



UMB Community
Engagement Center

Senior Tec: Free Basic Computer Class

July 19 - August 30 (excluding Aug. 9)
Tuesdays 2 - 4 p.m.

The University of Maryland, Baltimore (UMB) Community Engagement Center, in partnership with the Enoch Pratt Free Library, brings you a six-week course on computer basics.

Join us for a fun-filled adventure as we discover the world of the computer! You will learn to create a Gmail account using Google, basic email functions, and basic word processing techniques.

This course is open to anyone over the age of 18.

Register [here](#)

For questions, please call or email Olivia Myers at 4107065620 or omyers@umaryland.edu

Family Chess Night

Friday, July 22
6 - 8 p.m.

Join us at The University of Maryland, Baltimore (UMB) Community Engagement Center for a family-friendly evening of community chess. Coaches from The Board Room-Chess will guide players at any level of play, whether you are learning for the first time or have been playing for years.

Family play, peer play, and mini-challenges will be available, as well as giveaways, handouts, and resources so you can continue to play at home! (Ideal for ages 5+)

Register [here](#)

For questions, please call or email Olivia Myers at 4107065620 or omyers@umaryland.edu



the Board Room Chess

FREE Summer Enrichment Program

August 8 - August 12
10:30 a.m. - 3 p.m.

In partnership with Moving History, the UMB Community Engagement Center is offering a summer dance program, featuring Baltimore Club, Step, Breakdance, Marching Band, and West African Dance and Drum. This program is free and open to youth entering grades 6 - 12.

[Register here](#)

For questions, please call or email Breai Mason-Campbell at 443-885-0329 or BraiMC@guardianbaltimore.com



Summer Sewing Circle

Monday, July 25
5:30 p.m. - 7:30 p.m.

The University of Maryland, Baltimore Community Engagement Center (CEC) is offering a free sewing circle on the last Monday of the month for summer 2022!

Bring your own fabric or sewing projects and connect with other sewers in a fun and supportive co-learning environment. Join us every session or once in a while. Participation is free, but registration is required.

Please note, this is not a formal class and instruction will not be provided. Basic sewing supplies will be available for use.

Adults only.

[Register here](#)

For questions, please call or email Olivia Myers at 4107065620 or omyers@umaryland.edu

Family Movie Night

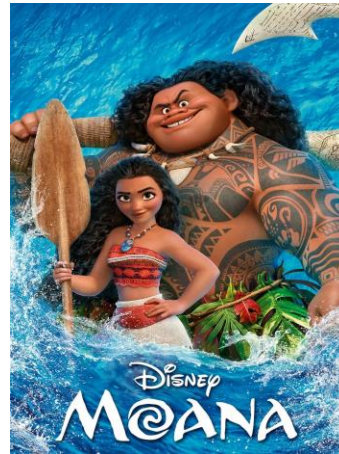
Friday, July 29 at 6 p.m

The UMB Community Engagement Center invites families to join us for a family-friendly screening of "Moana".

Pizza and snacks will be served.

For more information contact Olivia Myers: omyers@umaryland.edu or 4107065620

[Register Here](#)



Community Meals Volunteers Needed

We love having our Community Meals twice a month and are in need of volunteers. Volunteers help to serve food and sign people in. With setup and cleanup, the time commitment is less than 2 hours. Click [here](#) to volunteer.



Family Science Show-Rocket Reba Spark Attack!

Friday, August 5 at 6 p.m

The University of Maryland, Baltimore (UMB) Community Engagement Center invites you to join us for a family-friendly "Spark Attack!" show. Meet Rocket Reba, the wacky scientist from Team Eric Energy, and learn about circuits, sound waves, and different kinds of light while



participating in an interactive science presentation.

This show is ideal for ages 4-15. Youth must be accompanied by an adult at all times.

Please note this show does include flashing lights.

