

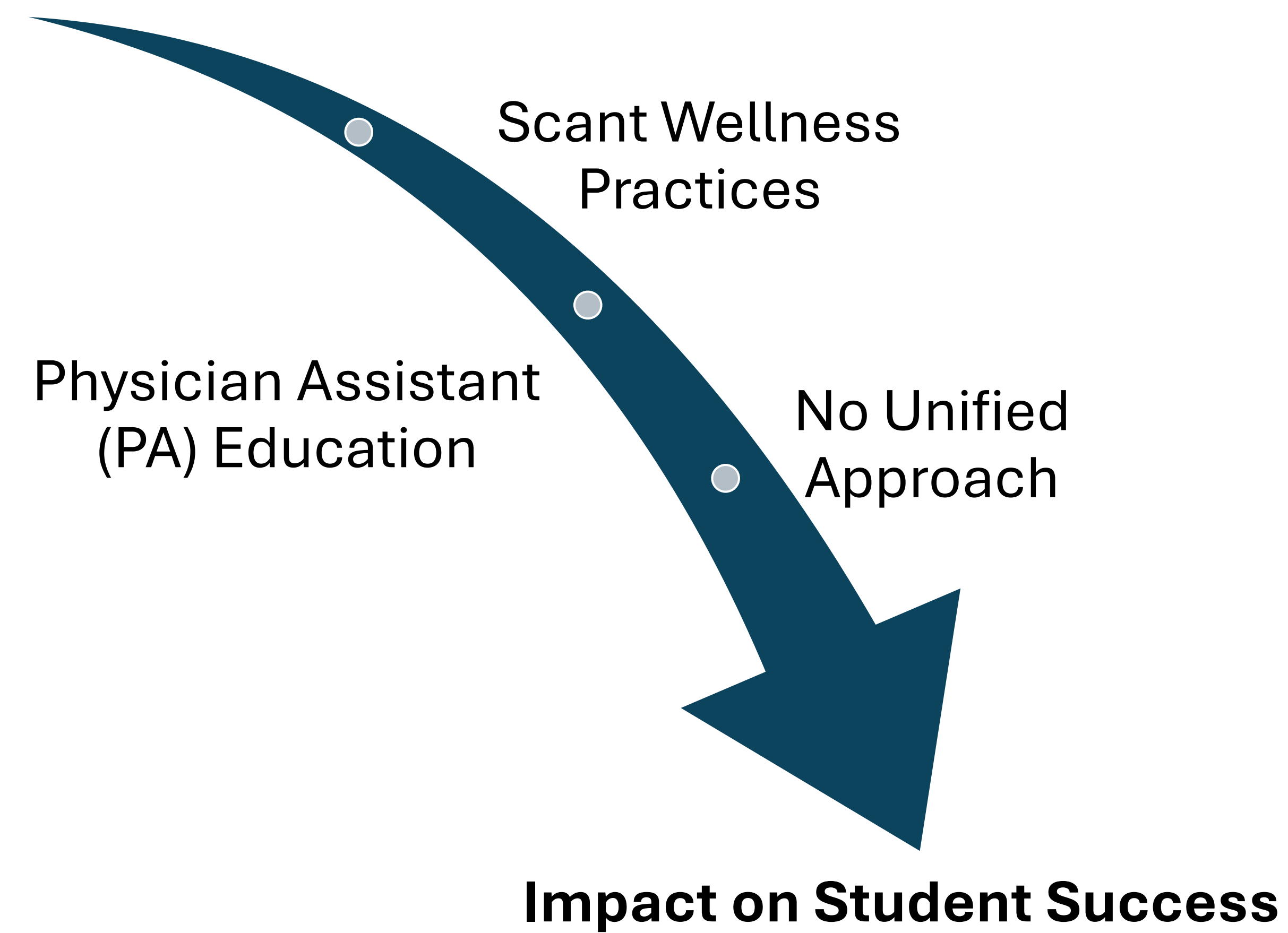
# What's the Plan?

