

nursingfor um

SUMMER '14

THE MAGAZINE OF THE
UNIVERSITY OF MARYLAND
SCHOOL OF NURSING

Life Changing

Research Seeks Relief
For Cancer Patients

Plus:

Directing Palliative Care
with Compassion

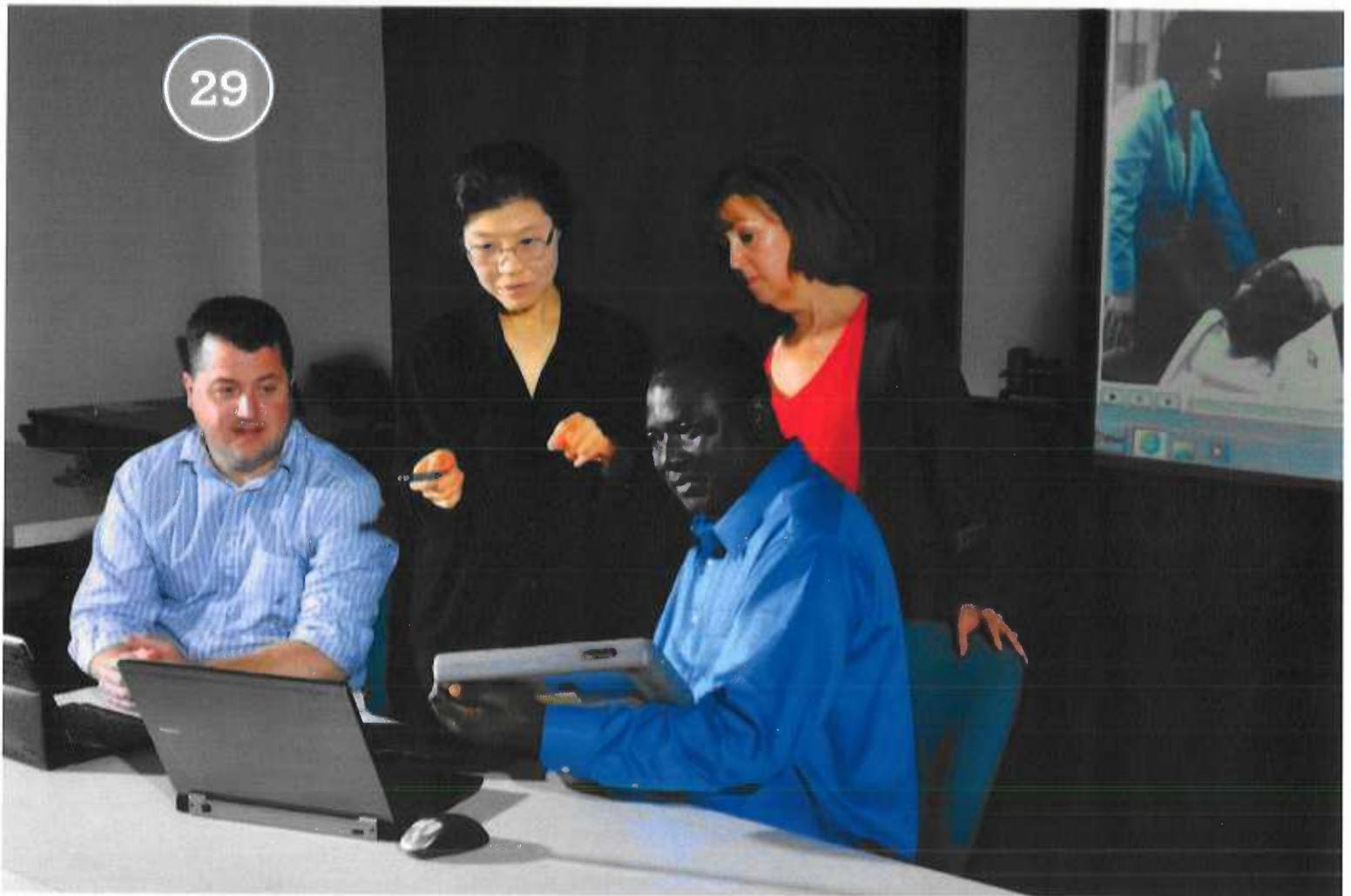
A Team Effort Achieves
the Best Outcomes