[Register Here](#)

For questions, please call or email Olivia Myers at 4107065620 or omyers@umaryland.edu

PATIENTS Day

Tuesday, August 14
9:30 a.m - 2 p.m.

PATIENTS Day is a transformational learning opportunity for community residents, patients, researchers, trainees across the University of Maryland, Baltimore (UMB), advocates, and health care providers. PATIENTS Day seeks to transform the way research is understood and talked about by community residents, patients, and UMB researchers and trainees. It promises to be a fun-filled day in West Baltimore, featuring a health fair and interactive panel sessions.

Register [Here](#)

PATIENTS Day 2022

Your HEALTH...Your VOICE



UNIVERSITY of MARYLAND
SCHOOL OF PHARMACY

Join The PATIENTS Program

for interactive panels and
a health fair on

Tuesday, Aug. 16, 2022
9:30 a.m. - 2 p.m.

UMB Community Engagement Center

16 South Poppleton Street
Baltimore, MD 21201



This Year's Theme is the Four Pillars of Health

Registration | 9:30 - 10 a.m.

Interactive Panels | 10 a.m. - Noon

Community Think Tank on Research

Four Pillars of Health
(Physical, Spiritual, Mental, Financial)

Health Fair | Noon - 2 p.m.



FREE
PARKING



Raffle Prizes



Free Lunch



The PATIENTS Program

at the University of Maryland
School of Pharmacy



For more information and to register: Scan the QR code,
visit <https://bit.ly/patientsday2022> or Eventbrite or call 410-706-3839

Paul's Place FREE Kids Summer Camp

Paul's Place is offering a FREE summer camp for rising 3rd - 5th grade students. The camp will be held Monday - Friday during the weeks of July 11th and 18th. There will be field trips, sports, art, music, and dance activities. The camp will be held at St. James of Monkton for the week of July 11th and there will be an entire week of field trips for the week of the 18th. Students will arrive at Paul's Place and be dismissed from Paul's Place located at 1118 Ward Street Baltimore, MD 21230. Transportation will be provided to our camp destinations.



PAUL'S PLACE

KIDS SUMMER CAMP

It's Free!

Offered to students currently in 3rd-5th grade from the Southwest Baltimore community

IF INTERESTED, CONTACT NICOLE DAVIS @ [410] 625-0775 ext.111 or ndavis@paulsplaceoutreach.org



July 11-15 8:30am - 3:30pm

Students will meet at Paul's Place and be transported to St. James of Monkton where they will enjoy activities such as sports, art, dance, and more! Breakfast and lunch will be provided.

July 18-22 8:30am - 3:30pm

Students will meet at Paul's Place and enjoy a week of field trips. Breakfast and lunch will be provided.



B-Sharp Summer Music Enrichment Academy

Join the "B-Sharp" Summer Music Enrichment Academy and "C" What A Fine Musician You Can Become!

The B-Sharp Summer Music Enrichment Academy

At Timothy Baptist Church
1214-16 W. Saratoga St.
Baltimore, MD 21223
Rev. Terry McCullum, Pastor

For Enrollment Information contact: Dr. John R. Lamkin, Director & CEO
bsharpma@gmail.com 410-484-6519 or Timothy Baptist Church, 410-728-1447

The B-Sharp Summer Music Enrichment Academy is not affiliated with any public school system in the State of Maryland



For Enrollment Information contact: Dr. John R. Lamkin, Director & CEO
bsharpma@gmail.com 410-484-6519 or Timothy Baptist Church, 410-728-1447

Ages 8 through 18

Tuition: \$300.00 for 5 Weeks of Music Instruction
Free Breakfast and Lunch

Classes Begin: July 5 to August 6, 2022, 8am – 2:30pm Daily (Program starts at 9am)
Staffed by Music Educators and Professional Musicians

Classes: Voice, Piano, Guitar, Chorus, Strings, Percussion, Brasswinds, Woodwinds, Music Theory, Dance