## Informing Strategy for Student Success and Wellness Practices

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### “THE PROBLEM”

#### Widespread Burnout & HCP Shortages



### COMPETENCY MODELS

#### National Wellness Institute (NWI) Six Dimensions of Wellness



“Wellness is functioning optimally within your current environment.” -NWI

#### PA Education Association (PAEA) Core Competencies for New Physician Assistant Graduates



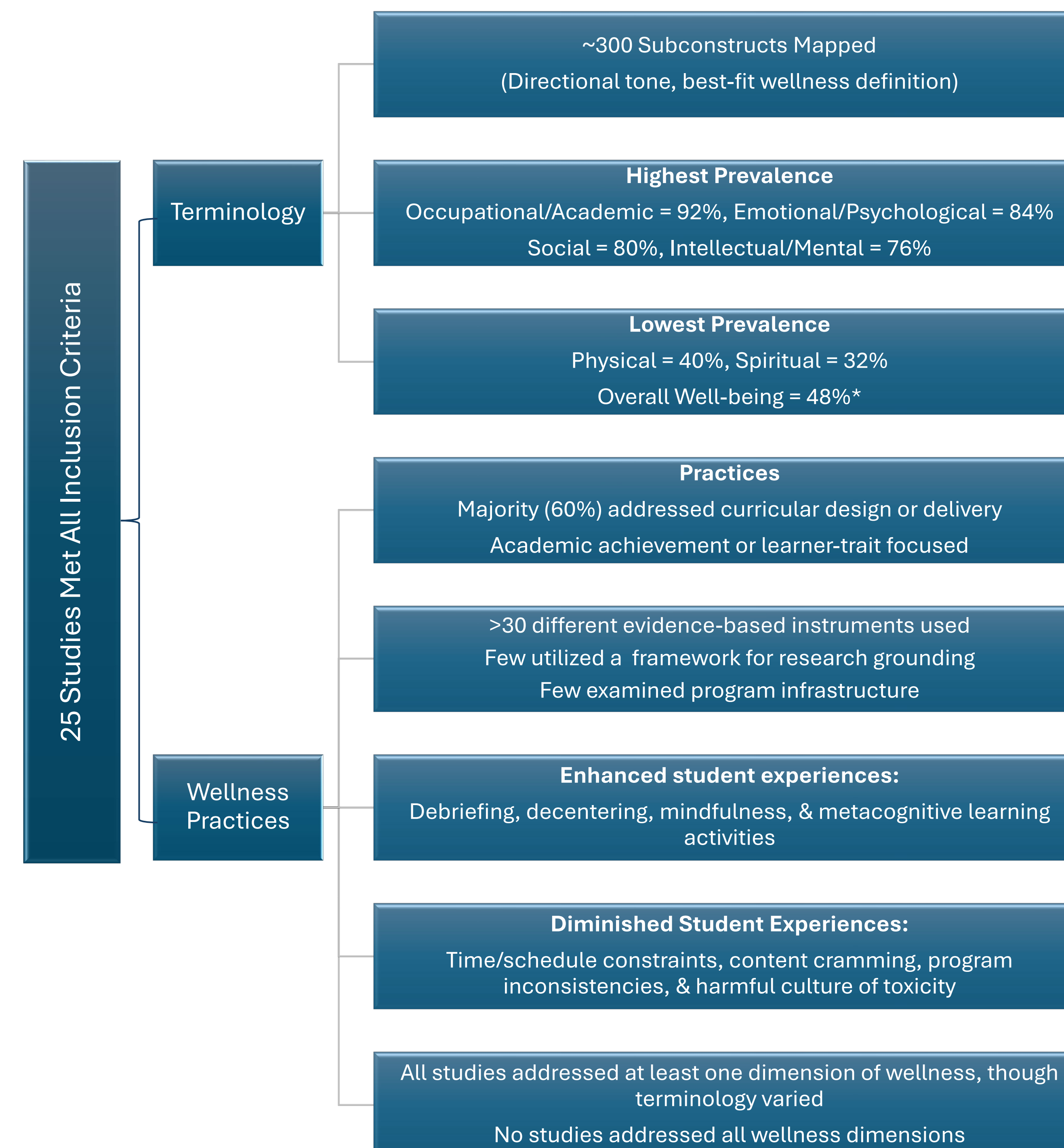
Figure 2. The six building block domains and two cross-cutting domains

\*Expanded 3 labels for terminology alignment and inclusion of “overall well-being” as a 7<sup>th</sup> holistic dimension.

