

**UNIVERSITY of MARYLAND**

**OUTREACH COUNCIL ACCOMPLISHMENTS**

**FOR THE 2012-2013 SCHOOL YEAR**

Office of Government and Community Affairs



## University of Maryland

### Outreach Council Accomplishments

#### For the 2012-2013 School Year

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This document summarizes the major activities supported by the Outreach Council during the fifth year of Council operations. The Council works in partnership with local schools to provide community children with enriched educational, health and career experiences and opportunities. Representatives from all schools and campus administrative units serve on the Council, which consists of students, faculty and staff. Our local partner schools include:

- George Washington Elementary (GWES);
- James McHenry Elementary School (JMHEM)
- Southwest Baltimore Charter (SWBC) and
- Vivien T. Thomas Medical Arts Academy (VTTMAA).

During the summer and fall of 2010, Outreach Council members developed detailed planning and programming for **CLUB UMB** – (1) a free after-school youth leadership and mentoring program for George Washington Elementary School and Southwest Baltimore Charter School and (2) an internship program on the University of Maryland campus for seniors earning academic credit from Vivien T. Thomas Medical Arts Academy. The council also coordinates volunteer opportunities to meet identified needs and provides campus health, social and legal resources to all partner schools. **CLUB UMB** is supported by many volunteers from among the students, faculty and staff at the University of Maryland.

Council members participated in one of the six work groups listed below to develop **CLUB UMB** programming to address areas of need identified by our partner schools: (1) college and career opportunities, (2) science and health enrichment, and (3) family engagement activities.

#### Outreach Council Work Groups For the Planning & Development of CLUB UMB 2012-2013 School Year

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- **Community Service Mentors Work Group**
  - Partner with USGA, Faculty and Staff Senates to recruit volunteers from among staff, faculty and students to serve as mentors. Determine where other partnerships are desirable, such as with specific student groups at UMB, or other entities on campus such as UMMC, VA, and BioPark.
  - Help support recognitions and incentive policies for volunteers.
    - Co-Chairs: Brian Sturdivant (Director, Community Affairs), Courtney Jones (Academic Affairs)
    - Members: Becky Ceraul (School of Pharmacy), Robyn Fleming (School of Nursing), Shivani Gandhi (School of Pharmacy), Cindy Rice (Academic Affairs), Dawn Roberts (School of Medicine)

The **Community Service Mentors Work Group** was instrumental in recruiting over 40 individuals from among the students, faculty and staff across the University of Maryland campus who volunteered over 600 hours serving as mentors, presenters, and activity leaders this year. Since the Council's inception, in 2008, more than 400 individuals volunteered in excess of 3000 hours in campus engagement in local communities. Children attending our partner schools have benefitted greatly from their interaction with the volunteers. The parents, principals, teachers and staff from the schools have all expressed their appreciation for these efforts.

- **College Connections Work Group**

- Plan career development activities for **CLUB UMB** campus visits involving all UMB schools.
- Focus on best ways to remain connected with “school children mentored” in our programs. Work with Internship WG and College Bound staff at VTTMAA to track interns who have graduated and determine how best to remain a resource for the students, possibly social networking and involving them in UMB activities and support services. Consider how best to remain connected with the SWBCS mentees.
- Determine what types of support is required and creative opportunities for continued linkages
  - Co-Chairs: Teresa Schmiedeler (School of Law) and Reginald Reaves (School of Social Work)
  - Members: Susan Baker (Physical Therapy), Lisette Burton (School of Law), Pamela Demartino (School of Medicine), Yvette Gregory (Academic Affairs), Bayonne White (Dental Hygiene), Patricia Zimberg (School of Nursing)

The **College Connections Work Group** planned age appropriate campus visits involving exposure to careers in Pharmacy, Law and Medicine and as of the publication of this document, is in the process of planning additional visits involving Nursing, Social Work and Dentistry. This work group has suggested social media as a way to stay in touch with students who’ve benefitted from the program. **CLUB UMB** now posts information and photographs regarding its activities on the UMB Facebook page and participating students for all UMB programs have been encouraged to visit and “like” this page to stay up to date on future **CLUB UMB** activities. This gives the campus an opportunity to stay in contact with these students regardless of what schools they attend in the future.

