



# *The* **Intercultural Center** Newsletter

The Intercultural Center newsletter includes insights, events, and initiatives that promote intercultural education at the University of Maryland, Baltimore.

Our newsletter is released every first Wednesday of the month.

## **Celebrating Women's History Month**



The Intercultural Center celebrates the contributions of trans and cis women across the various spheres of American society. From medicine to education, social work and law, women have played powerful roles in developing a more equitable and just society.

Check out the following events hosted by the Intercultural Center and across UMB in honor of Women's History Month below.

## **Upcoming Intercultural Center Events**



### **Poverty Simulation**

**March 1 | 12 - 2 PM | Virtual | [Register Here](#)**

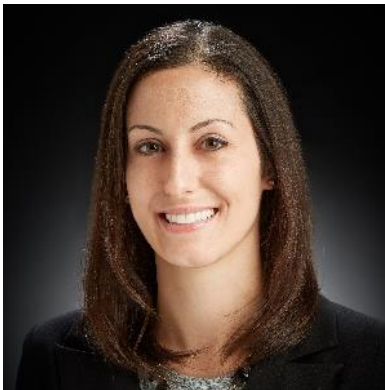
The Poverty Simulation raises critical awareness of poverty and how it shapes the lives of low-income families. Participants will engage in dialogue with the goal to unpack our beliefs and shift the paradigm of poverty as a result of individual failure to a structural problem of our society.



### **Gender Inclusivity in Menstrual and Reproductive Health**

**March 6 | 12 - 1 pm | Virtual | [Register Here](#)**

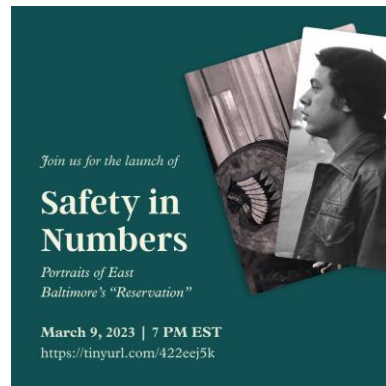
Reproductive and menstrual healthcare services are accessed by people of all gender identities; however, this is not always represented in the field or school curriculums. This presentation by Lex Londino, a non-binary doula and childbirth educator, will provide important information for students and professionals at UMB looking to provide gender affirming healthcare services.



### **Finding Your Confidence (And Not Letting the Brushback Pitch Take You Out of the Game)**

**March 7 | 11:30 am - 1 pm | SMC Campus Center, Room ELM 210 B | [Register Here](#)**

The Intercultural Center and UMBrella invite you to a powerful



### **Safety In Numbers: Portraits of East Baltimore's Reservation**

**March 9 | 7 pm | Virtual | [Register Here](#)**

Safety In Numbers: Portraits of East Baltimore's Reservation is an online exhibition featuring photographs, sourced from archival collections, of

conversation on finding your confidence presented by Dr. Kerri Phillips, senior engineer at the Johns Hopkins University Applied Physics Laboratory.

Traditional resumes highlight accomplishments but conceal the setbacks that occurred along the way. As a result, the resumes of our role models can often be intimidating, and similar success may seem unattainable, especially at moments of failure. When you consider additional social and cultural complexities, such as those often experienced by women in male-dominated career fields, it can be hard to find your confidence. Dr. Kerri Phillips will discuss her path to learning to cultivate confidence, the social phenomena that affected that journey, and strategies to grow your confidence.

Lunch will be provided starting at 11:30 am followed the presentation from 12 - 1 pm.

American Indian people who were part of Baltimore's "reservation" in its heyday. This exhibition was co-curated by three members of Baltimore's present-day American Indian community: Tiffany Chavis, Ashley Minner Jones, and Stanton Lewis, who are all members of the Lumbee Tribe of North Carolina.



