

Tips to Protect Employee Mental Health Amid Crisis

1. Taking care of your people IS taking care of your business.

Leaders who demonstrably care about and support their people propel business performance – in “normal” times – and especially during a crisis.

2. Cultivating connection maintains wellbeing and culture.

Leaders who promote opportunities for connection and cohesion will reap the benefits of a resilient and creative workforce.

3. Meet the people where they are at.

Leaders who provide robust and visible support resources during a crisis sustain a workforce that is “mission ready”.

4. Safety measures enhance service delivery.

Leaders who attend to workplace safety recommendations reassure their workforce and eliminate a point of contention.

5. Strive for speed over perfection.

Leaders who value bold creativity over wary caution respond to crisis more effectively.

6. There is power in purpose.

Leaders who clearly articulate the “why” inspire a workforce that rises to the occasion.

For information and resources on behavioral health, crisis management, and security solutions, visit us at R3c.com, email us at info@R3c.com, or call us at 866-927-0184.