- **Tutoring and Healthy Living Work Group**

- Continue partnering with existing after-school program at George Washington Elementary School and offering a stand-alone after-school program at Southwest Baltimore Charter School. Provide tutors and lead physical activity (ZUMBA or other popular physical activities) combined with “healthy living support chats” (could involve ICM students).
- Consider creative ways to better involve mentors (possibly “Train the Trainers” approach).
- Work with URecFit to develop and implement physical activity programming.
- Consider if feasible to expand to James McHenry Elementary Middle School.
- Consider President’s Challenge as suggested by William Griffin, URecFit Instructor.
  - Co-Chairs: Dr. Chanel Agness (School of Pharmacy) and William Griffin (Academic Affairs)
  - Members: Dana Carmichael (School of Social Work), Chelsea Cosby (School of Medicine), Jenny Owens (Academic Affairs), Amalia Pleake-Tamm (School of Law), Charlotte Watts (School of Medicine)

The **Tutoring and Healthy Living Work Group** planned the implementation of the President’s Fitness Challenge for 3<sup>rd</sup> and 4<sup>th</sup> grade CLUB UMB students at both George Washington Elementary and Southwest Baltimore Charter schools. These sessions were led by URecFit fitness instructor and Office of Government and Community Affairs Social Work Field student Aaron Burges at Southwest Baltimore Charter School and by Mr. Burgess and Social Work Field Student Tierra Sheppard at George Washington Elementary School. Activities were supported by a group of Physical Therapy students engaged in a service learning initiative at URecFit and Intro to Clinical Medicine students from the School of Medicine. Sessions focused on physical endurance, flexibility and strength with bi-weekly progress assessments. Results on participant progress were recorded.

- **Community Engagement Work Group**

- Continued focus on working with partner schools to find ways to engage students, parents, guardians and other community members. Group should identify activities to support, including: annual Art Expo, annual elementary and middle school commencement exercises at MSTF, community gardening & farmers' market activities, intern poster sessions, etc.
- Provide guidance and support for innovative fundraising and donations to support community outreach activities. Identify activities to support, specified fundraising opportunities, and standard letters of request to various for-profit and non-profit entities for donations.
- Explore feasibility of supporting family engagement at James McHenry Elementary.
  - Co-Chairs: Angela Fowler-Young (Administration & Finance) and Brian Sturdivant (Government & Community Affairs)
  - Members: Deborah Cartee (Dental Hygiene), Latoshia Hunt (School of Social Work) Otiqua Johnson (School of Social Work), J.R. Jones (Administration & Finance), Nancy Lever (School of Medicine), Phyllis Lovito (School of Nursing), Connie Mitchell (School of Pharmacy), Yolanda Ogbolu (School of Nursing), Heather Phelps (Office of External Affairs), Jane Shaab (Office of Research & Development), Tom Sloane (School of Medicine), Scott Stafford (School of Social Work), Anna Tatro (Academic Affairs), Leslie Turner (School of Law)

The **Community Engagement Work Group** planned and implemented our signature family engagement and fundraising event, the 5<sup>th</sup> Annual Community Partner Art Expo. This year, the work group has secured additional sponsorship and resource tables. The work group continues to support fundraising initiatives and strategize to identify additional ways to raise funds and leverage campus resources to benefit families of children attending our partner schools. This year, the work group is coordinating an "Orioles Reach High Five Fundraising Program" to benefit **CLUB UMB**. The group continues to develop additional community engagement strategies that will include community gardening, activities at 3 partner schools. Parents and other family members have indicated their appreciation for this support.

- **Internships Work Group**

- Program is highly effective, but new issues need to be addressed including how to navigate new policy regarding minors on campus, how not to "burn out" faculty/graduate school mentors, feasibility of partnering with UMMC and different types of placements at UMB; discussions with school principal/science teachers to ensure that only highly motivated students are encouraged to participate; recruit mentors through Faculty Senate and Graduate Student Association.
- Annual issues: Identify and schedule mentors and weekly presenters and support presentation sessions.
- Continuity: Develop a process for continuing contacts with the interns following high school graduation – get information about their college and other plans, best ways to stay in contact, and events they would like to attend at UMB. Start this process with the current class!
  - Co-Chairs: Jonathan Cooper (School of Medicine) and Greg Carey (School of Medicine)
  - Members: Juliette Dickerson (Administration & Finance), Caelie Haines (School of Medicine), Akosua Koram (School of Law), Jane Lipscomb (School of Nursing), Norman Tinanoff (School of Dentistry), Anne Williams (University of Maryland Medical Center)

The **CLUB UMB Internship Work Group** identified campus-based placements for student interns from the Vivien T. Thomas Medical Arts Academy. The work group supported interviews, training and placement of students, as well as orientation for volunteer University of Maryland supervisors. Feedback from mentors and supervisors regarding this program has been very positive.

