

ALMACANEWS:

OVER 300 ATTEND ALMACA'S FIFTH ANNUAL MEETING

The Fifth Annual Meeting of ALMACA, held October 20-23rd in San Diego, California, attracted over 300 people from nearly every state in the union including Hawaii. The long journey (for most) to this balmy, oceanside city shortened considerably as the three and one-half day meeting unfolded with stimulating, thought provoking and exciting workshops, plenary sessions and guest speakers.

"ALMACA 76—SO MUCH TO DO" was the theme of this year's meeting and took on a four-fold meaning to those fortunate enough to be in attendance. They found reinforcement and truth in the fact that there is "so much to do" in the field of occupational alcoholism. They learned what ALMACA has done until now and that ALMACA has "so much to do" from this time forward. They realized that they have "so much to do" in aiding ALMACA to continue to grow and become the number one force in our new and growing field. And they experienced "so much to do" during the days and evenings spent in San Diego.

The meeting was kicked off with a social hour Wednesday evening which featured refreshments, softly played piano music and good conversation. The official opening session of the meeting, Thursday morning, was followed by the first of three plenary sessions—"Labor Views Occupational Programs" presented by Andy Anderson and Maurice L. Cummings both from United Labor, Kansas City, Missouri. Followed by a break was the first of three sessions of eight workshops held concurrently. The second and third sessions of each of the eight workshops were held in the afternoon after the Awards Luncheon. Featured at the Awards Luncheon was the presentation of a special award to Lewis F. Presnall for his outstanding contributions to the field and awards to Edgar Marchesini, George D. Arnold, the New York Metropolitan Chapter and the Los Angeles Chapter for their efforts in recruiting new members for the association.

John A. Deering, Deputy Director, NIAA, was the guest speaker. Mr. Deering reiterated our "so much to do" theme by recalling the advances made in our field but reminding us that we've barely scratched the surface. Shortly thereafter our Annual Business meeting was conducted

at the Grant Hotel. James Baxter, Executive Director, recapped ALMACA's progress to date, reported on ALMACA's current position and explained where we go from here. He urged participation from the entire membership to aid in the continued development, financial stability and professional standing of ALMACA.

Friday opened with our second Plenary Session—"Management Views Occupational Programs" moderated by Thomas J. Campbell, Employee Assistance Program, Wells Fargo Bank, San Francisco, California with Dr. Fred P. Adler, Vice President and Group Executive, Aerospace Groups, Hughes Aircraft Co., Los Angeles, California and Tom Kniebbe, Installation Manager, Western Electric, Southern California. The first session of 10 concurrently held workshops followed. The President's Luncheon was highlighted by a speech from our new President, Paul A. Sherman, Ph.D. Dr. Sherman's address was extremely well received, so much so that it has been decided that each member of ALMACA should receive a copy of it in its entirety. Therefore, a copy will be in the mail to each of you very soon. Following the President's Luncheon the afternoon workshop sessions got underway, ending at 5:30pm. The first Annual Banquet was held Friday evening. Our guest speaker, Jan Clayton, star of Broadway, Hollywood and T.V., delighted everyone with her charm and wit as she addressed the participants on "The Alcoholic Woman: Emergent in the Work Force".

Saturday morning began with the third Plenary Session—"Occupational Programs—So Much to Do" with Paul Roman, Ph.D. presenting challenges, implanting new ideas and suggesting areas for new inroads in to the field. Following the last of the Plenary Session were two consecutive workshops ending at 12:30pm and ending the official meeting.

This brief synopsis of our Fifth Annual Meeting will be followed, in next month's issue, by a complete report on the events and highlights of the meeting. Tapes of most of the workshops, sessions and addresses are available and information on how to obtain them will be made available in the November issue of the ALMACAN.

OCCUPATIONAL PROGRAMS UP ALMACA IS CITED FOR WORK

WASHINGTON—ALMACA is cited for its work, along with State Occupational Program Consultants (OPs) in a special report on occupational alcoholism programs in the October issue of the NIAAA Information and Feature Service which says:

"Through the efforts of such personnel and the activities of groups such as the Association of Labor Management Administrators and Consultants on Alcoholism, the economic benefits of occupational alcoholism programs are becoming increasingly apparent to both management and labor groups."

The special report cites a study which indicates that there are some 1,200 occupational alcoholism programs in the United

States, compared with only about 300 in 1972.

Because of the work of OPCs and organizations like ALMACA, the report said, "more businesses and unions are becoming interested in starting programs. This interest is enhanced by reports from existing programs of high success rates, with many administrators citing recovery figures of between 50 and 60 percent or higher."