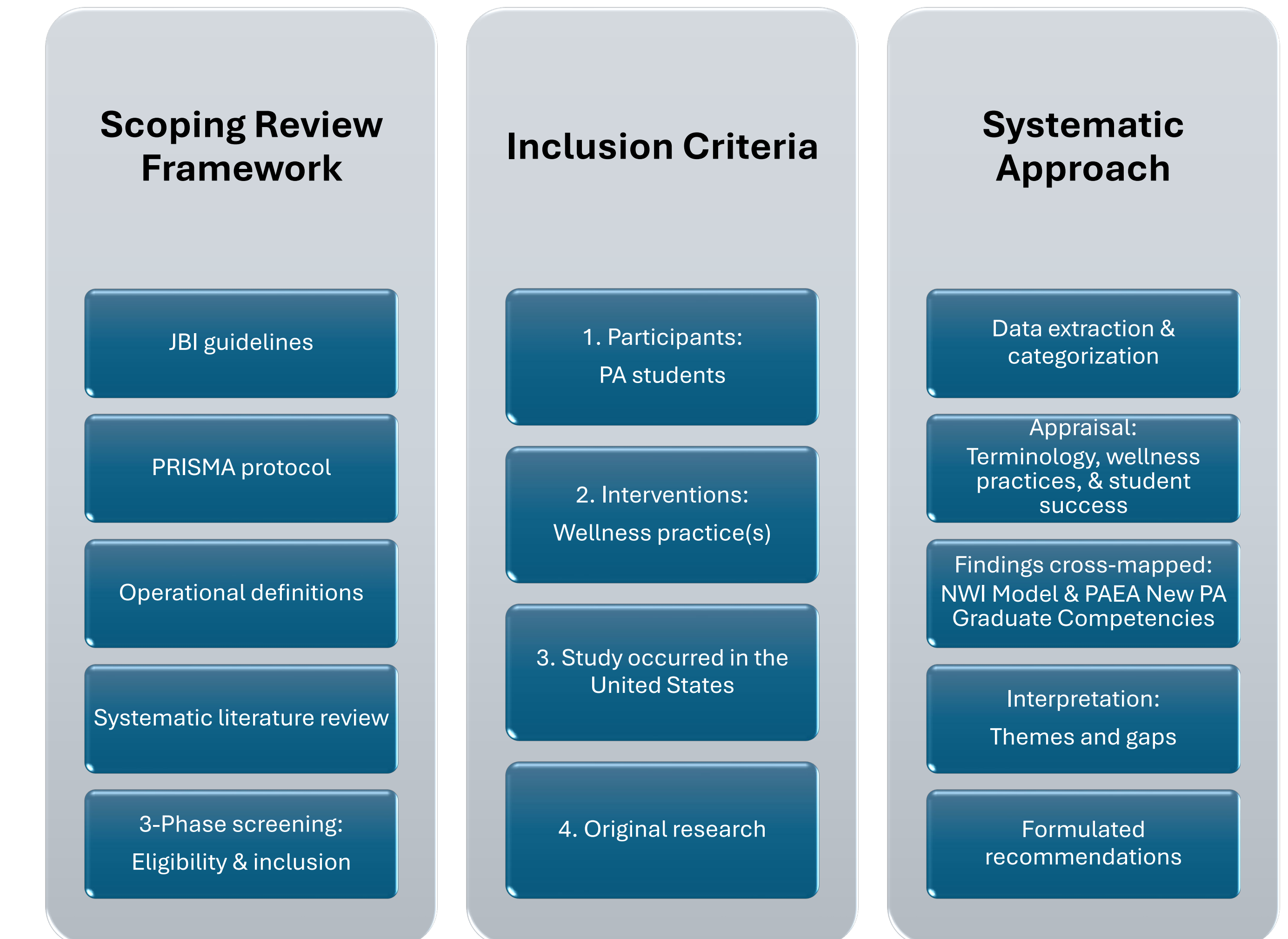
### PURPOSE

1. Identify the wellness practices being used in PA education
2. Cross-map key findings to a competency-based wellness framework\* and the competencies for new PA graduates
3. Make recommendations for future wellness practice use to promote student success experiences and outcomes