- **Science Olympiad Work Group**

- Teams of students (up to 15 middle school students or 7 high school students) compete in tournaments covering science disciplines that include biology, chemistry, physics, earth/environmental science, engineering and technology. Teams compete against other teams in their own regions and successful teams move on to compete against the best teams in the state. Individual and team medals and trophies are presented at all levels of competition. Volunteers from UMB could coach a team from SWBC under the supervision of a science teacher or teachers.
- See if SWBCS supports concept, can help identify motivated students and set timeframe for program.
- \$700 per team-- substitute for SWBCS program with ICM support. Olympiad event is in March. Could field a team of different students each year (b division supports grades 6-9/c division supports grades 9-12) or field the same team each year.
- Consider how best to involve mentors and develop a manual for operating the program similar to one developed by the Internship Work Group.
- Future--Could be expanded to other neighboring schools if done during the school day.
  - Co Chairs: Angie Battaglia (School of Medicine) and Brian Sturdivant ( Government & Community Affairs)
  - Members: Kelly Abbott (School of Dentistry), Mimi Blitzer (School of Medicine), Joana Carneiro Da Silva (School of Medicine), Michelle Gwinn-Giglio (School of Medicine), Cheron Jones (School of Medicine), Ifasina McKnight (Academic Affairs), Lisa Rawlings Lisa (Office of Research & Development)

The **Science Olympiad Work Group** supported our science Olympiad students by loan and donation of supplies necessary for preparing for competitions, working with the College Connections Work Group to organize career presentations for campus trips and attending the actual competitions to offer support. This year, all Maryland Science Olympiad mentees who competed, won 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place medals in their respective categories for the Baltimore Regional Tournament. The group participated in the State Olympiad on Saturday April 20, 2013 at Johns Hopkins University and won a 3<sup>rd</sup> place medal.

**Summary of CLUB UMB Activities  
2012-2013 Academic Year**

**Program at George Washington Elementary and South West Baltimore Charter Middle School**

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In October of 2008, the University of Maryland Outreach Council began implementation of the **CLUB UMB** program, a free after-school youth leadership and mentoring program for 3<sup>rd</sup> grade students at George Washington Elementary on Tuesdays and for 5<sup>th</sup> through 8<sup>th</sup> grade students at Southwest Baltimore Charter School on Wednesdays. Students, faculty and staff from the University of Maryland campus were recruited as mentors and presenters for the program.

**A list of specific activities provided during the 2012-2013 school year follows:**

**George Washington Elementary School - CLUB UMB Activities for the 2012-2013 Academic Year:**

Note: the activities listed below for George Washington Elementary students all included 1 hour of Academic Enrichment Activities supported by volunteers from the University Community.

- 10/16/12 -- **CLUB UMB** Orientation, President's Fitness Challenge orientation and nutrition workshop
- 10/23/12 – President's Fitness Challenge initial fitness assessment
- 11/13/12 – Campus trip - Law School and Pratt Gym for President's Fitness Challenge muscle training
- 11/20/12—Fitness chat and President's Fitness Challenge midpoint assessment
- 11/27/12 – Fitness chat on “the heart” and President's Fitness Challenge cardiovascular training
- 12/4/12 – Fitness chat on “the digestive system” and Zumba activity
- 12/11/12 – President's Fitness Challenge final assessment and semester completion party
- 1/15/13 – Welcome back for Spring Semester. Fitness Chat on cardiovascular health and cardio obstacle course
- 1/29/13 – President's Fitness Challenge initial fitness assessment
- 2/5/13 – CLUB UMB cancelled due to Super bowl parade – school closed early
- 2/12/13 – President's Fitness Challenge midpoint fitness assessment
- 2/19/13 – Fitness Chat on flexibility and dodge-ball game
- 2/26/13 - Campus Trip - Beyoncé and Michelle Obama “Move Your Body” dance routine and President's Fitness Challenge fitness assessment
- 3/5/13 – Team building exercises “Duck-Duck Animal” game and “Lava” game & End of the semester ice-cream party

**Southwest Baltimore Charter School - CLUB UMB Activities for the 2012-2013 Academic Year:**

Note: The 3<sup>rd</sup> and 4<sup>th</sup> grader activities listed below for South West Baltimore Charter Students all included 40 mins of team building and physical exercises.