Such results, said the report, underscore the belief of many that "the workplace offers one of the best settings for identifying problem drinkers at an early stage and successfully rehabilitating them."

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ALMACA
THE ALMACAN

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PRESIDENT'S CORNER

Dear ALMACANS:

My first column as your President begins on a high point—I'm writing this at 37,000 feet, en route to New York, with memories and thoughts of a wonderful Annual Meeting.

First, my thanks to all of you for electing me President. And my thanks to Sully for leading us through the past 30 months, which included some very difficult times. And to Jim Baxter, for the excellent job he has done as our Executive Director.

Many of the problems we had a year ago are gone or lessened. The picture today is positive—ALMACA is growing and will continue to grow. Soon you will be receiving a copy of my Presidential Address, in which I have spelled out some of the things I think we need to concern ourselves with in the next two years. I would very much like your thoughts regarding them.

I hope to use this column to keep you fully informed on problems and progress. The reason is that no one officer or even all of your officers can do their job...without the help and ideas of each and every ALMACAN, I want to hear from you, your thoughts, your ideas, your problems, your solutions. Please write to me at: ITT, 320 Park Avenue, New York, New York 10022. Together, we can move ALMACA a long way in the next two years.

This need to all work together goes beyond ALMACA. It extends to our relationships with all other organizations who are interested in occupational alcoholism. We all have—or certainly should have—the same objective. Occupational programs offer hope, the hope of reaching the suffering alcoholic 3-5 years earlier than would otherwise be the case.

While ALMACA is unquestionably the leader in furthering the occupational program movement, we have ties to all other organizations in this field, and we need to strengthen these ties. As a first step, I met with Tom Pike, Chairman of the Board of the National Council on Alcoholism, in Los Angeles after the Annual Meeting, and he assured me of the continuing support of NCA. In the near future, we will be meeting with other national organizations in the field.

The theme of our Annual Meeting was "So Much To Do". With your help, we will be able to do it.

Please let me hear from each of you.

Sincerely,



Paul A. Sherman, Ph.D.
President

ALMACAN SEEKS ADS FOR FUTURE ISSUES

For the first time—starting with the May issue—the ALMACAN has opened its pages to advertising from providers of services in the field of alcoholism.

Advertisers will be able to convey their messages each month to a prime audience—the more than 1000 members of ALMACA.

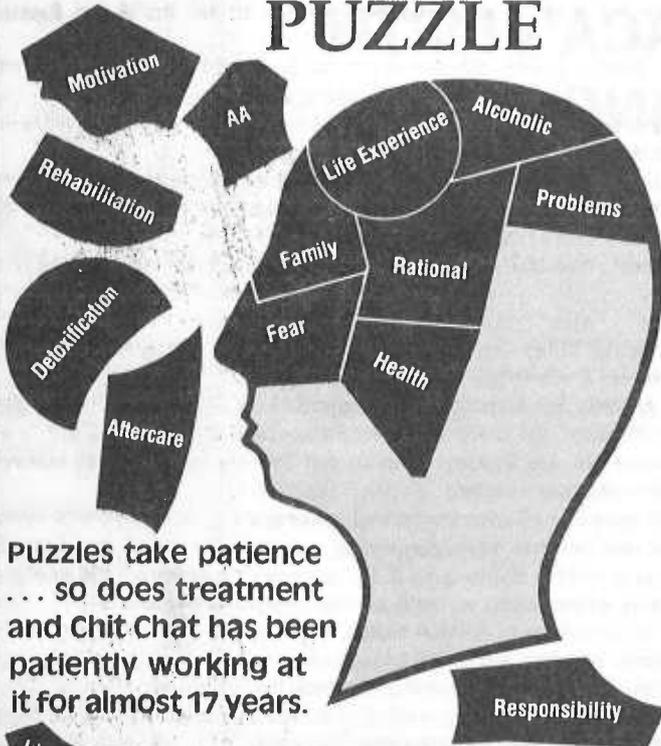
Advertising space will be offered at the attractive rate of only \$35 per column inch. Special rates are available for repeat advertisers.

Members are urged to serve as "agents" of the organization by informing potential advertisers of this new service—and thereby help to develop a continuing source of income which will be earmarked for membership benefits.

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ALMACANS ON THE MOVE

Personal Performance Consultants, Inc. (PPC) has announced the appointment of Stephen B. Rybolt to the position of Alcoholism Consultant, effective October 15, 1976. Mr. Rybolt will have the responsibility of development of hospital-based alcoholism treatment programs.