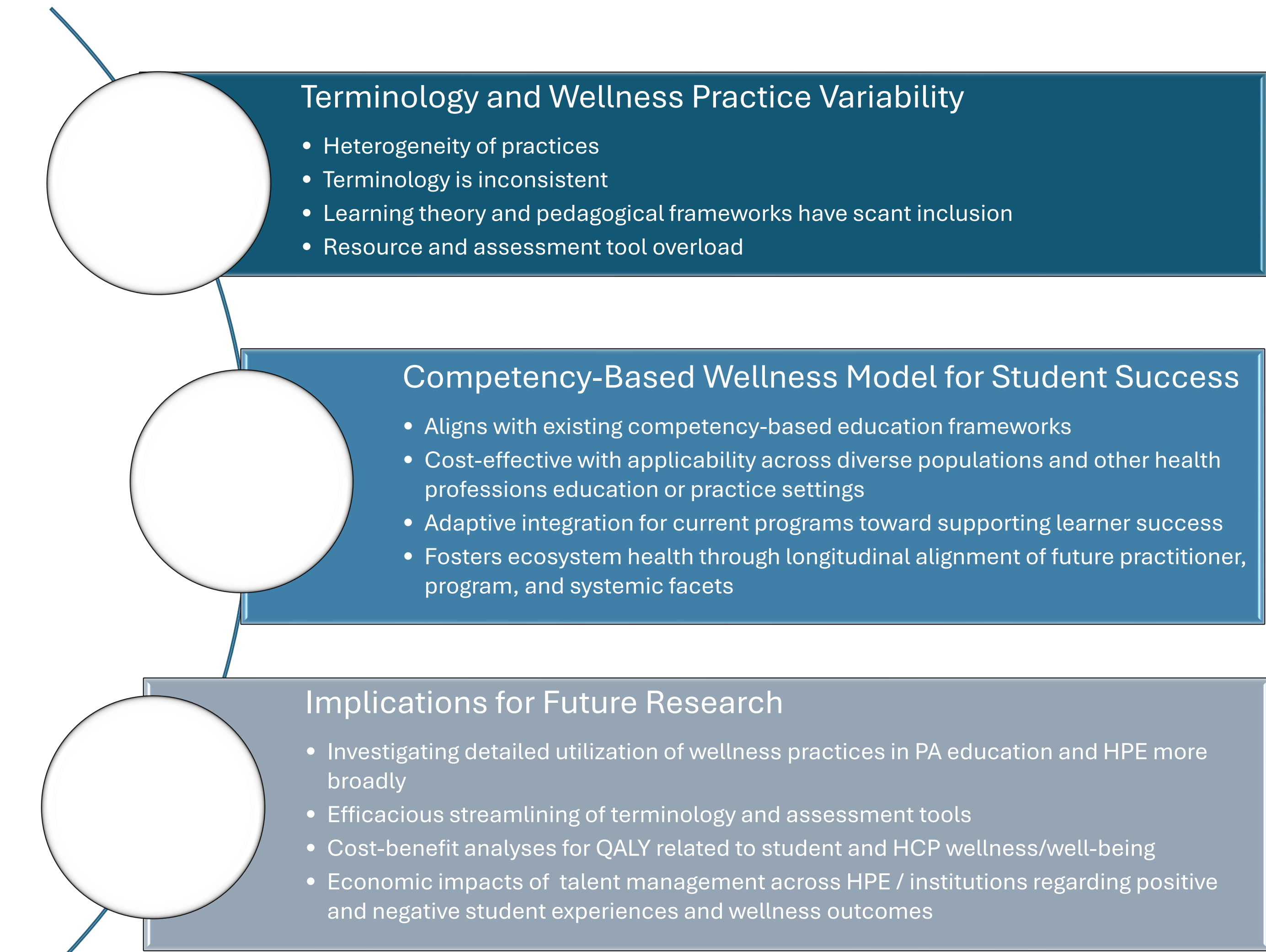
### RESULTS



### METHODS



### DISCUSSION



### REFERENCES

1. Hettler, B. (2023). *Six Dimensions of Wellness: Defining & Assessing Wellness*. Wellness Alliance, National Wellness Institute. Retrieved from: <https://nationalwellness.org/resources/six-dimensions-of-wellness/>.
2. PAEA (2019). *Core Competencies for New Physician Assistant Graduates*. Retrieved from: <https://paeonline.org/wp-content/uploads/2023/06/core-competencies-for-new-pa-grads-097119.pdf>.

Full reference list available upon request.