

PT ALUMNI ASSOCIATION MAGAZINE
UNIVERSITY OF MARYLAND
SCHOOL OF MEDICINE
FALL 2003

PROFICIO



Advancing by Degree:
Online Learning for
Practicing Physical Therapists

Letter from the Chair



Fall is a time for change. As the trees here in Maryland will soon begin sporting beautiful yellow, red, and orange leaves, the department is also changing.

The first change you may notice is our new name: The University of Maryland School of Medicine, Department of Physical Therapy and Rehabilitation Science.

Why the name change? Because the American Physical Therapy Association (APTA) is placing more emphasis on new models of practice and evidence-based care, Research I institutions will be responsible for providing this evidence through research related to rehabilitation science. As a department of the School of Medicine, we are qualified to create this evidence and are already making major contributions to the profession. Our new name illustrates who we are, what we're doing, and where we're going in the future.

In January 2002, we began work on a new strategic plan to guide the department through the next 5 years. We gathered input and opinions from faculty, staff, and students—both anonymously and confidentially—and consulted external stakeholders through individual and group meetings. This feedback gave us a variety of perspectives—especially because people were free to express themselves openly.

What resulted is a plan that builds on the strengths of the department, while being relevant to our external environment and our key stakeholders.

We are able to align ourselves with the School of Medicine's strategies and build on the opportunities presented by this affiliation. The School's plan stresses the importance of integrating allied health students, developing accurate assessment measures, monitoring curriculum, and incorporating technology. Our plan responds to each of these challenges.

But we don't want to stop here. We would like to become an even more integral partner by increasing our collaboration in the areas of research, teaching, and outreach with other departments within the School. We continue to strive for excellence in our programs, our faculty, and our students. Quite simply, we want to be the best that we can be.

I am proud that we have accomplished most of our goals over the past 5 years. Thank you for your support as we continue to strive for excellence!

Mary Rodgers, PT, PhD
Professor and Chair

FALL 2003 • ISSUE 11

PROFICIO

PT Proficio is the new bi-annual magazine of the Alumni Association of the Department of Physical Therapy and Rehabilitation Science, University of Maryland School of Medicine.



FEATURES

- 4 The Doctoral Degree for Practicing PTs
- 8 Faculty Spotlight / Bob DuVall
- 10 Alumni Spotlight / Lori Aronow Mendoz

DEPARTMENTS

- 2 Letter from the Chair
- 3 President's Message
- 3 Director's Message
- 9 Mission Statement
- 11 Awards
- 12 Department News
- 13 Class News
- 16 Report of Gifts

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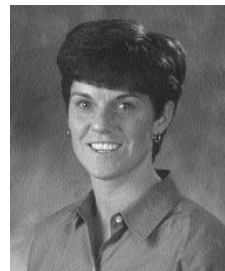
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President's Message



Dear Fellow Alums,

Greetings once again, from the Office of the President—I've always dreamed about saying that. It sounds so official!

With summer behind us, kids back in school, and all rested from family vacations and gatherings, I urge you to steer clear of the fall/winter blues. Fortunately for us all, our alumnae association has a few stellar highlights to pique your interest and quench your quest for knowledge. October is full of exciting events in celebration of PT Month. We're excited to have **Andrew Guiccone** as the keynote speaker for the Florence Kendall Symposium. PT Olympics will be moved to a Thursday afternoon in response to alumnae requests so that more of us may join in the festivities and games. You can be sure that there will be a nice happy hour following our anticipated victory this year—so be sure to check out our Web site, <http://pt.umaryland.edu>, for times and locations. Knock off from work early and join us.

Our alumnae board continues to work diligently to serve you with both personal and professional opportunities. I can't emphasize enough the great opportunities available to help keep you in touch with your classmates and colleagues. I speak of this with experience, as our alumnae board has welcomed the addition of Jim Dowla, my former classmate from 2000. Although busy with work and his family, Jim has joined the ranks, holding the President Elect position on the board. I encourage you all to follow Jim's lead and invest some of your time and/or money in either joining us for a course, happy hour, and or work on one of our many committees. You won't be disappointed, I promise (and if you are, talk to Jim!).

As always, I look forward to seeing many of you at the events we have planned this year. Best wishes for a happy and rewarding year.

Elizabeth Pearl, PT '00
President of the Alumnae Association

Director's Message



One of the best things about working at the University of Maryland is getting to know the students and alumni. Our second class of DPT students has finished their tough summer block—which includes anatomy and they all made it through with flying colors! We had the traditional pizza party at the end of anatomy, and really got to see some of the new students let their hair down, which was great! We are hoping to see the alumni do the same thing at our PT Month activities, so please plan to come to one of our events and get a few of your classmates to join you!

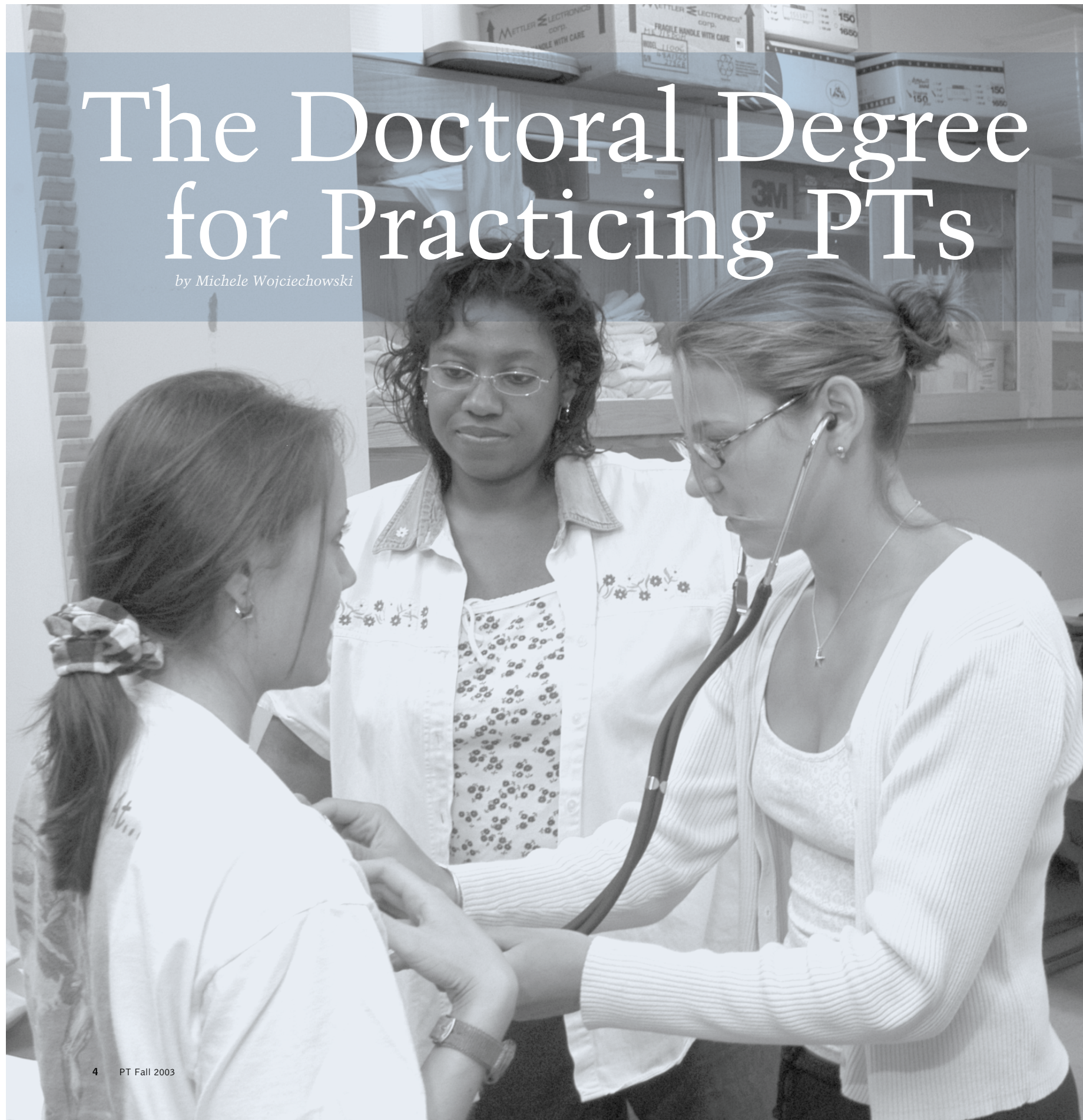
If you don't know this already, we have a new member of the University of Maryland Alumni and Annual Giving team. Karen McGuire has joined us as the Associate Director of Development, and she's looking forward to meeting you. She has some wonderful ideas about taking our annual giving campaign to new levels and you will be hearing from Karen very soon.