Personal Performance Consultants of St. Louis, Missouri, develops and services Employee Assistance Programs for business and industry throughout the United States. The programs are designed to reduce financial and human losses resulting from the effects of employees' personal problems such as alcoholism on work performance. Current PPC clients include Monsanto Company, Granite City Steel Division of National Steel Corporation and St. Mary's Medical Center, Gary, Indiana.

Mr. Rybolt comes to PPC from the position of Administrative Director, Alcoholism Treatment Program, Lindell Hospital, St. Louis. In this capacity he achieved the first alcoholism treatment program accreditation (J.C.A.H.) in Missouri.

Prior to his work with Lindell Hospital, Mr. Rybolt was the Executive Director of the eight-county comprehensive health planning agency of Cedar Rapids, Iowa, and an Associate Planner of the Greater St. Louis Health Systems Agency. Mr. Rybolt is an active member of the National Council on Alcoholism, Association of Labor-Management Administrators and Consultants on Alcoholism and Alcohol and Drug Problems Association of North America.

1977 NATIONAL ALCOHOLISM FORUM

CALL FOR PAPERS

The 1977 National Alcoholism Forum and Annual Meeting of the National Council on Alcoholism, Inc. will be held from April 29, 1977 through May 4, 1977 at the Convention Center in San Diego, California.

As in the past, time will be allotted for the presentation of papers. It is likely that many of these papers will subsequently be published, so we are asking that they represent a work not previously submitted for publication. Selection will be based upon the current interests in the field as well as new concepts in alcoholism.

Attached you will find complete instructions for submitting abstracts of papers, and an abstract form. If you are interested in submitting a paper, please complete and return the abstract form to NCA at the above address by December 31, 1976. * If you have any questions regarding submission of papers, please contact Ms. Micki Dickerson at (212) 986-4433, ext. 472.

* This call for papers is in addition to, and not to be confused with, the call for papers for the Medical Scientific portion of the National Alcoholism Forum. If you are interested in presenting a paper during the Medical-Scientific portion, contact:

Frank A. Seizas, M.D.
National Council on Alcoholism, Inc.
Medical Department
733 Third Avenue
New York, New York 10017

INSTRUCTIONS FOR SUBMITTING ABSTRACTS:

- 1) Please submit an original and three (3) copies of the abstract.
- 2) The abstract should be submitted typed single space on the plain paper, 6 x 11 1/2.
- 3) Please keep the text of the abstract within the space indicated. Spell out full words in the title.
- 4) The names of all authors should appear on the paper. The person presenting the paper should be underscored. Senior author should have an asterisk.
 - a. The name, address & phone number of the principal author's institution should appear on the abstract.

DEADLLNE: December 31, 1976. Papers received after that date will not be considered for inclusion on this year's program.

AUTHOR(S) _____

INSTITUTION _____ PHONE # _____

ADDRESS: _____

CITY _____ STATE _____ ZIP CODE _____

TITLE OF PAPER: _____

ABSTRACT: _____

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PUBLICATIONS INFORMATION

"It will now be much harder to keep up with the changing alcoholism field," says Terry Bellicha, Director of the National Clearinghouse for Alcohol Information of HEW's National Institute on Alcohol Abuse and Alcoholism. Effective this fall, some 25,000 alcohol-related professionals will no longer receive free copies of the quarterly bulletin **Alcohol Health and Research World**.

"Beginning with the fall issue, **Alcohol Health and Research World**, becomes an approved Federal periodical with distribution limited to paid subscribers," announced Ms. Bellicha, "I only hope our regular readers realize this and don't forget to send in their subscriptions."

For the past three years, **Alcohol Health and Research World** has been published and distributed free of cost as an experimental periodical. It is now priced at \$6.40 a year.

The publication offers both survey articles and targeted reports on the state-of-the-art and new directions in all phases of alcoholism and alcohol abuse—from treatment and rehabilitation to prevention, training and research. Regular features include book reviews, annotated bibliographies of recent literature and letters from readers.

Augustus H. Hewlett, executive director of the Alcohol and Drug Problems Association of North America, calls **Alcohol Health and Research World** "a well edited, informative publication and a most valuable resource for all workers in the alcohol problems field."

Among article topics in recent issues were: drug interactions with alcohol, the children of alcoholic persons and managing the use of staff time. The forthcoming fall issue will include an article on family therapy and alcoholism and an alcohol understanding test for use in medical education.