Ask about scholarship opportunities

Financial Empowerment at the Community Engagement Center

The CASH Campaign is offering the following free services at the CEC:

Free Tax Preparation

- For households with an income of \$58,000 or less
- Returns and amendments prepared for tax years 2016 to 2021
- In-person appointments every Friday

Free Benefits Screening

- Fast, accurate, and confidential screening for 22 benefit programs
- Benefits include health insurance, food stamps, phones, energy assistance, and more
- In-person appointments every Tuesday

Free Financial Coaching & Planning

CASH
CAMPAIGN
OF MARYLAND

Creating Assets, Savings and Hope

- Get support for reaching your short-term goals (e.g., budgeting, credit repair) or long-term goals (e.g., saving for retirement, college savings, and homeownership)
- Phone screenings by appointment every Monday

Open House

- Stop by our office to learn more about our programs – no appointment is needed
- In-person every Wednesday 2-5 pm

CEC Covid-19 Support

Free Covid- 19 support is offered every **Tuesday, Wednesday, and Friday from May 17 to Aug 31, 9 a.m. - 5 p.m.**

- Obtain information about vaccine/booster
- Get questions/concerns addressed regarding vaccination
- Reducing barriers around vaccination
- Post vaccine care package (\$25 wellness gift card)

Call (410-299-4645) with questions and concerns.

Chess at Hollins Market

Join us for a game of chess at Hollins Market **every Saturday from 10 a.m. - 12:30 p.m.**

Additional local chess opportunities for all ages are being developed in collaboration with Safe Alternatives Foundation for Education, Saint Luke's Youth Center, The Board Room Chess Inc., UMBC, and UMB Community Engagement Center.

Contact **Nate Tarter** if you are interested in getting involved with starting a chess club, connecting with existing clubs, adding chess to your program, or becoming a chess coach or mentor.



Free Math Tutoring for Adults



Many workforce training programs require potential participants to meet certain reading and math benchmarks. For some, especially those who haven't used math in a while, the math assessments are really challenging.

The University of Maryland, Baltimore Community Engagement Center as part of our Workforce Initiatives programming is now offering FREE math tutoring for adults pursuing workforce training. People who are interested in tutoring must know which math areas/problems they need help with. Lisa Rawlings, who provides the tutoring, not only explains math concepts; she helps people find resources to support their own learning.

Here are some testimonials from someone who referred an applicant:

- "My client had failed the test previously. However, through the personal coaching received, she was able to retake and pass the test in a short turnaround."
- "The ease of getting a tutoring appointment for my client was exceptional. The Community Engagement Center will continue to be a jewel resource for those in need"

To make an appointment, choose "Math Tutoring" for the open sessions: [Book an appointment here.](#)

Community Asthma Program

Home visiting (virtual and in-person) for children with asthma. This program provides education, supplies to decrease asthma triggers, and case management.

Mondays through Fridays
8:30 a.m. - 4:30 p.m.

For questions or referrals, please call 410-396-3848, or email asthma@baltimorecity.gov

Community Computer Lab Open Daily



Free Community Computer Lab

16 S. Poppleton St. Baltimore, MD 21201

The University of Maryland, Baltimore Community Engagement Center (CEC) offers a free computer lab open to the general public. Come on in!

- **Lab Hours:** The big computer lab will be unavailable to the public from Monday March 7th through Friday March 18th from 9:00am - 3:30pm. It will also be unavailable from 9:00am - 12:00 noon on Wednesdays and Fridays from March 23rd through April 1st. During this time please use the small computer lab next door.

- **Printing:** Maximum of 25 black and white copies can be made during each visit
- **Open to all:** Youth 17 and younger must be accompanied by an adult
- **Contact:** Call 410-706-8260 or email community@umaryland.edu for more information

Free Fitness Classes for Everyone



FREE FITNESS AT THE COMMUNITY ENGAGEMENT CENTER

Yoga: Mondays 5:45 p.m. - 6:45 p.m.

