

The **PATIENTS** Program

at the University of Maryland
School of Pharmacy

PATIENTS' Voices newsletter December 2019



2019



2020

A Message from The PATIENTS Program

As we look ahead to 2020, all of us with The PATIENTS Program want to take the time to thank our partners, stakeholders and supporters.

As we enter our 7th year, we are proud of our work to change the way research is done and to create a path for health equity. We have become known nationally for our expertise in patient-centered outcomes research and we look forward to continue building upon our strong partnerships, and working with new researchers to improve the health of those living in West Baltimore, in Maryland, and beyond.

We are truly energized for the year to come, and look forward to continuing to "listen, bridge, and deliver" with our communities.

Read about our recent updates and exciting news as we look forward to an engaging 2020.



PATIENTS Program Partner: Jacqueline Williams

As we reflect on 2019 and look forward to 2020, we wanted to share wise and inspiring words from one of our community partners, Jacqueline Williams, who has led yoga breaks during PATIENTS Day among other activities with The PATIENTS Program. We look forward to next year!

Well, it's that time again. As the days get shorter and the trees get bare, the blues can settle in. Whether its feeling isolated due to the cold weather or just feeling more tired due to less sunshine. Try to get at least a couple of hours of sunlight each day.

Let's not forget the holiday season. I love getting together with family over good food and reminiscing. It's so important to stay in touch with family and friends during these frigid months.

When it comes to keeping the body toned and the mind sharp during the winter, the internet is the perfect companion. It offers free foreign language classes, design classes and so much more.

If you're anything like me, winter makes you want to eat everything in sight. I control my cravings by bumping up my exercise routine. Leg lifts as I do the dishes, squats as I clean the house. Exercise is an amazing mood booster too. There are plenty free yoga classes offered on the internet, including mine, which is on The PATIENTS Program site.

Let's commit to making this a fabulous winter, full of love, laughter and growth.



Projects and Publications Updates

Funded by the Patient-Centered Outcomes Research Institute (PCORI), The PATIENTS Program is partnering with rural upstate New York's St. Lawrence Health System's (SLHS) Clinical and Rural Health Research Department to help their research team develop their ability in patient-centered outcomes research.

Led by Ms. Carly Lovelett of SLHS, the project is called Developing InfraStructure for Research to Utilize Patient-centered Techniques at SLHS (DISRUPTS).

The PATIENTS Program will:

- help create engagement plan strategies
- manage daily operations of the engagement plan and
- create media content to reach diverse audiences.

The project team created a Stakeholder Advisory Committee to give guidance and oversight during the course of the initiative. The project will be for two years.



Projects and Publications Update



The PATIENTS Program kicked off its new project, Capacity Building for a Learning PCOR System, on Thursday, October 3rd at the University of Maryland Baltimore. A Learning PCOR System wants to have authentic shared learning across many Patient-Centered Outcomes Research (PCOR) studies.

Goal 1: Co-develop and create a system for how to do PCOR better

Goal 2: Obtain input from:

- Health Care providers
- PCOR Researchers
- Payers
- Policymakers

To create new ways to share information ("Give backs") and new ways to deliver solutions back to health care system and stakeholders

