



The **Intercultural Center** Newsletter

The Intercultural Center newsletter includes insights, events, and initiatives that promote intercultural education at the University of Maryland, Baltimore.

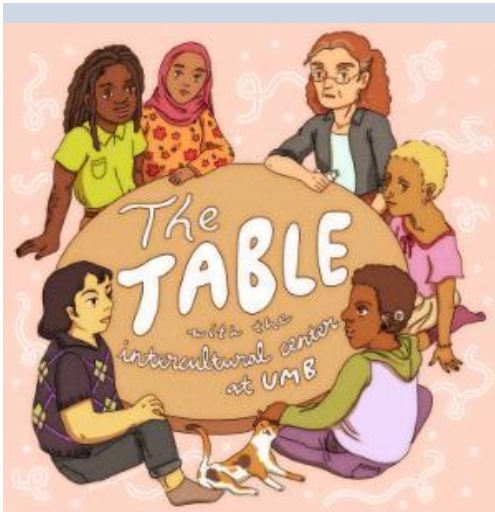
Our newsletter is released every first Wednesday of the month.

The Table Podcast

Colorism Episode + We Want to Hear From You!

We had a delay with releasing this episode, but it's out now! Check out the description below and links to the episode on [our webpage](#).

“You’re pretty for a dark-skinned girl” and “don’t play outside in the sun, you’ll get too dark” are comments that are sometimes overheard in Communities of Color. They highlight the issue of colorism, which is a form of



prejudice and/or discrimination that values lighter skin tones over darker skin tones, specifically within the same racial and/or ethnic group.

In this episode you'll hear from three individuals who speak to their respective experiences with colorism within the Black, Asian, and Latinx communities, **Lisa Nicholson**, a healthcare manager, **Reina Pomeroy, MSW**, a certified coach at Reina + Co, and **Ayda Gonzalez, MS**, a recent graduate student from Emory University.

Do you have questions related to race, ethnicity, culture, and current events that you'd like for us to unpack on The Table podcast? We're opening up our inbox! Send questions to ile@umaryland.edu.

Honoring Diverse Communities

American Indian Heritage Month (Nov. 1st - 30th)

November is American Indian Heritage Month. It is a time to recognize and honor the cultures, heritages, and living practices of

Native people who have stewarded these lands for generations. We acknowledge the ancestral land of the **Paskestikweya people** in Baltimore City and we humbly offer our respects to the elders, past and present citizens, of the Cedarville Band of the Piscataway Conoy, the Piscataway Indian Nation, the Piscataway Conoy Tribe, and all Algonquian Peoples.



First-Generation Student Celebration Day (Nov. 8th)

On November 8th, colleges and universities across the country celebrate and honor the experiences of first-generation students, those who are the first in their family to complete a four-year college degree. At UMB, we also recognize students who are the first in their families to pursue an advanced degree (graduate or professional) as first-generation students.



Trans* Empowerment and Advocacy Week (Nov. 15th - 19th)

Trans* Empowerment and Advocacy Week is a week long celebration leading up to the Transgender Day of Remembrance, which affirms, honors, and mourns Trans* lives lost to violence. Throughout the week we'll be centering the needs and experiences of Trans* people, particularly in healthcare.



Upcoming Intercultural Center Events



First-Gen at UMB: First-Generation Students, Staff, and Faculty Panel
November 8 | 2 PM | [Register Here](#)

In this panel discussion, attendees will hear from students, staff, and faculty at UMB who identify as the first in their family to go to college and/or professional school. They will share their experiences navigating their personal, academic, and



The Table Dialogue: Unpacking Featurism
November 10 | 12 PM | [Register Here](#)

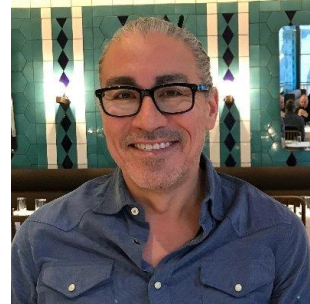
In this month's dialogue we will discuss the issue of featurism, which is a prejudice that values Eurocentric features such as thin nose, lips, and body size more so than Afrocentric features.

professional lives as first-generation students and professionals.



