

UMB Community Engagement Center



June Calendar

June 2022						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Community Lunch Noon-1 p.m.	2	3 Rocket Kuba 6-7:30 p.m.	4
5	6 Chat of Pakit 6:30 p.m.	7	8	9	10 Family Art 6-7 p.m.	11
12	13	14	15 Miss G. Day Parade 10-11:30 a.m. Community Dinner 5:00-6:00 p.m.	16 Juneteenth Celebration 4-6 p.m.	17 Family Movie Night 6-8 p.m.	18
19	20 CLOSED: Juneteenth	21 Summer Program 10:30 a.m. - 3 p.m.	22 Summer Program 10:30 a.m. - 3 p.m.	23 Summer Program 10:30 a.m. - 3 p.m. Make A Tape Crafts 5:30 - 7 p.m.	24 Summer Program 10:30 a.m. - 3 p.m. Family Art 6-7 p.m.	25
26	27 Summer Program 10:30 a.m. - 3 p.m. Sewing Circle 5:30-7:30 p.m.	28 Summer Program 10:30 a.m. - 3 p.m.	29 Summer Program 10:30 a.m. - 3 p.m.	30 Summer Program 10:30 a.m. - 3 p.m.		

Community Meals Volunteers Needed

We love having our Community Meals twice a month and are in need of volunteers. Volunteers help to serve food and sign people in. With setup and cleanup, the time commitment is less than 2 hours. Click [here](#) to volunteer.



Juneteenth Jubilee

Thursday, June 16
4 p.m. - 6 p.m.

Join us for a FREE celebration with food, giveaways, horse rides, and music!
*while supplies last

Juneteenth celebrates the ending of slavery in the United States, two and a half years after the Emancipation Proclamation.

Parking lot on the corner of West Baltimore and Poppleton Street
873 West Street, Baltimore, MD 21201

Also, please [join](#) these free webinars. “Rest as a Liberatory Practice” and “From Here to Equality: Reparations for Black Americans in the 21st Century”)



FREE Culinary Art Training Information Sessions



Join Groundwork Kitchen's Free Culinary Arts Training Program. Students will receive training in food service essentials, earn 4 industry-recognized credentials (Servsafe & AHLEI) and access supports to find and maintain employment. For more information click [here](#).

RSVP [here](#)

Online information session - **Wednesday, June 15th at 10 a.m.**

In-person information session - **Wednesday, June 15th at 12noon at the CEC**

Family Movie Night

Friday, June 17
6 p.m.

Join us for this month's Family Movie Night showing Lilo & Stitch. Pizza & snacks will be served. Please RSVP [here](#).



Financial Empowerment at the Community Engagement Center

The CASH Campaign is offering the following free services at the CEC:

Free Tax Preparation

- For households with an income of \$58,000 or less
- Returns and amendments prepared for tax years 2016 to 2021
- In-person appointments every Friday

Free Benefits Screening

- Fast, accurate, and confidential screening for 22 benefit programs
- Benefits include health insurance, food stamps, phones, energy assistance, and more
- In-person appointments every Tuesday

Free Financial Coaching & Planning

- Get support for reaching your short-term goals (e.g., budgeting, credit repair) or long-term goals (e.g., saving for retirement, college savings, and homeownership)
- Phone screenings by appointment every Monday

Open House

- Stop by our office to learn more about our programs – no appointment is needed



- In-person every Wednesday 2-5 pm

FREE Community Concert with Guardian Baltimore

Friday, June 10
6 p.m. - 7 p.m.

Are you interested in learning more about our summer programming for rising 3rd-12th graders? Then join us this Friday for a FREE community concert featuring local dancers, drummers, and performing artists. Enjoy the performances and learn more about the free Summer Enrichment Program that will be offered at the CEC from June 21-August 12th.

Please click [here](#) to learn more about Guardian Baltimore, which will be running their Moving History program here at the CEC, then join us Friday night to see them in action!

CEC Covid-19 Support

Free Covid- 19 support is offered every **Tuesday, Wednesday, and Friday from May 17 to Aug 31, 9 a.m. - 5 p.m.**

- Obtain information about vaccine/booster
- Get questions/concerns addressed regarding vaccination
- Reducing barriers around vaccination
- Post vaccine care package (\$25 wellness gift card)

Call (410-299-4645) with questions and concerns.

Summer Sewing Circle

Monday, June 27
5:30 p.m. - 7:30 p.m.