Goal 3: Deliver a plan: document activities, deliberations and feedback



Projects and Publications Updates



**Scenes from the
kick-off meeting on
October 3rd.**

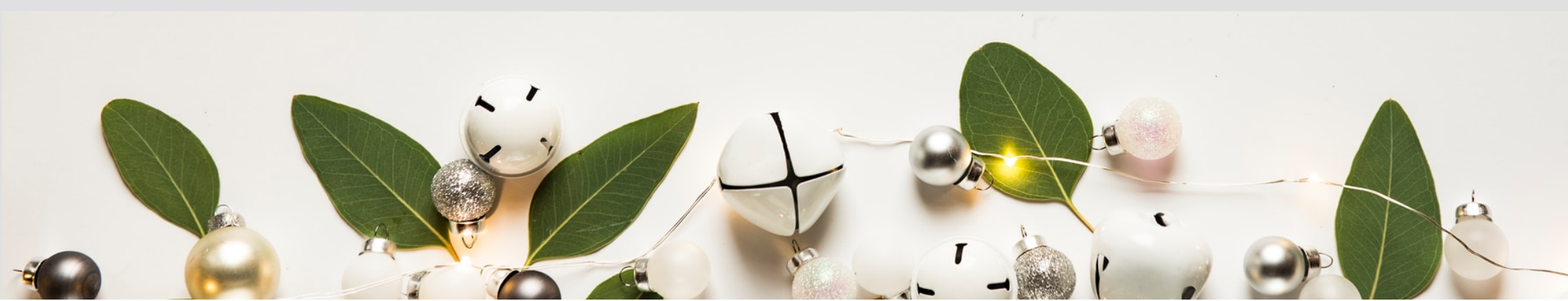


Projects and Publications Updates

After a successful kick-off meeting, the NIA R24 project team has started a three-year effort to build trust to improve diversity in aging research. Three core groups and an External Advisory Board have supported the creation of an example of a registry to house a list of people interested in taking part in aging research in the future.

With help from seniors, we will find the most useful ways to sign up and keep diverse groups engaged in future studies.

Members of this project give their thoughts on diversity, benefits, and barriers affect seniors in research in the video below. Please click to watch.





Projects and Publications Updates

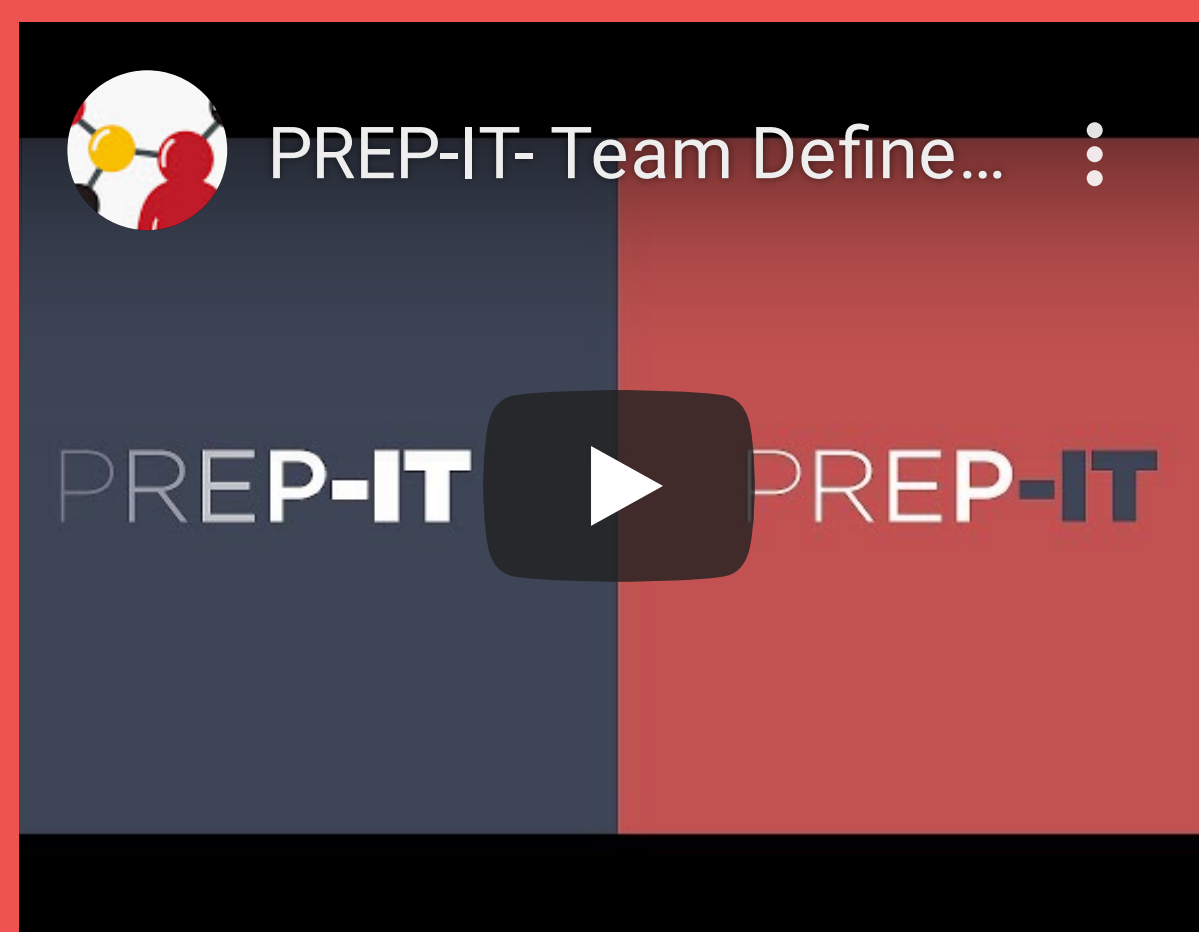
The PREP-IT team had a successful Annual Investigators' Meeting December 4-5th.