Being the First: A Reflection Space for First-Generation Professional Students
November 11th | 5 PM |
[**Register Here**](#)

In this session, first-generation students are invited to reflect on their experiences being the first in their family to attend college and/or graduate/professional school. Through reflections and storytelling, first-generation students will be able to make sense of their own lived experiences and build community with others.



Two-Spirit Identity with Harlan Pruden
November 15 | 2 PM |
[**Register Here**](#)

In honor of American Indian Heritage Month and Trans* Empowerment and Advocacy Week, the Intercultural Center invites you to a session with Harlan Pruden, a First Nations Cree scholar and community organizer whose work focuses on Two-Spirit people, communities, and experiences.



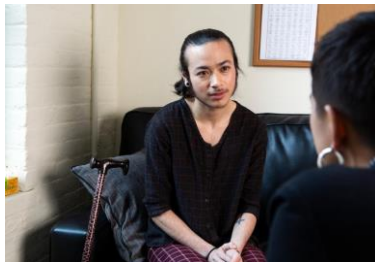
Barriers to Accessing Gender Affirming Care
November 16 | 1 PM |
[Register Here](#)

In this session, Zanne Gogan, MPH, will discuss barriers to accessing gender affirming medical services for Trans* adults in the United States. Attendees will also gain recommendations on how to dismantle these barriers for Trans* individuals.



A Guide to Indigenous Baltimore
November 17 | 12 PM |
[Register Here](#)

In this session, Dr. Elizabeth Rule will discuss her latest digital project, the Guide to Indigenous Baltimore. Through this guide, participants will be able to learn about the histories and current-day existence of Indigenous communities in Baltimore City.



Trans* Care with STAR TRACK
November 18 | 11 AM |
[Register Here](#)

In this session, you'll hear from staff at STAR TRACK, a youth-centered health



Gender Affirming Letter Writing Training
November 18 | 1-3 PM |
[Register Here](#)

In this training, participants will be able to learn how to write a gender affirming

program, about the work they do to provide quality healthcare, education, treatment, and prevention to Trans*, Gender Non-Conforming & Non-Binary youth and young adults in Baltimore.

surgery letter. Participants will also gain a critical understanding of Trans* experiences in healthcare and barriers to quality care.

Please note that while this training open to all, the practice of writing a gender affirming surgery letter is directly applicable to mental health professionals and students, including those with a LSCW-C or LCSW or are studying for their master's degree.



Transgender Day of Remembrance
November 18 | 6-8 PM | SSW Auditorium & [Virtual Livestream](#)

The Queer Student Alliance (QSA) would like to invite UMB and other community



Trans* Community Social Hour
November 19 | 12 PM | [Register Here](#)

Join Zanne Gogan, the Intercultural Center's Trans*, Gender Non-Confirming (GNC), and Non-Binary (NB)

members to join us for our annual Transgender Day of Remembrance and Resilience vigil.

Each year, we gather to celebrate, honor, and mourn trans* lives lost to violence, and to bring together community members to reinforce our resilience. The names of trans persons lost will be read, we will light candles for those lost, and close with making space for community members to share their feelings.

Those interested in assisting with the event should email QSA at umb.qsa@gmail.com. For those who have not been to this location before, the School of Social Work auditorium is located at 525 W. Redwood St., on the first floor. A livestream of the event can be found [here](#).

liaison for a community social hour. This is an opportunity to hang out, relax, and build connections with other Trans*, GNC, and NB identifying students.

Please note that this event will center students who identify as Trans*, GNC, and NB at UMB.

UMB Food Pantry

UMB Food Pantry Pop-Up Events for November and December



The UMB Food Pantry will be distributing cost-free bags of food items. All students at UMB are welcome to pick up a bag.

