

The Ann Ottney Cain Lecture in Psychiatric Mental Health Nursing

Home Academics Professional Education Events and Learning Activities Dean's Lecture Series The Ann Ottney Cain Lecture in Psychiatric Mental Health Nursing Section Menu

- Dean's Lecture Series
- The Ann Ottney Cain Lecture in Psychiatric Mental Health Nursing
- The Virginia Lee Franklin Lecture
- The Millicent Geare Edmunds Lecture
- The Commander Lura Jane Emery Lecture



Remembering Ann Ottney Cain, 1934 - 2020

At this lecture, we will pay tribute to Ann Ottney Cain, PhD, RN, CSP, FAAN, professor emerita, who was born in Ohio and became a leader in psychiatric mental health nursing, specifically in family systems therapy. Her tenure at UMSON spanned more than three decades, during which she taught undergraduate and graduate students and served as associate dean for graduate studies and research. When she retired from UMSON in 1994, her colleagues, students, and friends created the Ann Ottney Cain Endowed Lecture in Psychiatric Nursing. She made a planned gift to further support the lectureship.

Cain received numerous honors and awards throughout her career and was selected as a Fellow of the American Academy of Nursing in 1972. She passed away in February.

To honor the life and legacy of Cain, submit a written tribute to nrscommunications@umaryland.edu.

The Ann Ottney Cain Lecture in Psychiatric Mental Health Nursing

Shattering Silence: Clinical Perspectives on Sexual Violence 1970 – 2020 a virtual event

Thursday, Nov. 12, 5 - 6:30 p.m.
Online via Zoom

Join us after the lecture at 6:35 p.m. for networking opportunities in separate "rooms":

- Continuing the Conversation with Dr. Ann Wolbert Burgess
- Networking for Psych Mental Health Professionals
- Remembering Dr. Ann Ottney Cain

This lecture has concluded.

- Watch a recording of Burgess' lecture.
- Download a printable version of Burgess' slides for notetaking. 

Our donors' generosity allows us to offer this lecture free of charge; nurses and social workers may receive 1 Continuing Education (CE) credit for a fee.

This online lecture will trace the changing historical context for sexual violence over the past 50 years and explore the implications of this for current clinical practice, as well as for our understanding of both victims and perpetrators. It will provide evidence-based guidance on the presenting characteristics and behaviors of sexual predators and outline best practices for using trauma-informed approaches in the assessment and treatment of victims of abuse. And, it will probe the progress made or not made with regard to our legal and clinical responses to sexual violence and the impact of this on victims, offenders, and society at large.

Although the issues of sexual assault and sexual violence have vaulted into the headlines, the slow, hard scientific work to understand victims and perpetrators has been the focus of our presenter's research, publication, and teaching for close to 50 years.

A true pioneer in the field of victimology and forensic nursing, Ann Wolbert Burgess, DNSc, MS '59, APRN, FAAN, is recognized for her landmark contributions to understanding sexual violence. In an era in which rape was not discussed, Burgess and her colleague, Lynda Lytle Holstrom, began one of the very first hospital-based programs for rape victims. Their resulting publication in 1973 in the *American Journal of Nursing*, of findings drawn from their interviews of 146 rape victims aged 3-73, "The Rape Victim in the Emergency Ward," called into question victims' treatment by police, health care institutions, and the criminal justice system; raised the notion that rape was about power and control; and advocated crisis counseling for victims. Burgess and Holstrom's subsequent 1974 publication in the *American Journal of Psychiatry*, "Rape Trauma Syndrome," introduced the term into the scientific literature, delineated the syndrome's symptomatology, and noted that one of the variations, the silent rape reaction, required clinicians to be "alert to indications of the possibility of rape...even when the patient never mentions the attack." Fast forward, the prolific Burgess recently published the substantially revised third edition of her seminal text, *Victimology: Theories and Applications*, and provided the Afterword to *The New Evil: Understanding the Emergence of Modern Violent Crime*.

Most recently, Burgess entered popular culture as the role model for the television character, Dr. Wendy Carr, in the Netflix series *Mindhunter*. It is based on Burgess' work with the FBI interviewing victims and systematically cataloging information from these interviews, as well as subsequent efforts to understand the minds of serial killers, which contributed to a criminal profiling system and was the first to establish connections between a killer's past trauma and subsequent crimes. In keeping with her commitment to the advanced education and practice of nurses, Burgess, a board-certified

psychiatric clinical nurse specialist, only regrets that her fictional self was portrayed as a psychologist rather than a nurse.