- 10/17/12 – 3<sup>rd</sup> and 4<sup>th</sup> graders: CLUB UMB and President's Fitness Challenge orientation, nutrition workshop; 6th - 8th graders: Club UMB and Science Olympiad orientation – Get to know you exercise with mentors

- 10/23/12 – 3<sup>rd</sup> and 4<sup>th</sup> graders: President’s Fitness Challenge initial fitness assessment; 6th - 8th graders: Science Olympiad, guest speaker from State Director
- 11/7/12 – 3<sup>rd</sup> and 4<sup>th</sup> graders: Fitness chat on “nutrition” and boxed lunches followed by Zumba activity; 6th - 8th graders: Science Olympiad team projects selected and teams formed.
- 11/14/12 – 3<sup>rd</sup> and 4<sup>th</sup> graders: Fitness chat on “muscles” and President’s Fitness Challenge mid-point assessment; 6th - 8th graders: Science Olympiad team viewed individual project DVDs in preparation to begin preparation for competition; materials lists were developed so that program director could purchase, all needed materials.
- 11/27/12 – 3<sup>rd</sup> and 4<sup>th</sup> graders: Fitness chat on “the heart” and President’s Fitness Challenge cardiovascular training; 6th - 8th graders: Materials were purchased and groups began working on their Olympiad projects
- 12/4/12 – 3<sup>rd</sup> and 4<sup>th</sup> graders: nutrition and diet training; 6th - 8th graders: Science Olympiad students worked on projects with mentors
- 12/12/12 – 3<sup>rd</sup> and 4<sup>th</sup> graders: President’s Fitness Challenge final assessment and completion ceremony; 6th - 8th graders: Science Olympiad students – end of semester party and discussion regarding game plan for 2<sup>nd</sup> semester.
- 1/16/13 - 3<sup>rd</sup> and 4<sup>th</sup> graders: Welcome back for Spring Semester. Fitness Chat on cardiovascular health and cardio obstacle course; 6th - 8th graders: Students and mentors worked on Olympiad projects.
- 1/30/13 - 3<sup>rd</sup> and 4<sup>th</sup> graders: President’s Fitness Challenge initial semester fitness assessment; 6th - 8th graders: Students and mentors worked on Olympiad projects.
- 2/6/13 - 3<sup>rd</sup> and 4<sup>th</sup> graders: Fitness Chat on muscular health & Beyoncé and Michelle Obama “Move Your Body” dance routine ; 6th - 8th graders: Students and mentors worked on Olympiad projects.
- 2/13/13 – 3<sup>rd</sup> and 4<sup>th</sup> graders: President’s Fitness Challenge midpoint assessment; 6th - 8th graders: Students and mentors worked on Olympiad projects.
- 2/20/13 – 3<sup>rd</sup> and 4<sup>th</sup> graders: Fitness Chat on the importance of flexibility; 6th - 8th graders: Students and mentors worked on Olympiad projects.
- 2/27/13 – 3<sup>rd</sup> and 4<sup>th</sup> graders: President’s Fitness Challenge end of semester assessment; 6th - 8th graders: Students and mentors worked on Olympiad projects.
- 3/2/13 – 6th - 8th graders: Students participated in Baltimore Regional Competition for the Maryland Science Olympiad at Morgan State University
- 3/6/13 – 3<sup>rd</sup> and 4<sup>th</sup> graders: End of semester party 6th - 8th graders: Olympiad victory celebration!
- 3/13/13 - 6th - 8th graders: students chose their projects and made list of needed materials for the State Olympiad on 4/20 with support from Kate McManus from the Maryland Science Olympiad
- 4/3/13 – 6th - 8th graders: Students and mentors worked on Olympiad projects with support from Kate McManus from the Maryland Science Olympiad
- 4/10/13 - 6th - 8th graders: Students and mentors worked on Olympiad projects with support from Kate McManus from the Maryland Science Olympiad
- 4/17/13 - 6th - 8th graders: Student and mentors worked on Olympiad projects with support from Kate McManus from the Maryland Science Olympiad
- 4/20/13 – 6th - 8th graders: competed in the State Maryland Science Olympiad Competition at Johns Hopkins University