Every year surgeons, clinical research coordinators, stakeholders and patient advisors get together to talk about what the team has accomplished in the past year, goals for the upcoming year and also give training as well.



The PATIENTS Program and the PREP-IT team would like to thank our amazing patient partners and advocates that have presented at conferences, such as Academy Health and PCORI Annual Meetings, participated in PATIENTS Day 2019, co-authored manuscripts, and developed study pictorials that can be used during the consent process.

We are also happy to announce that one of The PATIENTS Program's produced videos for PREP-IT team has also been nationally recognized by PCORI and can now be found on the resource repository on PCORI's website. Check it out!

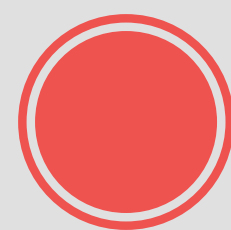


Press Play

Steering Our Program: Thoughts from Our Leadership



Our leadership has been a big part of our growth. We took the time to listen to their thoughts about our program.



PATIENTS Changing Research



Listening to the community enables us to serve as a bridge between the community and researchers so we can deliver solutions back to the community. Our Patients Advisors tell their stories about changing research.

In the Community



Free
HIV
testing



In the Community

Senior Program Specialist Barbarajean (BJ) Robinson-Shaneman delivered a healthy eating message to the senior community (75+) at the newly renovated Enoch Pratt Library.

With no microphone needed, she connected with the audience as if they all went to high school together.

Afterwards, multiple members of the audience gave BJ a grade of an A+.



In the Community



The PATIENTS Program's support of their long-standing partners goes beyond the "walls" of traditional support.

We support the Mt. Lebanon Baptist Church annual "Testing for Turkeys" event, which is in the Baltimore zip code with the highest HIV infection rate.

Screening was also held at St. Matthew's Community Outreach Center, which is the site of St. Matthew's Community Long-Term Outreach Walk-in Program, a free community-based minority healthcare program. Over 250 people were screened for HIV/AIDS and got a free turkey.



A Message From the Engagement Team

The Engagement team has had an exciting and active 2019!

We went to more than 30 health fairs in West Baltimore communities and engaged over 400 community members. Each time The PATIENTS Program interacts with the community it gives us a chance for two things:

▲ To take a moment and see from their lens, what their concerns are related to health disparities that may be affecting them.

▲ To share with them the various resources and educational tools that can help them become the healthiest version of themselves.

We strive to bridge the gap between the research community and the West Baltimore community by meeting them where they are. The Holiday Season is upon us, if you see The PATIENTS Program table at your next community event please stop by and see ways for your voice to be heard.



Dear PATIENTS Program supporters,

I am very proud of what The PATIENTS Program has done and the fact that both the University of Maryland School of Pharmacy and the UMB campus support efforts to raise funds so that The PATIENTS Program can have an authentic presence in the West Baltimore community. We look forward to a continued partnership in 2020!

C. Daniel Mullins, PhD

Executive Director, The PATIENTS Program

Listen, Bridge, Deliver



Save the Date!



Check out highlights from last year:

