



UMB RECOVERY TASK FORCE

Feb. 19, 2021

A new hotline has launched in Maryland to help seniors and those without internet access or computer skills make a COVID-19 vaccination appointment.

Marylanders can call the [COVID-19 Vaccination Support Center](https://www.maryland.gov/ohd/covid19/vaccination-support-center) at 1-855-MDGOVAX (1-855-634-6829).

The call center is open seven days a week from 7 a.m. to 10 p.m. The center can identify providers closest to a caller's home, and assist with scheduling vaccination appointments at the state's mass vaccination sites including Six Flags America in Prince George's County and M&T Bank Stadium in Baltimore, which will open Feb. 25.

You also can text MDReady to 898-211 for COVID-19-related updates from the Office of the Governor, including mass vaccination site appointments.

Please continue to check with health departments, pharmacies, doctor's offices, and other vaccination sites for available vaccination appointments. Visit coronavirus.maryland.gov to locate a vaccination site near you.

This week's highlights detailed below:

- UMB Spring Break COVID-19 Testing Requirements
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UMB Spring Break COVID-19 Testing Requirements

Keep these dates in mind: Between March 22 and April 3.

If faculty, students, or staff will be on the UMB campus, a UMB-owned or -operated facility in Baltimore or the Donaldson Brown Riverfront Event Center between those dates, you must submit a negative COVID-19 test by April 8.

If you already were on campus at some point in 2021 but won't be on campus between March 22 and April 3, you do not need another test.

If you have not been on campus in 2021 and won't be until after April



Converting COVID-19 Vaccine Skeptics to Ambassadors

Some hospitals have surprisingly seen a significant number of health care professionals choosing not to receive a COVID-19 vaccine despite being first in line for the shots.

[*This story*](#) from CBS News shares how some staff at UC Davis Medical Center in California have gone from skeptics to ambassadors, sharing their personal stories and why their colleagues should get vaccinated now.

As a result, more than 80 percent of staff have been fully vaccinated — 100 percent among emergency

3, you will remain subject to the earlier COVID-19 testing requirement.

Being vaccinated against COVID-19 will not exempt you from testing as well, because variants are now circulating around the country.

[Read the letter](#) sent to campus for complete details and exclusions.

department physicians — and there has been a 95 percent drop in the number of sick employees. (As of Jan. 29, University of Maryland Medical System [statistics showed](#) that 54 percent of employees were fully vaccinated.)

"The numbers are a testament. People's stories are a testament that the vaccine is truly working," said Anne Tompkins, interim director of UC Davis Health Employee Health Services.

Whether you're a medical professional or not, let's talk to each other and reach 100 percent.



Pregnancy and Caring for COVID-19 Patients

Becoming pregnant creates unique opportunities and challenges as a medical professional.

If a pregnant student cares for COVID-19 patients, please reach out to your health care provider for options and advice. Also, don't hesitate to reach out to academic leadership to connect with professionals and receive guidance on

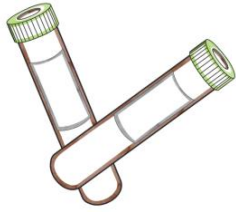
protecting the health of yourself, your baby, and your patients. There is a tremendous support network at UMB willing to answer questions.

A very strict observation of personal protective equipment must be maintained, said **Wilbur H. Chen, MD, MS, FACP, FISDA**, professor of medicine at the University of Maryland School of Medicine.

Chen also provided [this answer](#) on the Academy of Lifelong Learning website about receiving a COVID-19 vaccine while being pregnant.

Sign Up to Volunteer for Mass Vaccination Sites

Are you interested in volunteering in one of the several new mass vaccination sites opening in Maryland? You can learn more about how to volunteer by visiting the [Maryland Responds website](#). This site allows you to register as a responder willing to provide services during a disaster or emergency situation such as the COVID-19 pandemic.



“A Tale of Two Tests”: How CRISP Helps Fight COVID-19

UMB students: Did you know there’s another step you can take to protect yourself, your family, and the UMB community from COVID-19?

Visit the [“A Tale of Two Tests”](#) flip book to learn about the [Chesapeake Regional Information System for our Patients \(CRISP\)](#) with a story loosely based on true events at UMB, and discover one more way that you can make a difference in preventing COVID-19 infections.



Let UMB Know You've Been Vaccinated

UMB needs the help of its community to track what proportion of our population has received a COVID-19 vaccination, whether on campus or elsewhere. This will help manage risk to our community and the need for ongoing preventive measures to control the pandemic, including limiting access to campus. UMB is encouraging but not requiring faculty, students, and staff to be vaccinated against COVID-19 at this

time.

Please use the daily SAFE on Campus symptom monitoring form. If you don't use SAFE on Campus, please click [here](#).

Note that while we only need you to tell us once about each dose of vaccine, you also can use either of these forms to report side effects that may develop in the following days.



Tell Us Why You Got the COVID-19 Vaccine

Why did Yale Partlow of the UMB Police Department get vaccinated?

“I’m getting the shot to help mitigate the spread of COVID, protect my family, protect the citizens, and, of course, my fellow departmental colleagues,” said Partlow, outreach and intervention officer.

Read about Partlow's work with the homeless population in [The Elm](#).

Over the next few months, UMB will be highlighting members of the community and their vaccination experience.

Share your experience getting vaccinated by tagging [@umbaltimore](#) and using #UMBVaccinesWork on Twitter or Instagram. Include an explanation of why you got the vaccine. You also can submit photos and comments about your vaccine experience by clicking [here](#).



