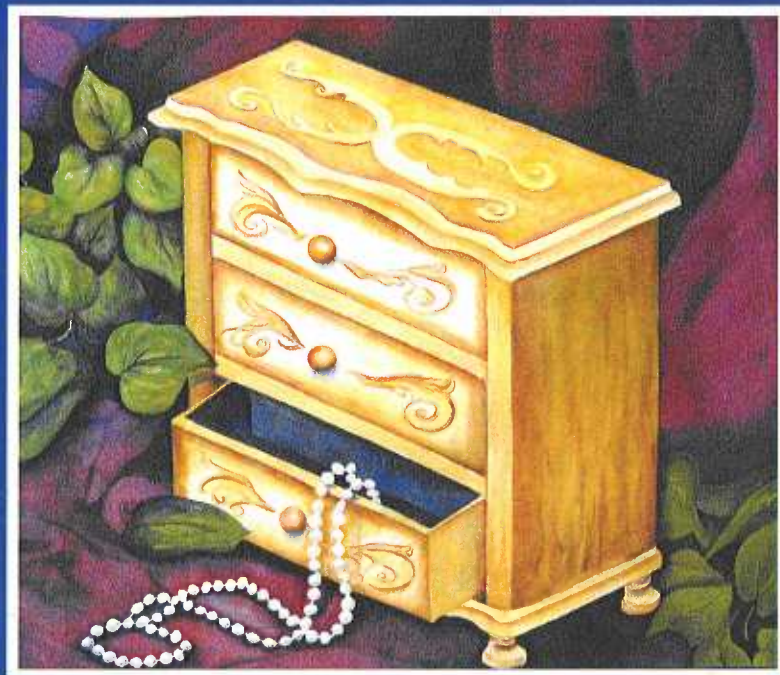




NORTHERN ILLINOIS EMPLOYEE ASSISTANCE
PROFESSIONALS ASSOCIATION

30TH ANNIVERSARY (PEARL) CONFERENCE 2008

COLLABORATION • LEADERSHIP • INNOVATION
STRATEGIES FOR WORKPLACE PROFESSIONALS



"Pearl Anniversary," an original watercolor by NIEAPA Administrator, Essie Landsman, is one of our raffle prizes

Tuesday June 3, 2008
The Stonegate Conference Center
Hoffman Estates, IL



Alexian Brothers Behavioral Health Hospital

First in the Nation

Certified in four psychiatric specialties

Depression ■ Chemical Dependency ■ Eating Disorders ■ Self-Injury

Specialty programs include:



Eating Disorders Program

Self-esteem should not be measured on a bathroom scale. To someone struggling with an eating disorder, reality becomes stretched. She sees herself as overweight even as she risks wasting away.

An eating disorder is a control issue that has become an obsession. It is a serious medical illness that can produce life-threatening complications.

We can help.

Alexian Brothers Behavioral Health Hospital provides effective treatment strategies to help eating disorder patients overcome obsession and regain health.

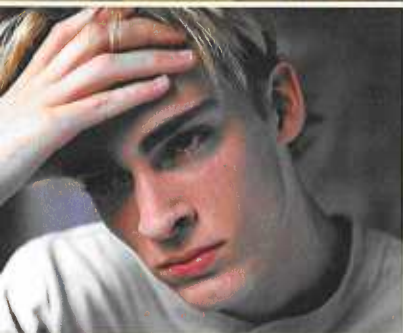


Obsessive Compulsive Disorder (OCD) and Related Anxiety Disorders Program

People experience anxiety in many ways during their lifetime. Some may require a specialized treatment approach to help them face these challenges. Alexian Brothers Behavioral Health Hospital has designed a comprehensive course of treatment to directly address these concerns.

We can help.

Our therapists are trained in using the most effective and evidence-based therapies for anxiety with the goal of helping individuals to again enjoy and engage in their life.



Chemical Dependency Program

Kids are starting to experiment with alcohol and drugs at earlier and earlier ages. Experimentation can lead to more serious problems. Teens find themselves lying, stealing, changing friends, failing in school, failing at home... failing at life.

We can help.

Alexian Brothers Behavioral Health Hospital provides effective intervention to treat alcohol and drug abuse problems. We offer the benefit of great advancements made in the medical and behavioral sciences.

One call is all it takes.

Call 24/7 for a free screening or more information on any of our services.

Alexian Brothers Behavioral Health Hospital
1650 Moon Lake Boulevard • Hoffman Estates, IL 60169

800-432-5005

www.abbhh.org



Alexian Brothers Behavioral Health Hospital has earned The Joint Commission's Gold Seal of Approval™.



