EASNA RESEARCH NOTES Volume 1 - 2009/2010

The Employee Assistance Society of North America has developed a new publication called *Research Notes*. These reports are brief reviews of the research in various topics of interest in the behavioral healthcare and EAP field. The first volume of 10 reports is based on select content from the 2009 EASNA publication *Selecting and Strengthening Employee Assistance Programs: A Purchaser's Guide*.

Note 1. History and Growth of the EAP Field

Note 2. The Need for EAPs: The Workplace Burden of Mental Health and Substance Abuse Problems

Note 3. EAP Effectiveness and ROI

Note 4. EAP Services, Programs and Delivery Channels

Note 5. Utilization of EAP Services

Note 6. Pricing Options for EAP Services

Note 7. Indicators of the Quality of EAP Services

Note 8. Tools for Selecting an EAP Provider: RFPs and Audits

Note 9. Implementation of EAPs

Note 10. The Business Value of EAP: A Conceptual Model

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The research notes contains material from EASNA's publication, *Selecting and Strengthening Employee Assistance Programs: A Purchaser's Guide.* Copyright ©2009 Employee Assistance Society of North America (EASNA). The Purchaser's Guide is available at no cost from EASNA. Contact at: Phone: (703) 416-0060 Website: www.easna.org Address: 2001 Jefferson Davis Highway, Suite 1004, Arlington, VA 22202

About KTR: The Knowledge Transfer and Research committee of EASNA is comprised of researchers, program evaluators, administrators, and practitioners of employee assistance programs (EAP) and workplace behavioral health services in Canada and the United States dedicated to identifying EAP best practices, program and policy implementation, and sharing of research and evidence-based findings on supportive behavioral work environment.

About EASNA: The association is focused on advancing knowledge, research, and best practices toward achieving healthy and productive workplaces. Comprised of thought leaders and change agents, EASNA focuses on ensuring that the EA field continues to grow and flourish by broadening its base of engaged and committed stakeholders.

