

# EAP Digest

September / October 1989

THE VOICE OF EMPLOYEE ASSISTANCE PROGRAMS

Working Toward a

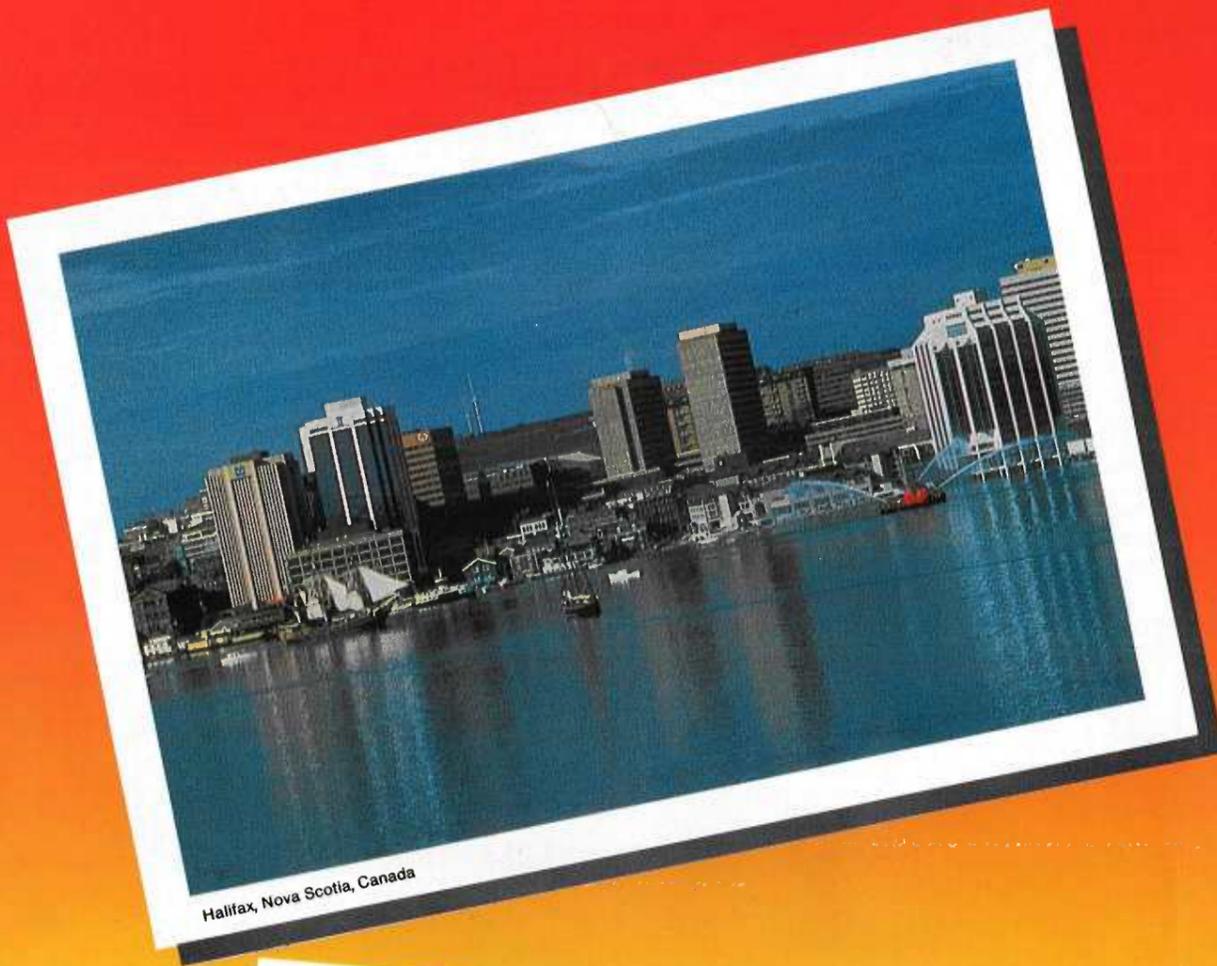
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Halifax, Nova Scotia, Canada

Set sail for Halifax in 1990!  
 The North American Congress  
 on Employee Assistance  
 Programs will be held in  
 Halifax, Nova Scotia, Canada,  
 August 12-15, 1990.

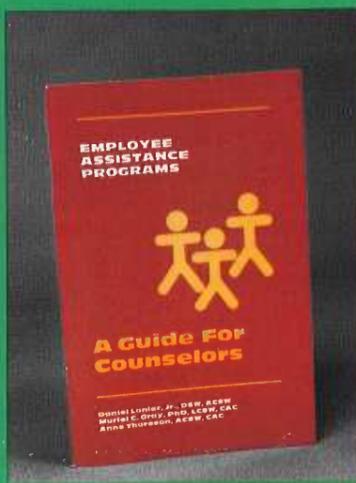
The Sheraton Halifax is the  
 headquarters hotel. Meetings  
 and exhibits will be held at  
 the Halifax World Trade and  
 Convention Centre. Plan to  
 attend now in this beautiful,  
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To: North American Congress  
 on Employee Assistance  
 Programs Attendees  
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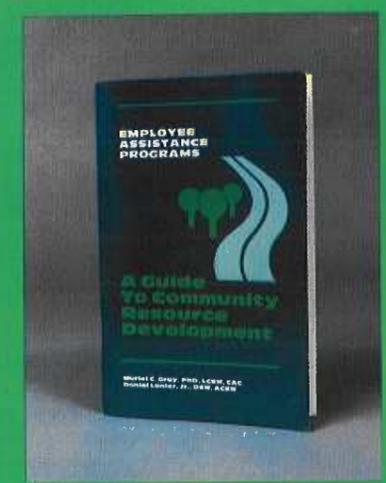
# EAP BEST SELLER SERIES

