



The **Intercultural Center** Newsletter

The Intercultural Center newsletter includes insights, events, and initiatives that promote intercultural education at the University of Maryland, Baltimore.

Our newsletter is released every first Wednesday of the month.

Celebrating Hispanic/Latinx Heritage Month



Hispanic/Latinx Heritage Month is a celebration of the contributions, cultures, and histories of those in the United States whose ancestors came from Spain, Mexico, the Caribbean, Central America, and South America. It is observed annually from Sept. 15 to Oct. 15.

The start date of Sept. 15 is significant because it is the anniversary of independence for the Latin American countries of El Salvador, Honduras, Nicaragua, Costa Rica, and Guatemala. Additionally, Chile and Mexico celebrate their anniversaries of independence in September.

Make sure to check out the events in honor of Hispanic/Latinx Heritage Month at UMB below!



The Table Dialogue: Unpacking Race in the Latinx Community
Wednesday, Sept 14 | Noon - 1 p.m.
| *Virtual - Zoom* | [Register Here](#)

For many Latinx, answering the race question on the census can be a confusing experience. To unpack these experiences and more, we'll be focusing this month's The Table Dialogue on race within the Latinx community.



Hispanic/Latinx Community Social Hour: Salsa/Bachata Night
Thursday, Sept 29 | 5 p.m. - 6:30 p.m. | *SMC Campus Center, Elm Room 208 A* | [Register Here](#)

Celebrate Hispanic/Latinx culture through the joy of music and dance! Instructors from SalsaNow, a local Baltimore dance school, will teach Latin dance styles. Dinner will be provided.



The Power of the Latinx Vote with Baltimore City Councilwoman Odette Ramos
Tuesday, Oct 4 | Noon - 1 p.m. | *Virtual - Zoom* | [Register Here](#)

Join us for an enriching conversation on the power of the Latinx vote with Odette Ramos, the first Latina elected to the Baltimore City Council!

**Intercultural Center's Welcome:
Identity and the City**



The Intercultural Center's Welcome: Identity & the City | [Register Here](#)

As part of the UMB Fall Kick-Off, The Intercultural Center's Welcome: Identity & The City is a two-day hybrid series that invites new and returning students from across the University of Maryland, Baltimore's seven graduate and professional schools to unpack their identities, think critically about their relationship with the city of Baltimore, get connected to resources, and build community across difference.

Intercultural Center's Welcome: Identity

Friday, Sept 9, 12 - 2 PM | SMC Campus Center & Zoom

Learn about the Intercultural Center, get connected to equity, diversity, and inclusion resources and leadership, and build community with your peers through identity-based activities. Lunch will be provided.

Intercultural Center's Welcome: The City

Thursday, Sept 15, 4 - 6 PM | Community Engagement Center & Zoom

Listen to a panel of local community leaders, think critically about your relationship with the city of Baltimore and get connected to opportunities for how to get involved through the Community Engagement Center. Dinner will be provided.

UMB First-Generation Community Circles



UMB First-Generation Community Circles | [Register Here](#)

Being the first in your family to attend graduate and/or professional school can be an experience full of pride but it also feel confusing and isolating. In an effort to build a greater sense of belonging and community for first-generation students, the Intercultural Center is partnering with the School of Social Work's First-Generation Student Success Program to develop university-wide First-Generation Community Circles open for all UMB students!

Please join us at our first virtual community circle on **Friday, September 23rd from 12 - 1 PM**. Register at the link above!

UMB Student Pantry



Pop-Up Student Pantry

The UMB Student Pantry will be hosting food giveaways on the following dates and locations:

Wednesday, September 14

SMC Campus Center 1st Floor Lobby | 12 - 1 PM

Monday, September 19

School of Nursing 1st Floor Lobby | 12 - 1 PM

Place an Order for the Pantry

Students are eligible to place a food order from the UMB Student Pantry. Click on this link to complete the form. Once your order has been bagged for you, you will receive an email with pick-up instructions. The current pick-up location is the SMC Campus Center, located at 621 W. Lombard Street.

[Learn more about food access resources here.](#)

The Learning Institute



THE LEARNING INSTITUTE

The Learning Institute at the University of Maryland, Baltimore (UMB) is a new initiative from the Intercultural Engagement and Leadership unit that offers UMB students, staff, and faculty access to five free-to-participate micro-courses.

Upon completing a micro-course, individuals are awarded a digital micro-credential and badge, which can be shared and displayed on a resume, CV, email signature, and/or LinkedIn profile.

Each micro-course within The Learning Institute was designed around specific learning objectives that showcase measurable professional skills development desirable to prospective and current employers.

Micro-courses within The Learning Lab are housed online through Blackboard and are completed asynchronously through a semi-structured eight-week schedule. Through The Learning Lab's micro-courses, participants will have the opportunity to develop their professional skills while reflecting and engaging with a cohort of peers through video-based discussion boards.

[Click here](#) to learn more about The Learning Institute.

Campus Partner Events

FALL KICK -OFF

Fall Kick-Off

Sept 6 - Sept 16 | [Learn More Here](#)

Celebrate the fall semester with two weeks of meeting new friends, eating great local food, having inclusive conversations, creating new memories, and discovering and rediscovering what it means to call Baltimore and UMB home!



Take a "Paws" Yoga, Wellness, and Sustainability Event

Sept 13 | 11:30 - 1 PM | [Register Here](#)

Please join URecFit and Wellness, the Student Counseling Center, and the Office of Sustainability to take a "Paws." This event will include a yoga class, pet therapy with visiting dogs Pippen, Marcel and Miss Maddy, along with giveaways and information about student well-being.



Virtual Sober Curious Talk

Sept 15 | 2 - 3 PM | [Register Here](#)

Have you heard about the Sober Curious movement? Come learn more about how Sober Curious events are changing how we think about drinking. Dr. Jenna Silverman from the Student Counseling Center will discuss the Sober Curious movement and ways to integrate it into your life.



Galaxy Meditation Hour
Sept 13 & 20 | 12 PM | [Register Here](#)

Much research has shown that mindfulness meditation can reduce stress. Students are invited to drift off under simulated stars and aurora for a drop-in hour of meditation every 1st and 3rd Tuesday.



**Stress Busters, Survive to Thrive:
Achieving Academic Life Balance**
Sept 28 | 12 PM | [Register Here](#)

Join Deborah Levi from the Office of Educational Support and Disability Services to create wellness goals for academic-life balance. Leave with a personalized roadmap to achieve health and wellness goals when faced with competing demands.

Visit Our Virtual Office Hours



Courtney Jones Carney (she/her)
Director of the Intercultural Center

[Meet with Courtney \(Zoom Link\)](#)
Mondays, 10 - 11:30 am
Wednesdays, 12 - 1 pm



Rosemary Ferreira (she/her)
Associate Director of the
Intercultural Center

[Meet with Rosemary \(Zoom Link\)](#)
Tuesdays, 3 - 4:30 pm
Thursdays, 9 - 10 am
Fridays, 1 - 2 pm

Submit Events & Announcements to the Intercultural Center Newsletter

[Submission Form](#)

Submit your events or announcements related to diversity, equity, and inclusion.
The form must be submitted **before the last Wednesday of the month** to be included in the following month's newsletter.



Founded in June of 2020, the Intercultural Center is diligently working toward the continuation of existing Student Affairs initiatives and the creation of new DEI initiatives.

[About Us](#) | [Contact Us](#)