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To: [Hshsl-All Staff](#)
Subject: Working
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Well, we are almost at the one year anniversary of UMB's response to the COVID-19 epidemic. A friend on Facebook shared these wise words from a post from a Canadian government agency that I particularly liked:

Working Remotely – COVID-19 Principles

1. You are not “working from home”, you are “at your home, during a crisis, trying to work”.
2. Your personal physical, mental, and emotional health is far more important than anything else right now.
3. You should not try to compensate for lost productivity by working longer hours.
4. You will be kind to yourself and not judge how you are coping based on how you see others coping.
5. You will be kind to others and not judge how they are coping based on how you are coping.
6. Your team's success will not be measured the same way it was when things were normal.

So what else is going on?

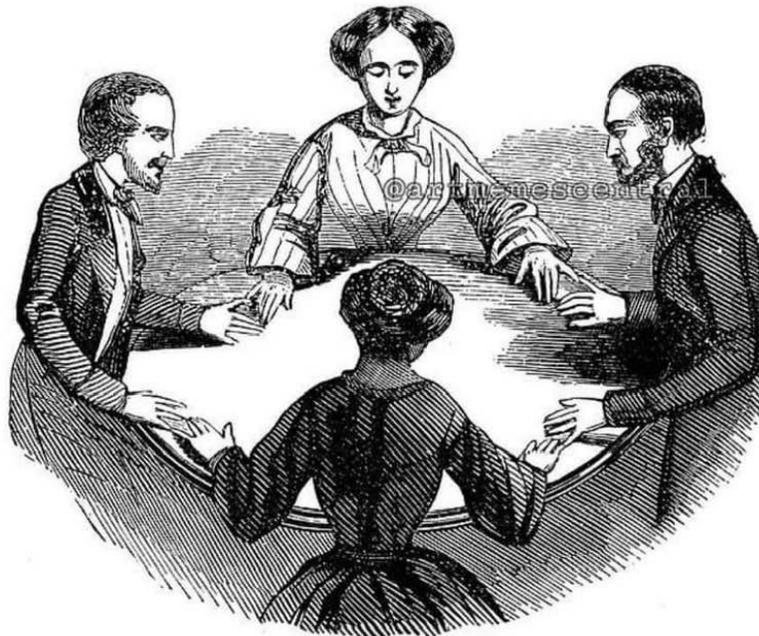
1. I am working hard on next week's all staff meeting where we will begin our exploration of the future. Can everyone wear space suits and foil hats with antenna? Expect an email from me on Monday to set the stage for the meeting.
2. The Citizen Science MOOC team must be working hard as I am not hearing from any of them.
3. The UMB COVID-19 Operations Recovery Team has begun meeting again and I can honestly say there are more questions than there are answers right now. One of Dr. Jarrell's recent communications seemed to suggest that we may begin to reopen June 1. But with COVID-19, who knows what that means.
4. Aphrodite, Steve, and I had a great meeting with Jenny Owens and Taylor DeBoer, walking the third floor area that will be the Grid's future home. Time to get started on that.
5. Speaking of the Grid, I hope you are all planning on attending the next Meet the Makers event on April 6, a joint event between the HSHSL and the Grid, discussing involvement with making PPE during the pandemic.
6. The UMB Strategic Planning Committee is ramping up looking at new values and goals for UMB. Hope you can attend the meeting on April 1.
7. Read the Elm – there is lots of good stuff going on!

Other news:

March 2021 News in Health: <https://newsinhealth.nih.gov/2021/03> Topics: COVID-19, Vitiligo
Medline Plus Magazine https://magazine.medlineplus.gov/?utm_medium=email&utm_source=govdelivery Topics: Comfort care, Palliative care and COVID-29, Social isolation, Fitness routines.

Humor: I laughed so hard at this!

Zoom meetings are just modern seances



"There's someone who wants to join us."
"Elizabeth, are you there?"
"We can't hear you."
"Can you hear us?"

Stay safe and well!

M.J.

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