

EAP ASSOCIATION

# EXCHANGE

MARCH 1990



VOL. 20 NO. 3

**THE NAVY DRUG  
AND ALCOHOL  
ABUSE PROGRAM**  
—and some  
members of its  
front guard,  
past and present



**Capt. Leo Cangianelli**



**Capt. James Baxter**  
circa 1972



**Capt. Stuart Brownell**  
circa 1978



**Comdr. Gerald Bunn**  
circa 1981



**Comdr. Charles Sapp**  
circa 1973

Dr. Jodi Jacobson Frey  
University of Maryland  
410-706-3607

plus four other longstanding programs that have changed with the times



# BETHANY CENTER

Bethany Center is a residential treatment program for men and women whose use of alcohol or other drugs is depriving them of the ability to lead productive and rewarding lives. A carefully planned and individualized treatment focus provides group therapy, individual counseling, family therapy, education, twelve-step programs, psychiatric and medical care, nutrition and fitness programs and continuing care.

The focal point of Bethany Center is a stately mansion restored to its original condition. Tree-lined walks, warmly decorated counseling and lounge areas, modern living and dining rooms, and a fitness center complex provide an environment that complements a structured therapeutic program.

Bethany Center  
RD5 Box 170  
Honesdale, Pa. 18431  
1 800 544 1861

A RESIDENTIAL TREATMENT PROGRAM FOR CHEMICAL DEPENDENCY



**THERE'S AN OLD ADAGE** that goes, "You dance with the one who brung ya." It means that people should always be respectful of others who have paved the way for their successes.

The contemporary EAP field owes a debt of gratitude to a number of longstanding programs and their sponsoring organizations. Five of them are featured this month. They include the EAPs of Atlantic Richfield Company, New York State, Kemper National Insurance Companies, and Aluminum Company of America, as well as the Navy Alcohol and Drug Abuse Program. A part of the Navy program's lineage is shown on the cover.

These programs are not necessarily among the oldest, nor the largest (although the Navy program is at or near the top on both counts). Their common denominators are that they have all contributed substantially to the EAP field's development and were among the wave of programs during the critical juncture in the early to mid 1970s when business and labor became more amenable to EAPs.

Nevertheless, these programs are hardly relics. Anything but staid, they have matured over the last two decades and flexed to suit the times. The *Exchange* is pleased to present

## Dancing With the Ones Who Brung Us

them as case studies. Programs such as these provide us with a sense of history and help us to form a composite of the evolution of EAPs.

It should be noted that a couple of dozen other longstanding EAPs are just as qualified to be featured, and would have, if space and time permitted. The five we selected represent a cross-section of programs from diverse industries, including the military, the public sector, private companies that employ white-collar and blue-collar workers, and labor-management programs. (The May cover theme, by the way, will pertain to labor-related issues and recognize the many accomplishments of labor-based programs.)

**ALSO IN THIS ISSUE** is an eight-page pullout of EAPA's *Bylaws*. It incorporates our association's new name, regional alignments and membership categories. It should serve as a replacement for your current copy of the *Bylaws*.

*Rudy M. Yandrick*  
**RUDY M. YANDRICK**  
 EDITOR

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**PUBLISHED BY:**

The Employee Assistance Professionals Association, Inc.  
 4601 N. Fairfax Drive  
 Suite 1001  
 Arlington, VA 22203  
 Telephone (703) 522-6272

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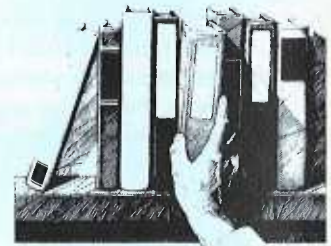
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