I am sorry to say that I have decided to leave the University of Maryland and pursue a long-time interest in fitness. I will be the Assistant General Manager of the Merritt Athletic Club in Canton—which is 5 blocks from my home. I will continue to work with Laura and Karen on a part-time basis (as long as they'll have me) so we can have a smooth transition in Alumni and Annual Giving activities. I am honored to have been able to work with you all and your dedication to the University of Maryland has made my job easy. I will miss it and you all very much.

Anne O'Brien
Director of External and Student Affairs

The Doctoral Degree for Practicing PTs

by Michele Wojciechowski



PHOTOGRAPHS BY BILL MCALLEN

Just a decade ago, students entering the program at the University of Maryland School of Medicine, Department of Physical Therapy and Rehabilitation Science were earning bachelor's degrees. Today, as doctoral degrees are becoming the norm, new students are pursuing entry-level Doctor of Physical Therapy (DPT) degrees.

But what does this mean for experienced physical therapists—those who have been working in the profession for 10, 15, 20, or more years? They wouldn't want to study in an entry-level program—in which they would be reviewing material that they've already learned—to receive a terminal degree.

Fortunately, the Department of Physical Therapy and Rehabilitation Science has exactly what they need.

The DScPT Program

The post-professional Doctor of Science in Physical Therapy (DScPT) is an advanced, clinical doctoral degree that offers experienced physical therapists the opportunity to study and specialize in areas of practice that are not necessarily research-based. And students can focus on exactly what they want to study.

"The program is designed to work so that it can be individualized," says Fran Huber, EdD, PT, OCS, program director. "We do have some required courses. But beyond [those], the students can design the curriculum however they want."

So if practitioners are interested in acquiring additional skills in orthopedics, going into administration and management, or even teaching, they can create a curriculum that will enable them to achieve their goals.



Kurt Brooks and Karen Gordes reviewing procedure sheets for auscultation of bruits.

Best of all, the program is distance-learning, which means the classes are online, so students can study whenever and from wherever they choose.

This convenience is, in part, what attracted Lorraine O'Neill, PT, to the program. A resident of Hagerstown, Md., O'Neill is the owner of O'Neill Physical Therapy Services and is also a parent. She wanted to earn a doctoral degree, but the closest school was 90 minutes from her home—one way.

"Instead of spending time driving, I spend the time studying," she says. "I really like the Web-based program because I can also study at my own pace. If it's a subject that's difficult for me, I spend more time on it, and if it's a subject that I'm familiar with, I can go through it and move on to something else."

Karen Bunnell '93 needed the doctoral program she would pursue to be distance-learning. Besides owning Therapy Works for Kids, which provides school- and home-based services for children with disabilities, she has three children of her own—two of whom are twins she had last fall.

"There's no way that I could commit to going to regular classes or anything of that sort," she says. "So that was one of the deciding factors."

Although the classes are online, they are often

structured similarly to a traditional classroom setting—meaning that the classes begin and end on specific dates. Assignments also have specific due dates.

"But if you're a morning person, and you want to do your assignments from 5 to 7 a.m., that's okay," explains Huber. "If you're a night person, and you want to do them from 11 p.m. until 1 a.m., that's fine, too."

"Because the program is flexible," Huber stresses, "that doesn't necessarily make it easier." Students must be self-starters, motivated to learn for their own sakes, and have basic computer skills.

"If [prospective students] can order something from the Internet,

they would be able to function in this environment," says Huber.

Credit for Credits

The time it takes to earn the degree varies from student to student. The minimum number of credits needed is 31, and the maximum is 75. (So far, no one has needed to take the maximum.) According to Huber, each student is evaluated and given credits for his or her professional and academic experience as well as teaching experience, certifications, continuing education, and articles he or she have published.

Although the program is online, most courses do have an on-campus component that requires students to be on campus for usually one weekend per semester for each course taken.

In addition, students in the program must be PTs working in the field to some extent.

"The reason is that we really try to make the degree immediately applicable to what you're doing," says Huber. "We want you to be able to have access to the people whom you serve with student projects, papers, and things like that."