Objectives:

1. Participants will explore the changing historical perspectives of sexual violence in the United States between 1970 and today.
2. Participants will identify the presenting personality and characteristics of sexual predators.
3. Participants will assess and evaluate clinically significant individual characteristics through case studies.
4. Participants will learn current research findings and what advanced practice nurses need to know about forensic science.

Speaker:

Ann Wolbert Burgess, DNSc, MS '59, APRN, FAAN
Professor of Psychiatric Nursing
Boston College Connell School of Nursing

Ann Wolbert Burgess, DNSc, APRN, FAAN, is an internationally recognized pioneer in the assessment and treatment of victims of trauma and abuse. Her research with victims began when she co-founded, with Boston College sociologist Lynda Lytle Holmstrom, one of the first hospital-based crisis counseling programs at Boston City Hospital. She then worked with FBI Academy special agents to study serial offenders, and the links between child abuse, juvenile delinquency, and subsequent perpetration. Her work with nursing colleague Carol Hartman led to the study of very young victims and the impact of trauma on their growth and development, their families, and communities. Her work continues in the study of elder abuse in nursing homes, cyberstalking, and Internet sex crimes.



Burgess is recognized as a pioneer in the study of sexual assault and has been a leader in the development of the discipline of forensic nursing. She has received numerous honors include the Sigma Theta Tau International Audrey Hepburn Award, the American Nurses' Association Hildegard Peplau Award, and the Inaugural Ann Burgess Forensic Nursing Award from the International Association of Forensic Nurses. In 2016, she was named a Living Legend by the American Academy of Nursing.

Burgess has testified as an expert witness in more than 30 states and has received research grants and published on a broad array of topics, including rape trauma, child sexual abuse, child pornography, serial offenders, and posttraumatic stress.

Burgess is Professor of Psychiatric Nursing at Boston College's William F. Connell School of Nursing and is a board-certified psychiatric clinical nurse specialist. She received her Doctor of Nursing Science degree and her BS in Nursing from Boston University, and her master's degree from the University of Maryland School of Nursing.

Additional Information

Continuing Education (CE) for Nurses and Social Workers

Nurses

Nurses may receive 1 contact hour for participating in this educational activity. Partial credit is not provided. Participants receive a CNE certificate via email from UMSON approximately two to four weeks after submitting their request, a signed attendance verification form, a completed evaluation form, plus a fee of \$20. All requests must be received within 60 days of the conference.



The University of Maryland School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Continuing Nursing Education & Verification of Attendance Form 

Social Workers

The University of Maryland School of Social Work Office of Continuing Professional Education is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for 1.0 Category I continuing education units. Successful completion of this activity requires your electronic signature, participation in the entire activity, and completion of an evaluation form that will be given in a link at the end of the training. Any questions can be sent to cpe@ssw.umaryland.edu.

Lecture History

Dr. Ann Ottney Cain, professor emeritus at the University of Maryland School of Nursing, was a leader in psychiatric mental health nursing, specifically in family systems therapy. Her tenure at UMSON spanned more than three decades. Dr. Cain ultimately served as associate dean for graduate studies and research at UMSON. When she retired from the School of Nursing in 1994 after serving for 30 years on the faculty, her colleagues and students came together to create the Ann Ottney Cain Endowed Lecture in Psychiatric Nursing.

"I was overwhelmed. It was such a meaningful expression of high regard," Cain recalled. "Psychiatric nursing was the first specialty offered in the Master of Science program at the School, beginning in 1954." Cain says she loved working with graduate students at the School—"serving as teacher, mentor, advisor, and role model to them and to many other professionals in the field of mental health."

Cain made a planned gift to further support the lectureship. "I did this because psychiatric nursing is a wonderful and challenging field," she says, "and the lecture is a way of celebrating it on a yearly basis at a school of nursing with a long history of psychiatric nursing excellence. The lecture calls attention, in a very positive way, to the many contributions psychiatric nurses have made and currently make."

Ann Ottney Cain Tributes

"Dr. Cain was a philanthropist of knowledge and invited each of us on a journey of knowledge to become therapists as well as educators. Additionally, she helped each of us to become better versions of ourselves. Ann was an educator, mentor, colleague and always our friend."