ALEXIAN BROTHERS

HOSPITAL NETWORK

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NORTHERN ILLINOIS EMPLOYEE ASSISTANCE
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**NORTHERN ILLINOIS EMPLOYEE ASSISTANCE
PROFESSIONALS ASSOCIATION**

PO Box 81673 • Chicago, Illinois 60681-0673 • 312-458-9797

WELCOME

Thank you for coming to this year's Conference which marks our 30th anniversary, or what would traditionally be called our *Pearl* anniversary. We have a great day of information and networking in store for you. Whether you are an Employee Assistance Professional, a Treatment provider, or a Human Resource administrator, I am sure you will find some important learning opportunities here.

Every member of the Conference Committee and Resource Team has worked diligently to create an event which offers excellent workshops and a comfortable environment for networking and receiving CEUs and PDHs. These credits are given for professionals in Counseling and Social Work, Human Resources, Employee Assistance, Marriage and Family Therapists, Managed Care, Work/Life, and Benefits.

I want to acknowledge Chairperson **Priscilla Murphy, Metropolitan Family Services,** and Co-Chair **Terry Cendejas, Northwest Community Hospital.** Their hard work and the support of their employers have helped make this Conference a success.

The Conference Book will be your guide throughout the day. It includes an agenda, room assignments, a facility map, listing of various contributors, information about our Chapter, advertisements from various organizations, business, and facilities, as well as other useful information.

Please be sure to fill out the Workshop and Conference Evaluations at the back of the book. Your feedback is extremely important to us in shaping future Conferences as well as our regular Chapter meeting programs. Please leave the filled-in forms on the registration desk before you leave.

I STRONGLY ENCOURAGE YOU TO VISIT AND SPEAK WITH EACH OF OUR EXHIBITORS. THEY PROVIDE AN ARRAY OF USEFUL INFORMATION AND NETWORKING OPPORTUNITIES. Be sure to get the initials on the exhibitor visits form (on the next page in this book) for an extra raffle ticket!

On behalf of the Conference Chair and Co-Chair, the entire Conference Committee and Resource Team, and the Board of Directors who have all worked together to create today's Conference, we hope you enjoy your day and we look forward to seeing you at future NIEAPA events.

Chet Taranowski
Chet Taranowski, PhD, LCSW, CEAP
President, NIEAPA

Exhibitor Visit Sheet = Free Raffle Ticket

After visiting with exhibitors, please ask them to put their initials on the line next to their name. When you obtain at least 12 initials, tear out this sheet and bring it to the NIEAPA Exhibitor Booth for a free \$5 raffle ticket for an extra chance to win one of our raffle prizes. The drawing will take place at 3:00 pm.

Exhibitors are the backbone of a successful conference. We encourage you to visit as many exhibitors as possible during the breaks to learn from one another, share your success stories, and develop new and meaningful professional relationships.