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 for newcomers to the field or those who want to bolster their EAP skills



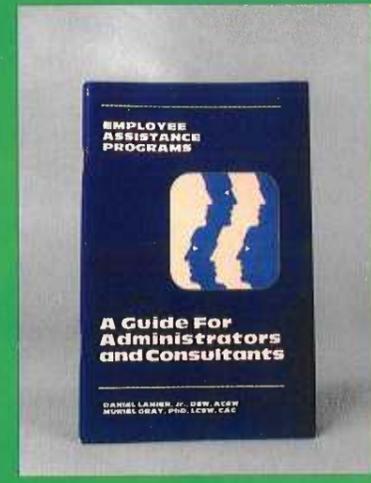
## A Guide for Counselors

This guide is designed to help you make  
 the transition from traditional mental  
 health counseling to the EAP setting.  
 Includes an overview of the employee  
 assistance field, as well as the role of  
 the EAP counselor and frequently used  
 practice concepts.



## A Guide to Community Resource Development

The success of an EAP depends in large  
 part on the availability of resources for  
 service in the community. This guide  
 tells how to identify and evaluate such  
 resources. Includes an overview of treat-  
 ment facilities, psychotherapies, and  
 psychotherapists.



## A Guide for Administrators and Consultants

A must for those involved in developing  
 programs, this book provides guidelines  
 as well as case studies of actual pro-  
 gram implementation. Features infor-  
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## On the Cover

This issue of **EAP Digest** features a special section, "Toward a Drug-Free Workplace: Federal Initiatives." The section contains three articles of importance to all employee assistance professionals.

### 19 Antidrug Rules and Regulations

The antidrug requirements of the U.S. Department of Defense, the U.S. Department of Transportation, and the Drug-Free Workplace Act of 1988 are discussed.

*Bruce S. Harrison, Esq., and Gary L. Simpler, Esq.*

### 25 Drug-Testing Decisions: Implications for EAPs

U.S. Supreme Court decisions regarding the drug-testing programs implemented by the U.S. Customs Service and the Federal Railroad Administration are discussed, as are three court cases that address collective bargaining and drug testing.

*William J. Judge, Esq., and David Evans, Esq.*

### 33 Integrating Work-based Policies

Narrowly defined corporate responses to public initiatives regarding "people problems" can be costly and confusing. The author discusses how policies can be integrated and how employee assistance professionals can help companies do so.

*Willard O. Foster, MSW*

## Feature

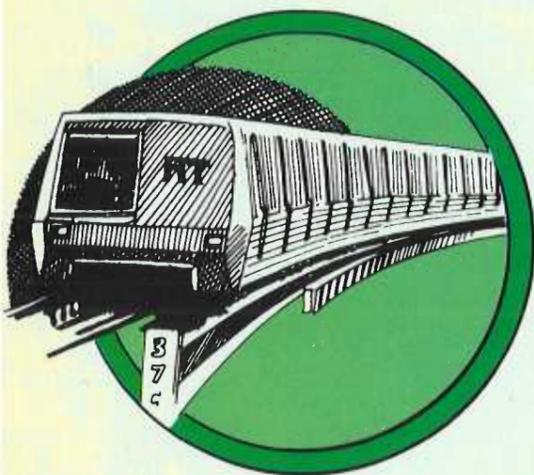
### 43 Applying Instructional Technology to EAPs

Instructional technology can be applied to EAP development and practices; how the technology can be utilized in developing training programs for supervisors is presented as an example.

*Shaila Penelope Wood, PhD, and Joseph R. Steiner, CSW, PhD*

## Departments

6 In-House	16 Consultants Directory	66 References
7 Transitions	57 Classified	68 Advertisers Index
11 News Update	59 Media Update	70 Close-Up
14 Treatment Spotlight	64 Calendar	



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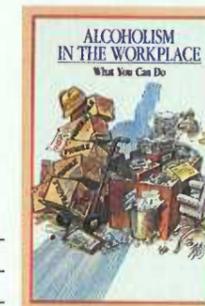
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- SUBSTANCE ABUSE (3024)** Ten resources to help employees overcome drug and alcohol dependency
- MANAGING STRESS (3027)** Seven resources that show how to cope with stress at work and home
- EMOTIONAL HEALTH (3032)** Six booklets on improving emotional well-being, from overcoming depression to managing change

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