Across the Nation

Most of the 40 students currently enrolled in the program do live in Maryland, but there are some from Virginia, Michigan, North Carolina, New Hampshire, and even California.



DScPT Class of 2003: (top row) Fran Huber, DScPT Program Director, James Scifers, Richard Archer, Chris Glavaris; (middle row) Monica Grant, Lori Mendoza, J. Bradford Clark; (bottom row) Sam Esterson, Ellen Wruble Hakim, Susan Cabenero-Johnson.

Huber says that she gets inquiries from physical therapists all over the world. But unless they are licensed in the United States, they cannot apply for the program

Paz Susan Johnson, DScPT, a program manager at Genesis Rehabilitation, received her degree in May 2003 with the first graduating class. Although licensed in the United States, Johnson had received her previous training from the University of the Philippines. So this was her first time

studying in the United States.

"It was challenging. It was different. I liked the format," she says. She also liked that she could tailor her studies to her specific needs.

Expertise from All Over

Likewise, not all the faculty are at the Maryland campus. Five core faculty are on-site. But the others teach from throughout the country.

"I think that has also been appealing," says Mary Rodgers, chair of the department. "It's bringing in expertise from a lot of areas."

Lisa Hausfeld, MPT, who works as a physical therapist at Physiotherapy Associates, chose the program because of the department's reputation.

"I think the faculty is really good...they've given us plenty of support," she says. "They're more than willing to help us with different things that we're interested in."

Preparing for the Future

Bob DuVall, PT, MMSc, OCS, DHSc, an instructor who lives in Georgia, was attracted to teaching in the program because, he says, the department is ahead of the game regarding its offerings. Many of the courses, including a "Physical Therapists as Primary Care Practitioners" class that he teaches, are preparing practitioners to make the leap into direct access care.

DuVall explains that within the next 15 years, baby boomers will be reaching the ages when they will be prime candidates for musculoskeletal vulnerabilities. Consequently, the demand for physical therapists who can improve these patients' quality of life will greatly escalate.

For years, Maryland law has allowed for "direct access," so that patients can consult with a physical therapist directly, and one of Maryland's health insurance companies, Blue Cross/Blue Shield, already allows their members to see a physical therapist before physician intervention. But, as Rodgers says, federal legislation is being moved forward to allow direct access on a national level—regarding Medicare and Medicaid, that continue to require referrals for patient reimbursement. If this changes, physical therapists will need to know how to function as independent practitioners.

The skills necessary to work as independent practitioners can be acquired in the DScPT program.

Cyber Support

Even though students work independently, Huber says that they often get to know each other by getting together online and by meeting at the on-campus classroom components. They have formed friendships and provide each other with support.

"It's kind of interesting that [the students] actually do develop ties," says Huber. "So even though it's important to be a self-directed learner, you also do develop kind of a social network inside the program. It's kind of an [interesting] dichotomy." ■

Michele Wojciechowski, a freelance writer living in Baltimore, is a frequent contributor to PT Proficio.



Sarita Sanjoy, Edsen Donato, and Robert Duvall preparing for multimedia instruction.

Faculty Spotlight

COMING HOME

by Michele Wojciechowski



SOMETIMES YOU REALLY CAN GO HOME AGAIN.

When he was 22, Bob DuVall, PT, MMSc, OCS, DHSc, traveled to Georgia to attend Emory University. Although he spent many years there earning his

Bachelor's and Master's degrees, he always expected that one day he would return to Maryland. Now, 25 years later, he finally has.

Born and raised in Carroll County, Md., DuVall still resides with his wife in Georgia, where he owns Sports Medicine of Atlanta, Inc., a physical therapy practice he started in August, 1984. But one year ago, he had a "coming home" of sorts when he began working as an adjunct professor for the University of Maryland School of Medicine, Department of Physical Therapy

and Rehabilitation Science teaching online courses (with some on-campus seminars) for the post-professional DScPT and the Transitional DPT programs.

For DuVall, this couldn't be a more perfect fit.

When he obtained his DHSc at the University of St. Augustine for Health Sciences, DuVall's dissertation was "A Practice Analysis of Primary Care Physical Therapy," which identifies the competencies needed for physical therapists to practice as primary health-care practitioners. (It's now pending publication in a physical therapy journal.)