## **Vivien T. Thomas Medical Arts Academy - CLUB UMB Internship Program for the 2012 - 2013 Academic Year**

Beginning in the fall of 2009, the Outreach Council piloted an internship program for seniors from Vivien T. Thomas Medical Arts Academy (VTTMAA). For the 2012 - 2013 academic year, the campus hosted 7 student placements in laboratories across the UM campus during the fall and spring semester. Students worked under the guidance of researchers on the University of Maryland campus three afternoons each week. The program requires each intern to create and present a poster presentation summary of their internship experience at the end of the year. The following reflects 2012 - 2013 placements.

### **Internship Placements - Volunteer Mentor / Supervisors 2012-2013**

- Pathology - School of Medicine
  - Supervisor: Richard Zhao, PhD,
- Institute for Human Virology– School of Medicine
  - Supervisor: Joseph Bryant PhD
- Institute for Genome Sciences (IGS), School of Medicine
  - Cheron Jones
- Center of Vascular & Inflammatory Diseases, School of Medicine
  - Supervisor: Steven Zhan, PhD
- Pediatric Immunology, Rheumatology and Adolescent Medicine, School of Medicine
  - Supervisors: Vicki Tepper, PhD, Maureen Black, PhD

### **Interns – 2012-2013**

- Calvin Fields
- Deandra Wells
- Ivory Smith
- Uneque Crowder
- Shaketa Cotton
- Chelsea Scott
- Ayonna Brown

**Special Outreach Council Volunteer Activities  
Summer 2012 and 2012-2013 School Year**

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**Ongoing Activities:**

- **Support for Summer Research Program** – The Statewide Health Network sponsored the summer, 2012 program, led by Dr. Claudia Baquet, School of Medicine. This was a 6 to 8 week research program for VTTMAA students. The University of Maryland Outreach Council assisted in recruiting mentors and supported life-skills training workshops for participants.
- **Breathmobile** – The University of Maryland Hospital for Children’s Breathmobile visits GWES providing asthma education and prevention services and screenings.
- **Breathmobile – Connected The Breathmobile with James McHenry Elementary as an additional stop for the mobile asthma treatment van in the coming academic year.**
- **Mental Health Support** – The Center for School Mental Health provides mental health support for non-special education students at Southwest Baltimore Charter School.
- **4/19/13 - 5th Annual Community Partner Art Expo and Fund Raiser – 4/19/12 – 5/10/12** – University of Maryland hosted the opening and closing receptions for the 5<sup>th</sup> annual Community Partner Art Expo at the Weiss Gallery in the Health Sciences and Human Services Library, featuring artwork from students at GWES and SWBC. Families, friends, students, art teachers, and University of Maryland faculty, students and staff were invited to the opening and closing receptions.

**One-Time/Short-Duration Volunteer Events Sponsored by the University of Maryland Outreach Council**

**October, 2012**

- James McHenry Elementary School visited farmer’s market on UMB campus
- Connected UMB Law School students with James McHenry Elementary/Middle School for a volunteer clean-up day at James McHenry Elementary/Middle School campus

**January, 2013**

- Connected James McHenry Middle School with UMB student group interested in offering Financial Literacy training

**March, 2013**

- Partnered with Dental School to provide dental screening and fluoride varnish to 82 students through “Give Kids a Smile” day.
- Connected UMB School of Pharmacy students with Augusta Fells Savage Institute of Visual Arts High School to present a college preparatory program
- Brought group of VTTMAA students (current interns included) to Lacks Symposium

**May, 2013**

- Gardening projects at James McHenry Elementary/Middle, and Southwest Baltimore Charter Schools.
- Foodplay @ Southwest Baltimore Charter - both Southwest Baltimore Charter and George Washington Elementary school children participated.
- Connected Staff senate with Augusta Fells Savage Visual Arts Institute for Fall school supply collection
- Invited Southwest Baltimore Charter School to BioBlast middle school science event at the UMB BioPark

Updated September 25, 2013