in this issue

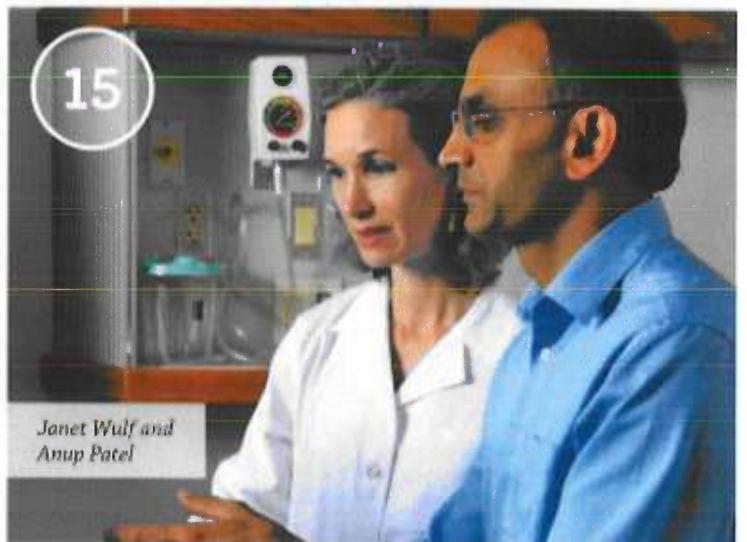
SUMMER '14

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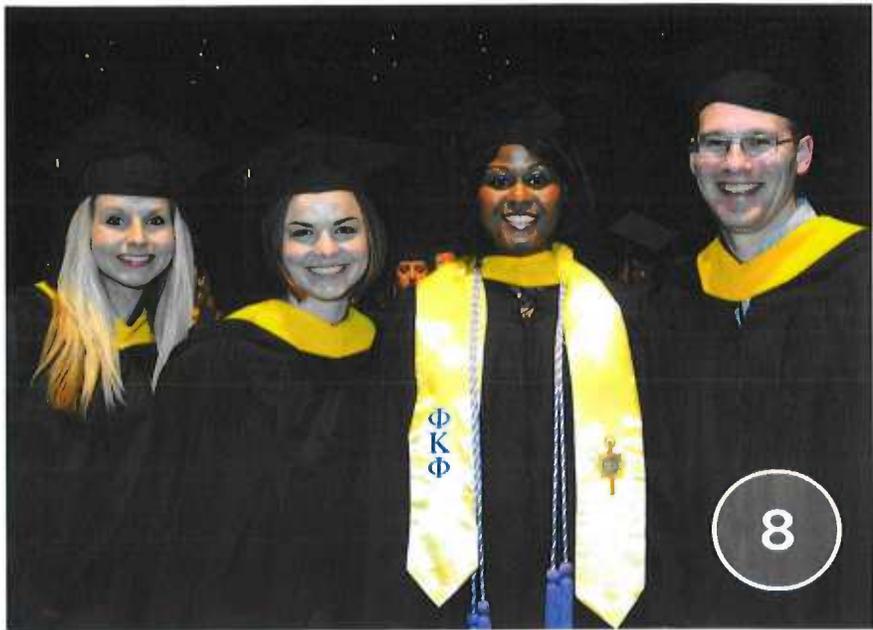


Matt Rietschel, Eun-Shim Nahm, Jeanine Brown, and Ernest Opoku-Agyemong discuss findings from Nahm's online bone study

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Janet Wulf and Anup Patel



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A Team Approach

Interprofessional education promotes active collaboration among different disciplines.

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'Science of Compassion'

Research supports an understanding of best practices with palliative care.



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ON THE COVER: PhD student Gee Su Yang and Associate Professor Cynthia L. Renn work toward finding relief for breast cancer patients experiencing AI-induced arthralgia [See the story on page 30] *Photograph by Mike Ciesielski*

“A single sunbeam is enough to drive away many shadows.”

—St. Francis of Assisi

With a stormy winter giving way to a wet spring, Marylanders wondered if warm temperatures and sunny skies would ever return. As we finally experienced the change of weather, flowers blooming in the School of Nursing courtyard, and a new class of nursing students crossing the stage at Commencement — many rites of spring and renewal — we were undergoing some “rebirths” of our own.