In the future, he states, as more and more physical therapists move to become primary practitioners, they will need to have additional training to learn skills like how to set up their own businesses and how to attract patients, since they won't be dependent on physician referrals.

DuVall is glad to be teaching in the programs because he believes that the department is ahead of the game. "The curriculum is set up to be progressive and prepare physical therapists for the future," he says.

Besides teaching, DuVall sees all kinds of patients in his practice—from 6-week-olds to people in their 90s. He also serves off-season professional athletes and has treated wrestlers with the World Wrestling Federation.

Sports Medicine brings together DuVall's strongest interests—physical therapy and sports. While attending Westminster High School in Maryland, he lettered in five sports: football, wrestling, gymnastics, track, and baseball. And while earning a Bachelor's in Physical Education from Western Maryland College, he lettered in football, wrestling, and track. In 2002, he was inducted into the Carroll



Lindsay Schafer learning palpation for hernias from Robert DuVall.

County Sports Hall of Fame.

Because he attended both high school and college in Carroll County, he jokes, "I've probably won more varsity letters than any other Carroll County [resident]."

Although he chose physical therapy as his profession, DuVall has always kept his hand in the sports world. His practice also provides sideline coverage—both athletic trainers and physical therapists—to high school sports in Georgia.

"The curriculum is set up to be progressive and prepare physical therapists for the future."

But DuVall also serves as a physical therapist for some of the top athletes in the world—in the Olympics. So far, he has been hired to provide coverage for the 1996 Olympic Games

in Atlanta, Ga.; the 2000 games in Sydney, Australia; and the 2004 games in Athens, Greece.

"I never got to become an Olympic Athlete, but I certainly am now in the mix, and I can experience it psychologically," says DuVall. "And it's so rewarding." ■

Mission and Vision

Department of Physical Therapy and Rehabilitation Science

MISSION

To train physical therapy practitioners and scholars to restore physical function and performance, prevent physical injury and disease, promote wellness, and advance rehabilitation science.

VISION

We are dedicated to excellence and leadership in physical therapy education, research, and clinical service. Our commitment is demonstrated by:

- Providing quality education that offers opportunities for lifelong learning at multiple academic and professional levels
- Expanding our body of knowledge by promoting scholarship, discovery, and interdisciplinary collaborative research.
- Promoting and supporting faculty involvement in all aspects of evidence-based clinical practice.
- Encouraging faculty and students to take leadership roles to develop of health care policies that promote quality health care for all citizens.
- Cultivating an inclusive environment that reflects cultural diversity and facilitates achievement of one's potential.
- Upholding the highest standard of professional behavior through conscientious ethical decision-making.
- Increasing awareness, visibility, and recognition of the Profession of Physical Therapy.

Based on a collegial philosophy and in concert with the School of Medicine, The University of Maryland Medical System, our alumni, and the American Physical Therapy Association, we advance preventive and rehabilitative health care for the citizens of Maryland.

Alumni Spotlight

LORI ARONOW MENDOZA

by Michele Wojciechowski

Lori Aronow Mendoza is one of the lucky ones. Since she was a teen, she's known exactly what her career would be.

A May 2003 graduate of the post-professional DScPT program, Mendoza volunteered at age 14 at a camp for children with disabilities in Long Island, N.Y., where she hails from.



"That's when I really learned about physical therapy," she says. "It was exactly what I wanted to do."

She continued to work at the camp for five summers, moving from a volunteer to a paid counselor. So it's not surprising that Mendoza originally thought about working with children. But while earning her undergraduate PT degree from the University of Pennsylvania, she discovered that she enjoyed all of her clinical work.

"That's what's so nice about physical therapy—there are so many different types of fields that you can go into. But I really loved orthopedics once I did clinical work in that," she recalls.

In 1979, Mendoza moved to Maryland with Jimmy, her husband, and worked for a few years at Frederick Memorial Hospital. Then she began working at the Greater Washington Orthopedic Group, an outpatient physical therapy clinic, where she's now the director.

In her spare time, Mendoza likes to run and bike.

She has even participated in a couple of Marine Corps marathons. Her daughters, Jacqueline, 18, and Alyssa, 15, are also athletic, and Mendoza jokes that her physical therapy skills have come in handy over the years when dealing with their injuries.

When Mendoza decided to further her education, she wanted to obtain an advanced degree that was neither entry-level nor researched-based. When she learned about the post-professional DScPT program, she found what she was looking for.