The University of Maryland, Baltimore Community Engagement Center (CEC) is offering a free sewing circle on the last Monday of the month for summer 2022!

Bring your own fabric or sewing projects and connect with other sewers in a fun and supportive co-learning environment. Join us every session or once in a while. Participation is free, but registration is required.

Please note, this is not a formal class and instruction will not be provided. Basic sewing supplies will be available for use.

Adults only.

[Register here](#)

For questions, please call or email Olivia Myers at 4107065620 or omyers@umaryland.edu

Make & Take - Candles & Conversation @ CEC

Wednesday, June 15
10 a.m. - 11:30 a.m.

Candles and Convo is an intimate candle-making workshop where we bring the lit to you! Join PerfectlyLit Candle Company as they teach you to make one 5.5oz hand-crafted candle, while enjoying light refreshments, stimulating conversation and a good ol 'time.

[Register here](#)

For questions, please call or email Olivia Myers at 4107065620 or omyers@umaryland.edu

Free Summer Enrichment Program

June 21-August 12
10:30 a.m. - 3 p.m.

In partnership with Moving History, the UMB Community Engagement Center is offering a summer dance program, featuring Baltimore Club, Step, Breakdance, Marching Band, and West African Dance and Drum. This program is free and open to youth entering grades 3 - 12.

[Register here](#)

For questions, please call or email Breai Mason-Campbell at 443-885-0329 or BreaiMC@guardianbaltimore.com

Chess at Hollins Market

Join us for a game of chess at Hollins Market **every Saturday from 10 a.m. - 12:30 p.m.**

Additional local chess opportunities for all ages are being developed in collaboration with Safe Alternatives Foundation for Education, Saint Luke's Youth Center, The Board Room Chess Inc., UMBC, and UMB Community Engagement Center.

Contact **Nate Tarter** if you are interested in getting involved with starting a chess club, connecting with existing clubs, adding chess to your program, or becoming a chess coach or mentor.



Free Math Tutoring for Adults

UMB Community Engagement Center

MATH TUTORING SERVICES

By Appointment only
<https://bit.ly/3pvI6rl>

For more information please contact Lisa Rawlings
Lrawlings@umaryland.edu
16 S. Poppleton Street
Baltimore, MD 21201

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UNIVERSITY of MARYLAND
BALTIMORE
Community Engagement Center

Many workforce training programs require potential participants to meet certain reading and math benchmarks. For some, especially those who haven't used math in a while, the math assessments are really challenging.

The University of Maryland, Baltimore Community Engagement Center as part of our Workforce Initiatives programming is now offering FREE math tutoring for adults pursuing workforce training. People who are interested in tutoring must know which math areas/problems they need help with. Lisa Rawlings, who provides the tutoring, not only explains math concepts; she helps people find resources to support their own learning.

Here are some testimonials from someone who referred an applicant:

- "My client had failed the test previously. However, through the personal coaching received, she was able to retake and pass the test in a short turnaround."
- "The ease of getting a tutoring appointment for my client was exceptional. The Community Engagement Center will continue to be a jewel resource for those in need"

To make an appointment, choose "Math Tutoring" for the open sessions: [*Book an appointment here.*](#)

Community Asthma Program

Home visiting (virtual and in-person) for children with asthma. This program provides education, supplies to decrease asthma triggers, and case management.

Mondays through Fridays
8:30 a.m. - 4:30 p.m.

For questions or referrals, please call 410-396-3848, or email [*asthma@baltimorecity.gov*](mailto:asthma@baltimorecity.gov)

Strengthening Family Coping Resources



Fun, food, sharing, and learning every week! What's it all about?

- Spending time with your family doing fun things
- Meeting and getting to know other families
- Exploring your family's roots
- Discovering your family's strengths
- Learning to cope with stress
- Celebrating your family
- Discussing new ideas about parenting
- Trying new ways of working together
- Making day-to-day family like special

If interested, please contact [*Nicole Salen*](#).

Community Computer Lab Open Daily



Free Community Computer Lab

16 S. Poppleton St. Baltimore, MD 21201

The University of Maryland, Baltimore Community Engagement Center (CEC) offers a free computer lab open to the general public. Come on in!