I am delighted to share with you our newest creation, our redesigned nursing magazine. Hopefully, you were able to catch the dual meaning behind the new name, *nursing for | um*. Not only is this publication the magazine for the University of Maryland (UM) School of Nursing, but it also serves as a forum for our readers to learn about faculty, student, and alumni achievements; new programs; and more. The magazine has a more contemporary look and feel while at the same time maintaining the high-quality content that readers have come to expect. We hope you like it.

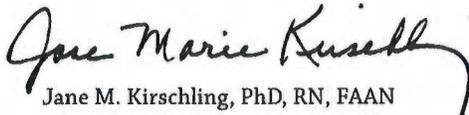
The biggest birthday of them all is, of course, the School of Nursing’s 125th anniversary. To learn about our storied history, take a look at *Innovation in Action – The University of Maryland School of Nursing From Its Founding in 1889 to 2012*. The publication can be found on the School of Nursing website at nursing.umaryland.edu/publications, or you can order your own copy. (See the inside back cover.)

We have also dedicated a full year of activities to recognizing and commemorating this historic milestone. The celebration kicked off in April with Reunion 2014 and an Orioles bullpen party. Then, in May, the School’s new ceremonial mace was unveiled at our Convocation ceremony.

If you missed those activities, several more are on the horizon. Information can be found online at nursing.umaryland.edu/anniversary. I look forward to seeing you at one of our 125th anniversary celebration events.

I always enjoy hearing from you, so please feel free to contact me. I can be reached at kirschling@son.umaryland.edu, or you can call 410-706-6740 to schedule a time for us to talk.

Yours in celebrating our exceptional history as well as our exciting future,



Jane M. Kirschling, PhD, RN, FAAN
Dean and Professor



nursing for um

Summer 2014

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Winnie Makawa, Kristen Altdoerffer, April Rai, Emily Odenwald, Dean Jane Kirschling, and Shivana Srivastava

Advocating for Nurses in D.C., Annapolis

Dean Jane Kirschling and several School of Nursing students delivered an important message to lawmakers during the spring semester — well-educated nurses and the ability to provide high-quality health care go hand in hand. They traveled to Annapolis and Capitol Hill in Washington, D.C., to let their voices be heard.

While in Annapolis, Doctor of Nursing Practice (DNP) students **Sonia Brown, MS '99, RN, ACNP-BC**, and **Cheryl Harrow, MS '01, FNP-BC, RNC-LRN, IBCLC**; Bachelor of Science in Nursing students **Brian Hoffman** and **Natalie Colville**; and Clinical Nurse Leader (CNL) students **Christopher Gawrych** and **Winnie Makawa** were given the opportunity to shadow a state legislator.

Their goal was not only to witness the daily operations of the Maryland General Assembly firsthand, but also to dialogue with legislators about support for nursing students. Dean Kirschling reminded students that although the nursing shortage has been reduced due to the economy and Baby Boomer nurses remaining in the workforce, they still can't be complacent in advocating for well-educated nurses. Nursing students need support in various ways, including financial assistance and nursing programs that foster development and growth.

"This was an excellent opportunity for our students to engage in the legislative process on behalf of the nursing profession. This unique experience inspired many to learn more about how to actively engage in nursing

advocacy efforts," Dean Kirschling says.

A few weeks later, BSN students **Susan Miller** and **Emily Odenwald**; clinical instructor and DNP student **Kristen Altdoerffer, MS, RN, CPNP**; master's student **Shivana Srivastava, BSN, RN**; CNL student **Winnie Makawa**; and Dean Kirschling traveled to Capitol Hill to have similar discussions with lawmakers relating to topics such as Title VIII programs. Title VIII addresses each aspect of nursing shortages, including education, practice, retention, and recruitment. The programs provide the largest source of federal funding for nursing education, offering financial support for nursing education programs, individual students, and nurses. ♦

—Kevin Nash

Come Celebrate With Us!

This is a big year for the University of Maryland School of Nursing, as 2014 marks the 125th anniversary of the School's founding. To celebrate this historic milestone, we have planned so many special events that they actually spill over into 2015.

The first event, a bullpen party and Orioles game held Sunday, April 27, drew nearly 200 faculty, staff, students, alumni, and family members. Everybody had a ball! ♦

UPCOMING EVENTS INCLUDE:

FACULTY AND STAFF COOKOUT

Friday, September 12
School of Nursing

35th ANNIVERSARY OF THE PHD PROGRAM

Saturday, November 8
School of Nursing

VETERANS' DAY RECEPTION

Tuesday, November 11
School of Nursing

125th BLACK TIE GALA

Saturday, April 18, 2015
Baltimore Marriott Waterfront Hotel

WE HOPE YOU WILL JOIN US IN CELEBRATING OUR 125TH YEAR OF EDUCATING NURSES.