Virtually Connect with Other Students

While University and state guidelines have limited in-person interactions, the Division of Student Affairs continues to provide students with opportunities for virtual engagement, including [virtual fitness and wellness opportunities](#), such as online group exercise classes offered by URecFit and Wellness. Leadership development and diversity, inclusion, and anti-oppression programming are also available. For a

complete list of upcoming events, visit [The Elm calendar](#).

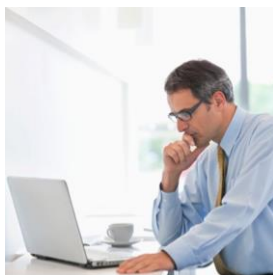
For the latest Student Affairs updates, please read [this letter](#).



Baltimore Collegetown Student Survey

COVID-19 has been hard on college students. Baltimore Collegetown wants to check in, see how you're doing, and make sure you know about important resources.

Visit [this link](#) to give Baltimore Collegetown 10 minutes of your time and let them know how you're doing. All answers are anonymous. If you need extra support and want to talk to a campus case manager, Baltimore Collegetown will take care of it and connect you directly.



HR on the Web

Human Resource Services (HRS) is transitioning *HR on the Move* to *HR on the Web*. HRS has set up a series of Zoom sessions over the next four months. These are 90-minute sessions, with each functional area of HRS represented.

window to join.

The first one is set for Feb. 25 from 1:30 to 3 p.m. No need to preregister. Click on this [link](#) anytime during the 90-minute

If you have a question or concern that you would prefer not to share with the larger group, HRS can arrange for a private breakout room or private chat session with the appropriate individual.



Student Counseling Center Virtual Programming

The [Student Counseling Center](#) has a variety of virtual services and programs available this semester.

Let's Tele-Talk

The Let's Tele-Talk daily virtual drop-in service is a 15- to 30-minute informal and confidential conversation with a Student Counseling Center counselor.

This is a same-day service, and the request must be submitted by 1 p.m. the same day. Request this service [here](#). For more information on Let's Tele-Talk, [click here](#).

Anxiety Toolbox Workshop

The Anxiety Toolbox is a three-part psycho-educational series offered during the fall and spring semesters. Each series consists of a weekly, 1-hour skill-based session. The next series begins **March 8** with **Jenna Silverman, PhD**. [Register here](#).

NAMI at UMB: Peer Support Group

The National Alliance on Mental Illness (NAMI) Peer Support Group promotes solidarity and support within the community of UMB students who are diagnosed with or experiencing symptoms of a mental health condition through peers supporting each other in their own unique recovery processes.

The Peer Support Group meets **biweekly on Fridays at 4 p.m.** Students are encouraged to [register via email](#) to receive the Zoom meeting link.



UMB Parents and Caregivers Forums

The President's Council for Women is presenting a series of virtual open forums for parents and caregivers on balancing work and virtual schooling for children in prekindergarten through 12th grade. The forums are open to all UMB faculty, staff, and students.

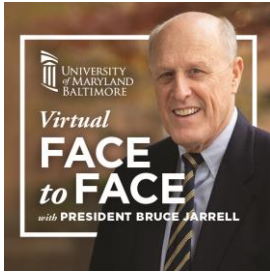
Feb. 24 | 1 p.m.

Parents and Caregivers of BIPOC Children

Parenting children who identify as Black, Indigenous, and People of Color (BIPOC) creates unique challenges and opportunities. Let's pull together to inform and support each other during this extraordinary time.

Guest: Courtney Jones Carney, MBA, executive director, Intercultural Center

[RSVP here](#)



Upcoming 'Virtual Face to Face' Editions

UMB leaders will discuss the pandemic from an employee perspective in the next edition of *Virtual Face to Face with President Bruce Jarrell*.

Members of the UMB community are invited to watch and listen. They also will have an opportunity to ask questions directly. The goal of the program is to keep the UMB community informed and connected during the COVID-19 pandemic while highlighting the outstanding work of our faculty and staff.

Visit [this link](#) for more information.

Feb. 25 | 2 p.m.

UMB Staff Senate Addresses COVID-19 from an Employee Perspective

Guests:

- **Roger Ward, EdD, JD, MSL, MPA**, interim provost, executive vice president, and dean of the Graduate School
- **Dawn Rhodes, MBA**, chief business and finance officer and vice president
- **Juliet Dickerson, MS**, interim chief human resources officer
- **Jonathan Bratt, MS, CEM**, executive director of emergency management
- **Christina Fenwick**, Staff Senate vice president



New Appointment Link for On-Campus COVID-19 Tests

UMMS has a new registration portal for the UMB COVID-19 testing and flu shot clinic. Those who want to schedule a COVID-19 test or flu shot on the first floor of the SMC Campus Center should use [this link](#).

Through the end of February, these sessions are available:

- Tuesdays, 2 p.m. to 5 p.m.
- Fridays, 9 a.m. to noon

Registration is required and will close when full or at 5 p.m. the day before the start of the session.

Side Effects, Symptoms, and the UMB COVID-19 Hotline

If you have received a COVID-19 vaccine, certain side effects and when they occur could be confusing when comparing them to COVID-19 symptoms.

The UMB COVID-19 Hotline team created [this guide](#) to help you determine when to resume normal activities, when to isolate and call the COVID-19 Hotline, and when to call a doctor.

Please visit umaryland.edu/coronavirus for more information about UMB's COVID-19 policies and recovery.

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