Julie (Klink) Callebret
Judy Duvall
Jodi Irving
Gena Lepage
Bea (Gillespie) Robbins
Susan Poulsen
Class of 1970

"Words cannot convey her tremendous influence over all of us. She was very serious about making sure we learned about Psychiatric Nursing, yet warm and kind to everyone equally. She was a born teacher. She was a mother and let us know she loved her son. Ultimately she became a friend and continued her influence throughout the years. Her values resonated throughout my long career, daily reminders of how systems work and how to put theories into practice. No other person helped shape my career and life as powerfully as Ann Cain. We miss her terribly and are so thankful for her presence in our lives. She will always be loved."

Gena Lepage, MS '70

"In my experiences with her as a teacher, mentor and colleague, Ann Cain combined nurturing qualities with clear eyed expectations and a demonstrable respect for theory.

She encouraged use of technology in the then newer idea of taping therapy for practitioner use in supervision as well as therapeutic review with clients.

Ann was so helpful with advice on navigating the earlier days of creating partnerships with colleagues in the other professions who often needed to reset their expectations of a "nurse's role."

And finally, she was so warmly supportive personally to me during a difficult time in my life. She was a woman I admired and will never forget."

Barbara Barrett, MS '78

"She was the kindest, most compassionate woman I have experienced in my eight decades. She was loved and respected by all her students. Her caring came through in her teaching, individual guidance, and everyday contacts. She was a legend in psychiatric nursing, a true scholar, interested in all aspects effecting care for those with mental issues. A true champion of human rights and promoter of well-being for all. I learned more than course content and improved practice from Ann. I learned to be a caring person in all settings. Even in her busy academic and clinical practice schedules, she managed to lead advocating against restrictions for our clinical practice and to visit the Annapolis General Assembly legislative bodies to testify. My hero on so many levels. We who knew and learned from her are truly blessed. THANK YOU ANN."

Sally Raphel, BSN '78, MS '84

"Dr. Cain was a pioneer in psychiatric mental health nursing education. As an instructor, she challenged my pre-conceived notions about mental illness. She inspired my passion to provide stellar nursing care to those who lived in a world of depression, anxiety, and chronicity of delusions and hallucinations. She ignited my imagination of thinking 'outside the box' when choose nursing interventions that built trust in the nurse-client relationship and demonstrated true empathy and caring to those who were often marginalized and stigmatized.

Dr. Cain instilled a love of teaching and learning. I remember telling her I wanted to teach "psych." We had many discussions about my career trajectory. I remember when I called her to let her know I got a psychiatric -mental health nursing undergraduate teaching position and how excited she was. She was my mentor and I am forever grateful. I am now approaching 23 years of teaching psychiatric mental health nursing. I am because She was ..."

Crystal Day-Black, MS '95

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Past Lectures

Exploring Substance Use and Mental Health for Transgender Youth: Implications for Advanced Practice Nurses

Phyllis Raynor, PhD, PMHNP-BC, CARN-AP, APRN

Certified Psychiatric and Addictions Advanced Practice Registered Nurse

Interim Program Director, Psychiatric NP Program

2019 Clinical Assistant Professor

University of South Carolina College of Nursing

- Watch video.
- Download presentation slides. 
- View a photo gallery.

Determinants of Health: New Directions in Trauma Informed Care

Linda Grabbe, PhD, FNP-BC, PMHNP-BC

Clinical Assistant Professor

2018 Nell Hodgson Woodruff School of Nursing

Emory University

- View a photo gallery.

Opioid Use Disorders: Implications for Advanced Practice Nurses

Diane Snow, PhD, APRN, PMHNP-BC, FAAN, FIAAN

2017 Certified Family Psychiatric Mental Health Nurse Practitioner

Former Clinical Professor and Director, Psychiatric Mental Health Nurse Practitioner Program

University of Texas at Arlington School of Nursing

How Nurses Can Improve Population Health: Positioning Matters

Kathleen R Delaney, PhD, PMH-NP

Professor

2016 Rush College of Nursing

- Watch video.

Preventing HIV, STI, and Teenage Pregnancy: Family Impact & Solutions

Loretta Sweet Jemmott, PhD, FAAN, RN

2015 Van Ameringen Professor in Psychiatric Mental Health Nursing and Associate Director of the Center for Health Equity Research

University of Pennsylvania School of Nursing

Continuing Education (CE) Opportunities

UMSON offers year-round opportunities for continuing education, which is now recognized for license renewal in Maryland. Take advantage of online, simulation, and in-person activities to enhance your professional development.

- Dean's Lecture Series
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- The Millicent Geare Edmunds Lecture
- The Commander Lura Jane Emery Lecture

Contact

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