For more information, visit nursing.umaryland.edu/anniversary/events



CELEBRATING 125
1889-2014 YEARS

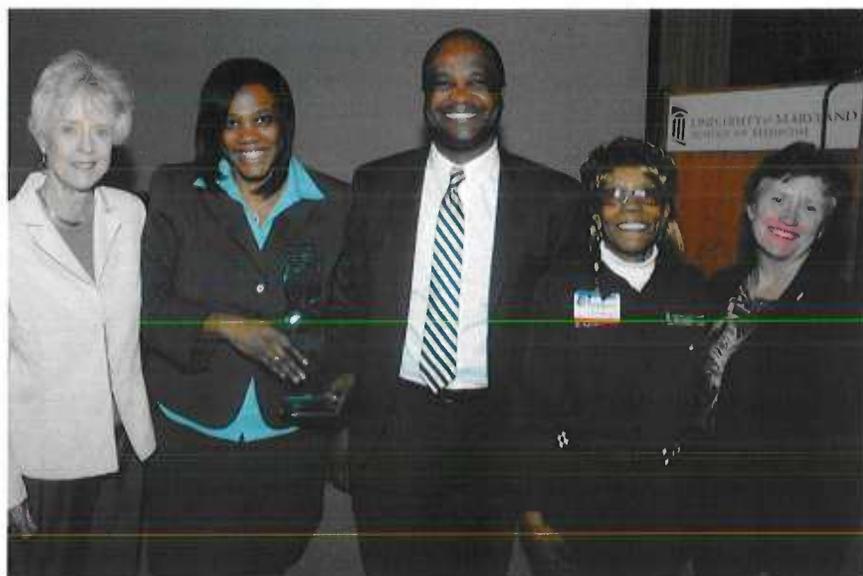
Ogbolu Honored for Work in Diversity and Health Disparities

Yolanda Ogbolu, PhD '11 MS '05, BSN '04, RN, CRNP, assistant professor, was honored with two awards during the past semester. She received the University of Maryland, Baltimore (UMB) Outstanding Faculty Award and the Black Nursing Organizations of Maryland's Harriet Tubman Legacy in Nursing Award for Maternal Child Health.

The Outstanding Faculty Award is an MLK Diversity Award given at UMB's Dr. Martin Luther King, Jr., and Black History Month celebration. MLK Diversity Awards recognize individuals or groups that have played a leadership role or been an integral part of the diversity effort at UMB. The Tubman Legacy Award for Maternal Child Health is given to an African-American nurse who exemplifies attributes of Harriet Tubman, such as passion, courage, generosity, endurance, and volunteerism.

Ogbolu, who is also deputy director of the School of Nursing's Office of Global Health, has devoted 20 years to working across local, state, national, and international levels to address issues of health disparities and cultural competency, especially among newborns. She mentors nurse leaders from sub-Saharan Africa and local high school students to encourage health careers. She collaborated with the National Office of Minority Health/SRA to develop an innovative educational module on National Standards for Cultural and Linguistically Appropriate Care. In West Africa, she focuses on newborn survival and has also led the development of educational curricula and four nursing university partnerships. ♦

—Kevin Nash



Dean Emeritus Janet Allan; Yolanda Ogbolu; Ogbolu's husband, Dr. Michael Ogbolu; her mother, Linda Russell; and Dean Jane Kirschling

BY THE NUMBERS

125

YEARS THAT THE SCHOOL OF NURSING HAS BEEN EDUCATING NURSES.

Established in 1889, what was originally called the University of Maryland Faculty of Physics' Training School has grown to become the largest nursing school in Maryland and one of the largest in the nation.

25

ALUMNI LEADERS WHO WILL BE PRESENTED

VISIONARY PIONEER AWARDS AT THE ANNIVERSARY GALA IN APRIL 2015.

8

STUDENTS WHO COMPRISED THE CLASS OF 1892 TO BECOME THE SCHOOL'S FIRST GRADUATES, AS

COMPARED TO 595 STUDENTS IN THE CLASS OF 2014.

(See more about the first graduating class on page 48.)