- **Lab Hours:** The big computer lab will be unavailable to the public from Monday March 7th through Friday March 18th from 9:00am - 3:30pm. It will also be unavailable from 9:00am - 12:00 noon on Wednesdays and Fridays from March 23rd through April 1st. During this time please use the small computer lab next door.
- **Printing:** Maximum of 25 black and white copies can be made during each visit
- **Open to all:** Youth 17 and younger must be accompanied by an adult
- **Contact:** Call 410-706-8260 or email community@umaryland.edu for more information

Free Fitness Classes for Everyone



FREE FITNESS AT THE COMMUNITY ENGAGEMENT CENTER

Yoga: Mondays 5:45 p.m. - 6:45 p.m.

Join us for a soothing session. Have your mat, towel, and water ready.

[RSVP here](#) for Yoga

Indoor Walking: Tuesdays 10 a.m. - 11 a.m.

Lace up your sneakers for a virtual “walk around the world!” This takes walking in place to a new level.

[RSVP here](#) for Indoor Walking

Line Dancing: Tuesdays 6 p.m. - 7 p.m.

Move and groove to high energy dances like the Wobble and Cupid Shuffle.

[RSVP here](#) for Line Dancing

Senior Dance: Thursdays 10 a.m. - 11 a.m.

Come out and enjoy our adult dance class! This exciting class is designed for older adults to improve health and physical mobility.

[RSVP here](#) for Senior Dance

Zumba: Thursdays 5:30 p.m. - 6:30 p.m.

Join this supportive dance class that cheers one another on while moving at their own pace.

[RSVP here](#) for Zumba

Fresh Start Fitness: Saturdays 10 a.m. - 11 a.m.

Fresh Start Fitness has been moved to Saturdays! This class will provide you with high and low intensity interval training along with resistance band training,

[RSVP here](#) for Fresh Start Fitness

For your protection, classes are limited to 20 people.

Free Weekly Art Classes



Free Weekly Art Classes

The University of Maryland, Baltimore Community Engagement Center (CEC) is partnering with **Art With a Heart** to provide free weekly art classes. Each week, participants will be guided through a new visual art project while exploring a variety of artists and techniques.

Class Times are:

Adults (18+) Chat 'n Paint: First Mondays 6 p.m. - 7:30 p.m.

Adults (18+): Wednesdays 5:30 p.m. - 7 p.m.

Seniors (55+): Fridays 12 p.m. - 1 p.m.

Families: Fridays 6 p.m. - 7 p.m.

The classes are available to everyone of all levels!

Please be sure to register early as space is limited. Click [here](#) to register for a weekly art class. For more information contact community@maryland.edu or call 410-706-8260.

Contact the CEC Health Suite each Wednesday
for all health related questions



Community Engagement Center Health Suite

The Community Engagement Center health suite will offer programs to support neighbors with health and social needs.

SOME EXAMPLES OF INTERVENTIONS INCLUDE:

- Conducting health assessments and screenings to link neighbors to providers.
- Assisting neighbors with health care navigation and coordination.
- Increasing neighbors' knowledge of health conditions.
- Working with neighbors to create plans to manage their health.
- Providing health education and coaching.
- Connecting neighbors to resources that can assist with health and social needs.
- Reducing barriers to healthy living.

WE ARE OPEN ON WEDNESDAYS:

There are two ways to connect with us:

1. Click [here](#) to schedule your appointment with the CEC Health Suite. Appointments can be made between 10 a.m. – 2 p.m.
2. You can stop in during walk-in hours from 2 p.m. - 3 p.m.

Interested in Getting the COVID Vaccine?



END COVID-19

Everyone's Health Depends On It.

GetTheVaccineBaltimore.org

For Baltimore City residents who qualify and who still need their second COVID-19 vaccine appointment, please visit: www.getthevaccinebaltimore.org. A list of other vaccination sites and resources are available as well.

**Workforce Wednesdays:
Employment Help, Walk-ins Welcomed!**

Looking for a job?

"Incredible! I've been trying to find a job for a year but working with UMB's Workforce Wednesdays I got connected to the right people. I had a mock interview within 3 weeks and now I've scored a great offer."

— SATISFIED "CUSTOMER"



WORKFORCE INITIATIVES

In-person Sessions: Wednesdays 2 - 5 p.m.

Virtual Sessions: *See [appointment link](#)*

UMB Community Engagement Center

16 S. Poppleton Street

- Get a resume or update your old one
- Learn about jobs at the University of Maryland Baltimore, University of Maryland Medical Center and more
- Sign-up for FREE GED classes and career training in the neighborhood



Want to Share an Event?

Do you know of an event or program that is open to your community? We are taking submissions to this weekly newsletter. Please fill out the form in the link below and we will add your event, if relevant.

[Click here to send a submission](#)