"It was just perfect," she says. Besides being in a recognized university with an excellent physical therapy program, Mendoza explains, the program appealed to her because she could still work full time and focus on her first love—orthopedics.

And orthopedics is what she concentrated on.

Now that she has graduated from the program, Mendoza says that it has really affected her in the profession. "I think I'm a much better therapist than I was before the program. First of all, I just have so much more knowledge, and I also want to learn more. I'm more apt to do research. So that's made me a better therapist—really wanting to know the answers to different things," she says.

"I think as clinicians, as we become more and more independent, it's important for us to have the extra background. The more knowledgeable we are, the better it is for our patients and for our profession."

And the reason that she is a self-described cheerleader for the physical therapy profession? "You really get to know a patient...about them, their families, their situations." ■

Student and Faculty Awards

CONGRATULATIONS

to the entire graduating class of 2003.

Clinical Instructor of the Year
Mark Schlichter

Dr. Frank H.J. Figge Memorial Award
Megan Craig

GGEAR Award
Sandy Turner

Donald J. Hobart Award
Lynette Christiansen

Laura G. Levine-Mandell Award
Joe Federline

Elizabeth G. McCaulay Award
Jere Hoadley
Dave Lambert

Outstanding Graduate Award
Chrissy Gurney

Pekar-Abell Award
Lynette Christensen

Phi Kappa Phi Awardee
Megan Koziar

Senior Alumni Award
Jen Wetmore

Faculty of the Year
Ellen Wruble Hakim

Adjunct Faculty of the Year
Ruth Cooke



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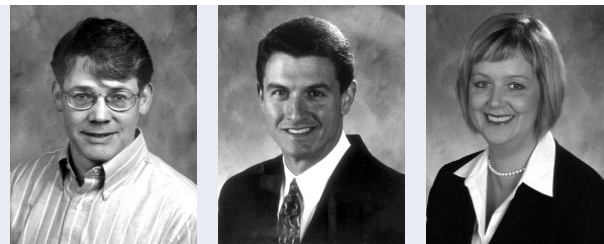


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Department News



Left to right: David Russ, Bill Romani, and Karen McGuire.

Mary Rodgers, PT, PhD, chair, assumed the role of President of The International Society of Biomechanics (ISB) in July 2003 at the 19th Congress of the ISB meeting in Dunedin, New Zealand. The members of the ISB elected Rodgers to a 2-year term as President Elect, after which she will serve a 2-year term as President, and will complete her tenure with 2 more years as Past President.

New Faculty

David Russ, PT, PhD, completed his doctorate in applied physiology at the University of Delaware's Biomechanics and Movement Science program in 2001. His dissertation research focused on mechanisms of skeletal muscle fatigue, with a particular emphasis on metabolism, as studied by magnetic resonance spectroscopy. He arrives at the University after a 2-year postdoctoral research position at the University of Massachusetts-Amherst. During that time, he began applying the skills he acquired in his doctoral training to the study of skeletal muscle function in the elderly.

Fran Huber, PT, EdD, OCS, is currently the editor of the *Bulletin*, the newsletter of the Education Section of the APTA. It is published twice a year. They have just published their last one in hard copy format and will move to an online format for the future.

Bill Romani, PT, PhD, OCS, SCS, was named a National Institutes of Health "Building Interdisciplinary Research Centers in Women's Health" (BIRCWH) scholar. The program was established in 1999 in an effort to foster interdisciplinary research in woman's health among junior faculty scholars working with senior faculty mentors. Last fall, the Womens Health Research Group in the University's Maryland's Department of Epidemiology and Preventive Medicine became one of 24 institutions to receive recognition as a BIRCWH program. Romani was chosen through a competitive extramural selection process and will be funded for 2 to 3 years to work with established researchers in women's health.

Margaret L. Alston, PT, PhD, is setting aside her personal career interests to spend more time with her daughter, Jada.

She and Jada are enjoying a wonderful loving relationship, complete with a large family of grandparents, aunts, uncles, and cousins; extended family of friends; church family; domestic travel; daily routines; and summer-time outings and pool fun. Margaret is keeping up with clinical practice on a largely part-time per diem basis. She is also preparing to partner in a new orthopedic outpatient practice that will serve child and adult patients in the White Marsh area, beginning in October 2003.



