Tracking Form](#).



Gradual Return to Campus

UMB is planning to increase the number of people and activities on campus in the summer and fall.

- Starting June 1: Each school and unit will gradually increase its on-campus density in a responsible yet meaningful way.

- Fall 2021 semester: UMB will strive toward a high percentage of in-person activities for each University function, consistent with each school's and unit's needs.

Over the coming weeks, the deans, vice presidents, and Recovery Task Force will consider more details about UMB's path forward.

Read more about intentions to return to campus in this [letter](#).



UMB Mother-To-Be Gets the Vaccine

Emily Saneski, a registered nurse and University of Maryland, Baltimore psych Doctor of Nursing Practice student, got vaccinated to protect herself and her unborn child.

"I got vaccinated in my second trimester of pregnancy because I work in the psych Emergency Department, but also because research has shown that getting COVID while pregnant increases the chances of adverse outcomes for both mother and baby," she said. "Also, I signed up for the CDC's VSafe and a few research studies to contribute data so others who are pregnant can make informed decisions. My only vaccine side effect was a sore arm and some fatigue both times, and baby is still very much kicking now while I'm in my third trimester!"

Over the next few months, UMB will be highlighting members of the community and their vaccination experience.

Share your experience getting vaccinated by tagging [@umbaltimore](#) and using #UMBVaccinesWork on Twitter or Instagram. Include an explanation of why you got the vaccine. You also can submit photos and comments about your vaccine experience by clicking [here](#).



COVID-19 Remembrance Day

Today, March 5 marks the anniversary of the first confirmed COVID-19 cases in Maryland.

Flags are lowered at half-staff from sunrise to sunset, and then will be raised back to full-staff.

Tonight, buildings across the state will be lit amber as part of COVID-19 Remembrance Day in Maryland, as proclaimed by the [governor](#).

More than 7,700 Marylanders have lost their lives during the pandemic.

A twilight ceremony at the State House will be live-streamed on [YouTube](#).



UMB Housing Options Available for Summer, Fall

UMB students can start planning now for on-campus housing options for the summer and fall.

UMB Housing is a convenient and safe option as on-campus activity and density will gradually increase beginning June 1. [Fayette Square](#) and [Pascault Row](#) provide affordable apartments with multiple layouts (i.e., efficiencies, one-, two-, three-, four-, and seven-bedroom apartments) with many amenities and conveniences. Students do not pay a deposit or an application fee. Learn about the flexible options, view virtual tours, and more at www.umaryland.edu/housing.

Read more about the housing update [here](#).



Reducing Stress and Anxiety for Parents and Caregivers

The [President's Council for Women](#) is presenting a series of virtual open forums for parents and caregivers on balancing work and virtual schooling for children in pre-kindergarten through 12th grade. The forums are open to all UMB faculty, staff, and students.

March 10 | 1 p.m.

Reducing Stress and Anxiety

Caregivers are vulnerable to stress and burnout, which affects physical and emotional health. During this session, we will discuss what caregiving stress looks like and techniques to help reduce stress/anxiety.

Guest: Michael Azen, MA, MS, equity and access compliance investigator and deputy Title IX coordinator

[Register Here.](#)



On-Campus COVID Testing Clinic Appointments

March appointments are now loaded into the COVID Testing Clinic [scheduling application](#).

However, the best option for faculty, staff, and students wanting to schedule an appointment for an on-campus COVID-19 diagnostic test or flu shot is to call [UMaryland](#)

[Immediate Care](#) directly at 667-214-1899.

The location of the test will depend on UMaryland Immediate Care's scheduling — either at the SMC Campus Center or the urgent care clinic at 408 W. Lombard St. Doublecheck your appointment online or call to confirm your testing location.

Additionally, the Baltimore Convention Center has a wider availability of appointments for testing and is steps away from campus. Convention Center appointments can be made online using [this link](#).



Spring Break COVID-19 Testing Requirement

Plan ahead for a potential COVID-19 test!

If faculty, students, or staff will be on the UMB campus, a UMB-owned or -operated facility in Baltimore or the Donaldson Brown Riverfront Event Center between March 22 and April 3, you must submit a negative COVID-19 test by April 8.

If you already were on campus at some point in 2021 but won't be on campus between March 22 and April 3, you do not need another test.

If you have not been on campus in 2021 and won't be until after April 3, you will remain subject to the earlier COVID-19 testing requirement.

Being vaccinated against COVID-19 will not exempt you from testing as well, because variants are now circulating around the country.

[Read the letter](#) sent to campus for complete details and exclusions.



Let UMB Know You've Been Vaccinated

UMB needs the help of its community to track what proportion of our population has received a COVID-19 vaccination, whether on campus or elsewhere. This will help manage risk to our community and the need for ongoing preventive measures to control the pandemic, including limiting access to campus. UMB is encouraging but not requiring faculty, students, and staff to be vaccinated against COVID-19 at this

time.

Please use the daily SAFE on Campus symptom monitoring form. If you don't use SAFE on Campus, please click [here](#).

Note that while we only need you to tell us once about each dose of vaccine, you also can use either of these forms to report side effects that may develop in the following days.



Student Counseling Center Virtual Programming

The [Student Counseling Center](#) has a variety of virtual services and programs available this semester.

Anxiety Toolbox Workshop

The Anxiety Toolbox is a three-part psychoeducational series offered in the fall and spring semesters. Each series consists of a weekly, one-hour skill-based session. The next series begins **March 8** with **Jenna Silverman, PhD.** [Register here.](#)

Please visit umaryland.edu/coronavirus for more information about UMB's COVID-19 policies and recovery.

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