In order to subscribe, send a check now for \$6.40 a year domestic; \$8.00 a year foreign, together with name, association and address to: Assistant Public Printer, Superintendent of Documents, Government Printing Office, Washington, D.C. 20402. Be sure to note that the subscription is for **Alcohol Health and Research World** (AHRW—File Code 2q), and make your check payable to the Superintendent of Documents.

HELP

As a matter of policy Annual Meeting participants were not charged a registration fee. It has come to our attention that some participants can and would be willing to pay the fee as a means of helping ALMACA with its current low check book balance. Please, any of you who can, consider forwarding us your check for \$50.00. Thanks for your help.

WE GOOFED

Some of you received past issues of the ALMACAN instead of the September issue. If you would make yourselves known to us we would be happy to forward the September issue to you. Thank you.

ALMACA
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1977 ANNUAL MEETING SET

The Sixth Annual Meeting of ALMACA will be in New York City October 26-30. Edgar Marchesini, Metropolitan Life Insurance Company, and Chairman of the 1977 meeting, has already begun preparations. The Americana Hotel has been selected as the site and room guarantees have already been set with the hotel. So mark your calendars NOW and plan to join us in New York.

FEEDBACK

Dear Editor

I was acutely chagrined to find myself listed as editor of the September 1976 ALMACAN, particularly since my name is shown in a rather prominent space as part of the page one logo. In checking my back issues of the newsletter, I realize that my name also appeared on page one of the August issue, but not on any of the preceding 1976 issues.

I firmly request that my name be deleted from the masthead of any and all future ALMACANS and that the attached letter be given space in the FEEDBACK column of the next issue.

Thanks for your help in setting this straight.

Cordially,

Peer Fossen, Coordinator
Special Health Services

MEET YOUR NEW OFFICERS AND BOARD MEMBERS

On Thursday, October 21, 1976, at the President's Luncheon, A. J. Sullivan turned the presidency of ALMACA over to Dr. Paul A. Sherman (Director—Special Programs, ITT). Elected to serve with Paul as officers for the 1976-1978 term were Raymond J. Kelly, Vice President (Industrial Coordinator, Alcoholism Division, State of Illinois), Judy Arnold, Secretary (Executive Director, Red River Regional Council on Alcoholism) and R. E. (Andy) Anderson, Treasurer (Project Coordinator, Member Assistance Program, United Labor of Missouri). A. J. Sullivan (Coordinator—Special Health Services, Standard Oil of California) remains an officer in the capacity of Immediate Past President.

Paul has appointed Dale Masi, D.S.W. (Chairman, CO/SP, Boston College

Graduate School of Social Work) as Chairman of the Standards Committee, John C. Clarno, D.D.S. (Coordinator—Special Health Services, Caterpillar Tractor Company), Jack W. Campbell, (Coordinator, Employee Assistance Program, Reynolds Metals Company), Jack W. Guest (Manager of Employee Counseling, Hughes Aircraft Company) and Edgar P. Marchesini (Manager—Employee Advisory Services, Metropolitan Life Insurance Company) as Board Members.

Heads of Standing Committees are non-voting members of the Board and include John (Jack) J. Hennessy, Chairman of the Labor Committee (Director, NYSA—I.L.A.P.), Phillip J. Keller, Chairman of the Membership Committee (Coordinator—Corporate Health Counseling, International Harvester Company) and Ed Scharlau, Chapter Coordinator, (Employee Counseling Manager, 3 M Company).

In the next several issues of the ALMACAN we will introduce your new Board Members to you. It is fitting to begin with your new President, Paul A. Sherman, Ph.D.



DR. PAUL A. SHERMAN

**Director, Special Programs
ITT Personnel
International Telephone and Telegraph Corporation**

Dr. Sherman has the responsibility for implementing the Corporate Policy on Behavioral/Medical Problems at World Headquarters and in all ITT companies in North America. The first major program is the ITT Alcoholism Program which began in October of 1972.

He joined ITT in 1965 and has handled a number of personnel assignments. He was appointed to his present position on May 1, 1973 after having served for one year on the Task Force that had been established to develop the Alcoholism Program.

Dr. Sherman is a member of the Board of Directors and Executive Committee of the Westchester Council on Alcoholism and Chairman of their Labor-Management Committee. He is on the Advisory Committee of the Corporate Headquarters Alcoholism Project (CHAP). He is a member of the Labor-Management Committee of the National Council on Alcoholism—New York City Affiliate. He has served as a member of planning and advisory groups in conjunction with the National Institute on Alcohol Abuse and Alcoholism and the National Council on Alcoholism. He holds B.S., M.S. and Ph.D. degrees in Psychology.