Dr. Margaret Alston with daughter Jada Laine Alston.

"While a part of me feels a significant loss in giving up so much that my position of UMB afforded, complete with cutting-edge learning, challenging and rewarding work, good friendships with faculty, staff, and students, I have gained much much more in having my beautiful, bright, active, healthy, and charming daughter. Perhaps I'll have an opportunity to get back to part-time teaching and mentoring one day. Doing so would be the perfect balance to what is near to a perfect life," she says.

Gerry Smith, PT, PhD, has decided to leave us for greener pastures—literally. His plans are to play golf, grow his hair long, play golf, get in touch with his inner child, play golf, hang out with his kids and play golf, get a tattoo, play golf, contemplate his navel in the middle of the afternoon while sitting in the sun, play golf, write free verse, play golf, take up watercolors, play golf, get back his school-boy figure, play golf, become a vegetarian, and play some more golf. "Nothing of interest or note, unless my golf improves."

Karen McGuire is excited to begin her new role with the department as associate director for development. She hopes to use her experience and skills to increase Annual Fund income, enhance phone-a-thon efforts, and make significant progress to identify and cultivate individuals, businesses, and foundations as major contributors.

After working for the National Multiple Sclerosis Society for more than 13 years, she is no stranger to the importance of physical therapy and the impact that it has on mobility for those individuals with neurological and other disability. "My respect of the physical therapy profession is one of the reasons I am so eager to make an impact here at the University," she says.

McGuire is impressed by the progressive changes the department has made in its organization and programs to ensure its place as a cutting-edge leader in physical therapy education. "Now is an exciting time to support the department's strategic vision, and I look forward to communicating the mission and needs of the department to our alumni, donors, and the community," she says.

"Being brand new, I am trying to learn as much as I can as quickly as possible. Thank you to all the staff, faculty, volunteers, students and Alumni who have been so helpful in this process. I appreciate and welcome additional feedback as I move forward with our Development plan for FY 2004."

Class News

Births

Maria (D'Anegelo) Heffter '95, announces the birth of her second child, Nicole Bailey Heffter, on Sept. 9, 2002.

Rachel (Serio) and Josh Gochnauer '99, announce the birth of their baby girl, Haley Madison Gochnauer, born on Aug. 4, 2001.

Boaz Bennof '98 announces his baby girl, Shayna, born June 19th.

Lorrie Filsinger-Miller '02 Son Jarrett Michael Miller was born on March 19, 2003. "Time management has really come into play as I am still working full time as a regional director of clinic operations for Select Medical Corp," says Lorrie.

Martin Weinstein '97—Has a baby boy, Tiernan William Weinstein, born Dec. 20, 2002. He works at HealthSouth Outpatient Center in Berlin, Md., and married Kathleen Weinstein on Oct. 14, 2000.

1950s

Ellen Guton '58 took a trip to Peru, lodged in the Amazon Rainforest, and traveled the Amazon River!

Arlene Vincent '59 reports a lot of job openings in her area of North Augusta, S.C.!

1960s

Patricia Diehl '60 is retired from a small private practice and currently volunteers for Med. Engineers.

Donna Berlin Perlstein '65 is now a proud grandmother, Ethan, born to her son Scott and his wife, Claire '02. Son Jeff will marry Paula in Nicaragua this October 2003. Ethan's great aunt is Mary Perlstein '74.

1970s

Theodore Becker '73 recently patented a field testing calibration device for the handgrip dynamometer. He is also teaching at the University of Washington Medical School and invites you to check out his



MPT Class of 2003

Web site at www.epirehab.com.

Lauren Peterson '75 is a PT working PRN at New Hanover Network—Cape Fear Hospital.

John McKernan '79 has a son, CDR Scott McKernan, who retired from the Navy as Chief Engineer on the aircraft carrier Harry Truman.



Left to right: Lynne Rudman '76, Ruth Latimer (Chair, 1962-71), and Anita Bemis-Dougherty '75.

1980s
Michael Malament '80 says he's "very blessed to be living with my wife and children in Colorado" and he enjoys working as the editorial manager of *Allied Therapeutics* for a large medical information company.

Bridget Ray '80 works part time for HealthSouth in Annapolis, Orthopaedics and Sports Medicine. Her oldest children graduated this past spring from St. Mary's in Annapolis. Daughter Kathleen is attending American University and son Colin is at the Naval Academy Prep School and will be joining the Class of 2007 this June. Her youngest is a fourth grader at St. Mary's.