**Thursday, November 18, 2021
Wednesday, December 8, 2021**

Time: 12-1pm

**Location: 1st floor - SMC
Campus Center**

[Learn more about food access resources here.](#)

Student Disability Advisory Group Listening Sessions



Educational Support and Disability Services (ESDS) and the Intercultural Center are teaming up to create a Student Disability Advisory Group.

**We are interested in hearing your thoughts and suggestions!
Please take part in an open listening session, to learn more and**

share your ideas before we formally start the program in the Spring.

Please RSVP for the days you would like to attend:

November Listening Session

November 11 at 1 PM

[Zoom Registration Link](#)

December Listening Session

December 9 at 1 PM

[Zoom Registration Link](#)

Campus Partner Events



Decolonizing Global Health

November 4 | 12 PM |

[Register Here](#)

Learn about the history of global health and the growing movement to question and dismantle ingrained systems of dominance and power in the work to improve the health of populations.

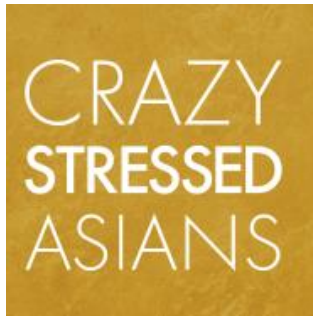


Health Information Resources for Culturally Diverse Patients

November 8 | 10:30 - 12 PM

| [Register Here](#)

Want to improve your communication with patients whose native language is not English? In this workshop you will learn about patient education resources, including medical information available in other languages. This



Crazy Stressed Asians
November 9 | 6 - 7:30 PM |
[*Register Here*](#)

Crazy Stressed Asians hopes to create a safe community for Asians and Asian Americans of all ethnic backgrounds to explore the impact of their culture, heritage and identity on mental health and wellness. These monthly virtual meetings are meant to engage, share, and discuss different key topics to support Asian and Asian American students.

We aim to provide support and psychoeducation—we are NOT group therapy. You may remain anonymous if preferred. Personal info will

workshop will also examine the effect utilizing these resources can have on patient compliance and improved health.



Pronouns Training Session
November 10 | 5 PM |
[*Register Here*](#)

Using the correct pronouns can show someone you acknowledge and truly respect who they are. Join us to learn more about why and how we should use pronouns effectively.

Students and faculty of all UMB schools are invited to come to our Pronoun Training session via Zoom.

not be collected, shared or published.



Dying to Belong: Racism, Public Health, and the Law
November 16 | 8:30 - 10 AM |
[*Register Here*](#)

The Diversity Advisory Council Fall 2021 Speaker is McNeill Ransom, who will discuss the phenomenon of belonging. Through the lens of public health and the law, she will define and characterize belonging; highlight its impact on health disparities, human potential, and the public health workforce; and offer tips on steps we can take to cultivate cultures of belonging in all of our shared spaces.

Visit Our Virtual Office Hours



Courtney Jones Carney
(she/her)



Rosemary Ferreira (she/her)

Director of the Intercultural Center

[Meet with Courtney \(Zoom Link\)](#)

Mondays, 10 - 11:30 am
Wednesdays, 12 - 1 pm

Associate Director of the Intercultural Center

[Meet with Rosemary \(Zoom Link\)](#)

Tuesdays, 3 - 4:30 pm
Thursdays, 9 - 10 am
Fridays, 1 - 2 pm

Submit Events & Announcements to the Intercultural Center Newsletter

[Submission Form](#)

Submit your events or announcements related to diversity, equity, and inclusion. The form must be submitted **before the last Wednesday of the month** to be included in the following month's newsletter.



Founded in June of 2020, the Intercultural Center is diligently working toward the continuation of existing Student Affairs initiatives and the creation of new initiatives.

[About Us](#) | [Contact Us](#)