<p>_____ A FRESH START SOBER LIVING ENVIRONMENTS</p> <p>_____ ADVOCATE ADDICTION TREATMENT PROGRAM</p> <p>_____ ALEXIAN BROTHERS BEHAVIORAL HEALTH HOSPITAL</p> <p>_____ ASPEN EDUCATION GROUP</p> <p>_____ ASSOCIATION OF FAMILY AND CONCILIATION COURTS</p> <p>_____ ALITHIA ASTURRIZAGA, LCSW</p> <p>_____ CENTER FOR CONTEXTUAL CHANGE</p> <p>_____ CENTERS FOR FAMILY CHANGE</p> <p>_____ CENTRAL DUPAGE HOSPITAL</p> <p>_____ CEPHALON</p> <p>_____ CHESTNUT GLOBAL PARTNERS</p> <p>_____ CHESTNUT HEALTH SYSTEMS</p> <p>_____ CHICAGO LAKESHORE HOSPITAL</p> <p>_____ CHICAGOLAND CHAMBER OF COMMERCE</p> <p>_____ CJE SENIOR LIFE</p> <p>_____ DECISION POINT CENTER</p> <p>_____ SHEILA DIXON, LCSW</p> <p>_____ ELMHURST MEMORIAL HOSPITAL</p> <p>_____ FAMILY CREDIT MANAGEMENT</p> <p>_____ GATEWAY FOUNDATION, INC</p> <p>_____ GENESIS HOUSE</p> <p>_____ HARBORVIEW RECOVERY CENTER – ST JOSEPH'S HOSPITAL</p> <p>_____ HAZELDEN RECOVERY SERVICES</p> <p>_____ PATRICK J KENNELLY, PhD, AND ASSOCIATES</p> <p>_____ KEYSTONE TREATMENT CENTER</p>	<p>_____ LINDEN OAKS AT EDWARD</p> <p>_____ LITTLE COMPANY OF MARY HOSPITAL – BEHAVIORAL HEALTH</p> <p>_____ VIRGINIA McDONOUGH & ASSOCIATES</p> <p>_____ MINDFUL PROFESSIONAL COUNSELING (ASAKO HOICHI)</p> <p>_____ MERIT HEALTHCARE</p> <p>_____ NEW HOPE RECOVERY CENTER</p> <p>_____ NIEAPA</p> <p>_____ NORTHWEST COMMUNITY HOSPITAL</p> <p>_____ PERSPECTIVES, LTD</p> <p>_____ PROGRESS CENTER FOR INDEPENDENT LIVING</p> <p>_____ PROVENA MERCY MEDICAL CENTER-BEHAVIORAL HEALTH SERVICES</p> <p>_____ RAINBOW HOSPICE</p> <p>_____ RECKITT BENCKISER</p> <p>_____ RESURRECTION BEHAVIORAL HEALTH – ADDICTION SERVICES</p> <p>_____ RIGHT AT HOME</p> <p>_____ ROGERS MEMORIAL HOSPITAL</p> <p>_____ ROSECRANCE HEALTH NETWORK</p> <p>_____ SAINTS MARY & ELIZABETH MEDICAL CENTER NEW VISION</p> <p>_____ SANDERS & WARREN GERIATRIC CARE MANAGEMENT, LLC</p> <p>_____ SILVER CONNECTIONS</p> <p>_____ SOCIAL WORK PRN</p> <p>_____ SOULUTIONS WELLNESS CENTER</p> <p>_____ THE MCKINLEY GROUP</p> <p>_____ THE SOUTH SUBURBAN COUNCIL ON ALCOHOLISM & SUBSTANCE ABUSE</p> <p>_____ TIMBERLINE KNOLLS, LLC</p>
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▶ **NIEAPA 30TH ANNIVERSARY CONFERENCE** ◀

SESSION ROOM ASSIGNMENTS & FLOOR PLAN

8:00 am - 8:30 am **CONTINENTAL BREAKFAST- VISIT EXHIBITS** *GRAND BALLROOM*

8:30 am - 9:45 am **PLENARY SESSION** *LAKESIDE PAVILLION*

WELCOME AND INTRODUCTIONS

REMARKS FROM EAPA HEADQUARTERS, THE STATE OF THE EA PROFESSION

A. THE HIDDEN COSTS OF DEPRESSION: OPPORTUNITIES FOR EAPS AND DISABILITY MANAGEMENT

9:45 am - 10:00 am **BREAK - VISIT EXHIBITS** *GRAND BALLROOM*

10:00 am - 11:30 am **CONCURRENT SESSIONS**

B. DOMESTIC VIOLENCE AND STALKING IN THE WORKPLACE

SALON A

C. NAVIGATING THE CHANGING WORKFORCE:

SUSTAINING PASSIONATE ENGAGEMENT

SALON B

D. TRANSFORMATION OF THE AMERICAN WORKFORCE:

DISABILITIES, ELDERCARE AND THE BOTTOM LINE

BOULDER/GRANITE ROOMS

E. WOMEN: TREATMENT AND RECOVERY FROM ADDICTION

SLATE/MARBLE ROOMS

11:30 am - 11:45 am **BREAK - VISIT EXHIBITS** *GRAND BALLROOM*

11:45 am - 1:15 pm **LUNCH AND LUNCHEON SPEAKER** *LAKESIDE PAVILLION*
MEMBER OF THE YEAR

1:15 pm - 1:30 pm **BREAK - VISIT EXHIBITS** *GRAND BALLROOM*

1:30 pm - 3:00 pm **PLENARY SESSION** *LAKESIDE PAVILLION*

F. THE HERO'S JOURNEY: LEGENDARY LEADERSHIP AND EMPLOYEE ENGAGEMENT

3:00 pm - 3:30 pm **VISIT EXHIBITS - RAFFLE** *GRAND BALLROOM*

3:30 pm - 5:00 pm **CONCURRENT SESSIONS**

G. COACHING THE DISRUPTIVE PROFESSIONAL

SALON A

H. EAP AND MENTAL HEALTH BENEFITS: A BROKER'S PERSPECTIVE

BOULDER/GRANITE ROOMS

I. EAP AND END OF LIFE PLANNING

SLATE/MARBLE ROOMS

J. WORRIED AT WORK ABOUT WORK (AND HOME, AND FAMILY, AND...)

SALON B