1990s
Laura (Zindren) Musselman '91 works PRN for HealthSouth in both the outpatient clinics and inpatient rehabilitation hospital in Mechanicsburg. She and her husband have four boys: 7, 6, 4, and 1 year old.

Suzanne Sevier '94 Expecting second baby in May.

Tracey Cannon '95 tells us her 2nd child just turned 1 year old on July 3, 2003.

Peter Braviak '98 is the proud father of three: Lindsay (8), Caroline (5), and Matthew (4). He works in the Infant and Toddler Program for Montgomery County Public Schools as a pediatric PT, and has private clients through LEIA and FIT.



Left to right: Brenda (Rutledge) Cavanaugh '99 and Julie Miller '99.

Meredith Synder Ofstead '98 married David in June and enjoyed a honeymoon in Tahiti swimming with the sharks! ("OK, David swam with the sharks, I watched from the shore.")

2000s
Lauren Wilson '00 is living and working in South Africa. She has opened up her own practice there: a prenatal clinic.

Anne Rosenfelder '02—I was engaged in June 2003 to Kelsey Welty; to be married April 2004. I'm in the first DPT class to be graduated—July 2003.

Sarah Drumgoole '03 is employed with the Cecil County Public School System. Sarah and Bob are getting married on April 17, 2004. She plans to participate in Camp Sunrise (a week-long cancer camp) again this year.



Alum, faculty, and friends at the University of Maryland Alumni Reception, Grand Hyatt, Washington, D.C. June 20, 2003 APTA Convention.

Chrissy Gurney '03 took an amazing trip to Thailand and is now working full time at Union Memorial Hospital.

Megan (Koziar) Wilson '03 works at Physiotherapy Associates of Bel Air and was married on

June 21, 2003. She and her husband honeymooned in Hawaii and live in Bel Air, Md.



Left to right: Danny Hakim (adjunct faculty), Florence Kendall, and Ellen Wruble Hakim (faculty) at the 2003 APTA Convention, Grand Hyatt, Washington, D.C.

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Report of Gifts

Annual Fund Donations for the JULY 2002–JULY 2003 Budget Period

Although publishing the list of donors each year may seem like a small way to recognize alumni donors, we hope you feel it is an appropriate acknowledgement of the contributions that make the Department of Physical Therapy and Rehabilitation Science stronger and more successful.

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UMSOM PT ALUMNI ASSOCIATION 2003 CALENDAR OF EVENTS

October is Physical Therapy Month!

Visit <http://ptalumni.umaryland.edu> for updated information as it becomes available.

- October 1** Florence Kendall Symposium, School of Nursing speaker: Andrew Guccione
 6 p.m.—refreshments; 7 p.m.—speaker
- October 3** PT Kick-Off Happy Hour, Camden Pub—5:30 p.m.
- October 4** Race for the Cure—8 a.m.
- October 16** PT Olympics—4 p.m.
 Happy Hour—5:30 p.m.
- October 29** Free Continuing Education Seminar, School of Nursing speakers: Steve Tepper and Dennis Klima
 5:30 p.m.—snacks and registration
 6 p.m.—speakers
 r.s.v.p. lpplanas@som.umaryland.edu

Do the Dues...

Effective Jan. 1, 2003, the cost of Physical Therapy Alumni Association membership dues increased to \$40. We hope that our new and exciting plans and benefits will make the small increase worthwhile to our members. View our Web site, <http://ptalumni.umaryland.edu>, for updates, information on activities, and continuing education opportunities. (Lifetime memberships are not affected by this change.)

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January 1, 2003–December 31, 2003

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ABOUT OUR STUDENTS

DPT

- Students started the program: **40**
- Average GRE scores (verbal & quantitative sections): **1,053**
- Average Prerequisite GPA: **3.467**
- Average Overall GPA: **3.505**

Ph.D.

- Average GRE scores (all categories) for the Fall '02 admits: **1,904**
- Current PhD Students: **11**

Transitional DPT

- Graduation of first class (38 students): **07-03**
- Applicants for Fall '03: **35**

DScPT

- First graduating class (of 9): **05-03**
- Current students in the program: **33**
- Number of SOM grads: **10**
- Number of applicants for Fall '03: **16**



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