Join us for a soothing session. Have your mat, towel, and water ready.

[RSVP here](#) for Yoga

Line Dancing: Tuesdays 6 p.m. - 7 p.m.

Move and groove to high energy dances like the Wobble and Cupid Shuffle.

[RSVP here](#) for Line Dancing

Senior Dance: Thursdays 10 a.m. - 11 a.m.

Come out and enjoy our adult dance class! This exciting class is designed for older adults to improve health and physical mobility.

[RSVP here](#) for Senior Dance

Zumba: Thursdays 5:30 p.m. - 6:30 p.m.

Join this supportive dance class that cheers one another on while moving at their own pace.

[RSVP here](#) for Zumba

Fresh Start Fitness: Saturdays 10 a.m. - 11 a.m.

Fresh Start Fitness has been moved to Saturdays! This class will provide you with high and low intensity interval training along with resistance band training,

[RSVP here](#) for Fresh Start Fitness

For your protection, classes are limited to 20 people.

Free Weekly Art Classes



Free Weekly Art Classes

The University of Maryland, Baltimore Community Engagement Center (CEC) is partnering with **Art With a Heart** to provide free weekly art classes. Each week, participants will be guided through a new visual art project while exploring a variety of artists and techniques.

Class Times are:

Adults (18+) Chat 'n Paint: First Mondays 6 p.m. - 7:30 p.m.

Adults (18+): Wednesdays 5:30 p.m. - 7 p.m.

Seniors (55+): Fridays 12 p.m. - 1 p.m.

Families: Fridays 6 p.m. - 7 p.m.

The classes are available to everyone of all levels!

Please be sure to register early as space is limited. Click [here](#) to register for a weekly art class. For more information contact community@maryland.edu or call 410-706-8260.

Contact the CEC Health Suite each Wednesday
for all health related questions



Community Engagement Center Health Suite

The Community Engagement Center health suite will offer programs to support neighbors with health and social needs.

SOME EXAMPLES OF INTERVENTIONS INCLUDE:

- Conducting health assessments and screenings to link neighbors to providers.
- Assisting neighbors with health care navigation and coordination.
- Increasing neighbors' knowledge of health conditions.
- Working with neighbors to create plans to manage their health.
- Providing health education and coaching.
- Connecting neighbors to resources that can assist with health and social needs.
- Reducing barriers to healthy living.

WE ARE OPEN ON WEDNESDAYS:

There are two ways to connect with us:

1. Click [here](#) to schedule your appointment with the CEC Health Suite. Appointments can be made between 10 a.m. – 2 p.m.
2. You can stop in during walk-in hours from 2 p.m. - 3 p.m.

Interested in Getting the COVID Vaccine?



END COVID-19

Everyone's Health Depends On It.

GetTheVaccineBaltimore.org

For Baltimore City residents who qualify and who still need their second COVID-19 vaccine appointment, please visit: www.getthevaccinebaltimore.org. A list of other vaccination sites and resources are available as well.

**Workforce Wednesdays:
Employment Help, Walk-ins Welcomed!**

Looking for a job?

"Incredible! I've been trying to find a job for a year but working with UMB's Workforce Wednesdays I got connected to the right people. I had a mock interview within 3 weeks and now I've scored a great offer."

— SATISFIED "CUSTOMER"



WORKFORCE INITIATIVES

In-person Sessions: Wednesdays 2 - 5 p.m.

Virtual Sessions: *See [appointment link](#)*

UMB Community Engagement Center

16 S. Poppleton Street

- Get a resume or update your old one
- Learn about jobs at the University of Maryland Baltimore, University of Maryland Medical Center and more
- Sign-up for FREE GED classes and career training in the neighborhood



Want to Share an Event?

Do you know of an event or program that is open to your community? We are taking submissions to this weekly newsletter. Please fill out the form in the link below and we will add your event, if relevant.

[Click here to send a submission](#)