**Interfaith Dialogue and Community Altar Building**  
March 13 | 12 - 1 pm | Hybrid | [Register Here](#)

Join us as we invite students, staff, and faculty of different religious and spiritual backgrounds to come



**The Table Dialogue: Intersectional Feminism**  
March 15 | 12 - 1 pm | Virtual | [Register Here](#)

Intersectional feminism arose in response to the dominant form of

together and engage in dialogue. After the dialogue is over, attendees will have the option to help create a community altar. This altar will include mementos, symbols, and objects to remind its visitors of the importance of community among different faiths. It will also serve as a space for spiritual grounding and health at UMB. The altar is collaborative and welcomes pieces from all faith-based backgrounds, and will remain in the Intercultural Center Lounge.

feminism in the 20th century that only centered the experiences of middle and upper-class white women. Intersectional feminism includes the voices of those experiencing overlapping, concurrent forms of oppression to understand societal inequities. In this dialogue, we will unpack intersectional feminism and connect it to our studies and practice at UMB.

The Table is a monthly dialogue series where UMB students, staff, and faculty are invited to discuss current issues and unpack questions regarding race, ethnicity, culture, and norms.



**Students with Disabilities Social Hour**

March 29 | 3-5 pm | Suite 311, SMC Campus Center | [Register Here](#)

Join fellow students with disabilities for a coffee pick-me-up and refreshments! Held in the Intercultural Center Lounge, it is an in-person event to hang out with peers from across UMB.

**Visit our New Lounge Space**



**The Intercultural Center Lounge is now open regularly from 9 am - 5 pm Monday through Friday and is located in Room 311 on the 3rd floor of the SMC Campus Center (621 W Lombard St).**

**What can you find in the Lounge?**

- A library with books focused on identity development and social justice
- A small snack pantry courtesy of the UMB Student Pantry
- A sensory corner with items to relax and play with
- A small community garden with herbs to pick from
- A community altar for spiritual grounding and health (post-March 3 event)

The lounge is also available to reserve for small events, student organization meetings, and department trainings! Use [this link](#) to reserve the space.

## Intercultural Center Evaluation Survey



The Intercultural Center wants to hear from you! Follow the link below to provide feedback on events and other programming provided by the Intercultural Center. Your responses help the Intercultural Center create events that the UMB community wants and needs.

[Provide Feedback Here](#)

## The I Am Project

[Request for Submissions!](#)



The Intercultural Center invites you to participate in "The I Am Project"! This initiative provides a space for UMB community members of all backgrounds to reclaim the narratives of who they are and the communities they are a part of through the power of photography. The Intercultural Center will display these images in a photo voice exhibit in the SMC Campus Center in April.

[Learn More and Submit Here](#)

## UMB Student Pantry



### UMB Student Pantry

All UMB students are eligible to place an order from the UMB Student Pantry. [Click on this link](#) to complete the form. Once your order has been bagged for you, you will receive an email with pick-up instructions. The current pick-up location is the SMC Campus Center, located at 621 W. Lombard Street.

### Upcoming School Pop-Ups

Students are welcomed to pick up a prepared bag of food items prepared by the UMB Student Pantry. Check below for where the Student Pantry is popping up at this month!

#### Carey School of Law

March 14 | 11:30 am - 1:30 pm

**School of Pharmacy**  
March 27 | 11:30 am - 1:30 pm

## Campus and Community Partner Events



**Women's History Month Symposium**  
March 8 | 8:30 a.m. - 4 p.m. | SMC Campus Center | [Register Here](#)

The University of Maryland, Baltimore and UMBrella celebrate Women's History Month to commemorate the pioneering, courageous women of our past and to honor the equally heroic women of today who propel this University, our state, nation, and world toward true equality, inclusion, and opportunity.



**STRESS LESS WORKSHOP**  
JOIN URECFIT AND WELLNESS TO LEARN ABOUT STRESS, ITS IMPACT ON OUR MENTAL AND PHYSICAL HEALTH, AND TECHNIQUES TO REDUCE AND MANAGE STRESS. FRIDAY | MARCH 10 | 12-1 PM | ZOOM

Scan the code to register



Link to register:  
<https://cplink.me/2nF/r2048674>

URecFit and Wellness  
UNIVERSITY of MARYLAND, BALTIMORE

**Stress Less Workshop**



### STRESS REDUCTION AND STRESS MANAGEMENT WORKSHOP

JOIN URECFIT AND WELLNESS TO DISCUSS HOW NUTRITION AND DIET CAN SUPPORT YOUR MENTAL AND PHYSICAL HEALTH IN ADDITION TO REDUCING AND MANAGING STRESS.

WE WILL ALSO LEARN TIPS FOR MENU PLANNING, FOOD PREPARATION AND SAVING TIME, MONEY, AND ENERGY TO FURTHER REDUCE YOUR STRESS. MARCH 14<sup>TH</sup> | 1:30-2:30 PM | ZOOM

Scan the code to register



Link to register:

<https://cplink.me/2n5/r2048813>

URecFit and Wellness  
UNIVERSITY of MARYLAND, BALTIMORE

**March 10 | 12 - 1 PM | Virtual |**  
[Register Here](#)

Join URecFit and Wellness to learn about stress, its impact on our mental and physical health and techniques to reduce and manage stress.

**Stress Reduction and Stress Management Workshop: Nourish your Body, Nourish your Mind**  
**March 14 | Hybrid - Zoom and Suite Room 509, SMC Campus Center |**  
[Register Here](#)

Join URecFit and Wellness to discuss how nutrition and diet can support your mental and physical health in addition to reducing and managing stress. We will also learn tips for menu planning, food preparation and saving time, money, and energy to further reduce your stress.

The poster features a central white column with text, flanked by two vertical bars with a pink-to-teal gradient. At the top left of the white column is the Johns Hopkins University logo and the text 'JOHNS HOPKINS UNIVERSITY | Office of Diversity and Inclusion'. The main title 'Destitution & Power: the Trans Experience' is centered in bold. Below the title is a paragraph of text: 'From art and the media to philosophy and literature, from anecdotal experience to social implications, key figures in trans studies come together to recognize achievements, individuate social urgencies and map the work still needed to attain equitable representation for trans people, including two-spirit, transgender, transsexual, genderqueer, non-binary... people.' Below this is a calendar icon, the dates 'Friday, March 31st 2:00pm-4:00pm' and 'Saturday, April 1st 9:00am-5:30pm', a location pin icon, and the text 'Bloomberg Center for Physics and Astronomy'. At the bottom left is a QR code, and to its right is the text 'Scan the QR code for more info and save the date for the conference!'.

**Destitution and Power: The Trans Experience**  
**March 31 & April 1 | Johns Hopkins University - Homewood Campus |**  
[Learn More Here](#)

This conference poses necessary questions of visibility and representation: Can the trans person speak—and be heard? How does one show up and show themselves as trans? How and when is the other perceived as trans? What are the difficulties and opportunities of finding language for trans narratives? What would—or does—a trans world look like? From art and the media to philosophy and literature, from anecdotal experience to social implications, key figures in trans studies come together to recognize the achievements, individuate social urgencies and map the work still needed to attain equitable representation for trans people, including two-spirit, transgender, transsexual, genderqueer, non-binary... people. The speakers are at the forefront of critical theory and provide important insights in the



widespread debates on medical, architectural, and legal decisions that democratic institutions currently face.

## Visit Our Virtual Office Hours



**Courtney Jones Carney** (she/her)  
Director of the Intercultural Center

[Meet with Courtney \(Zoom Link\)](#)  
Mondays, 10 - 11:30 am  
Wednesdays, 12 - 1 pm



**Rosemary Ferreira** (she/her)  
Associate Director of the  
Intercultural Center

[Meet with Rosemary \(Zoom Link\)](#)  
Tuesdays, 3 - 4:30 pm  
Thursdays, 9 - 10 am  
Fridays, 1 - 2 pm

### Submit Events & Announcements to the Intercultural Center Newsletter

[Submission Form](#)

Submit your events or announcements related to diversity, equity, and inclusion.  
The form must be submitted **before the last Wednesday of the month** to be  
included in the following month's newsletter.



Founded in June of 2020, the Intercultural Center is diligently working toward the continuation of existing Student Affairs initiatives and the creation of new initiatives.

[About Us](#) | [Contact Us](#)