



The Intercultural Center Newsletter

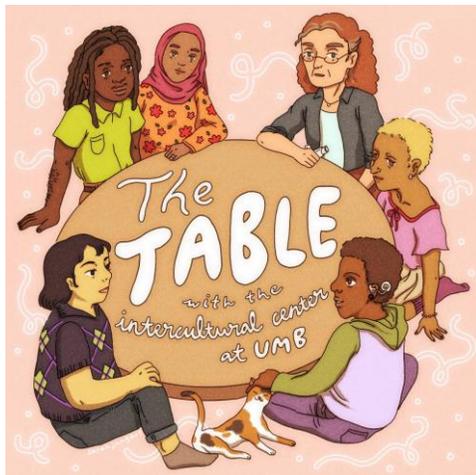
The Intercultural Center newsletter includes insights, events, and initiatives that promote intercultural education at the University of Maryland, Baltimore.

Our newsletter is released every first Wednesday of the month.

The Table Podcast

Anti-Asian Racism is Not New Part I

In this two-part series, we invited **Crystal Han, MD** and **Angeline Pham, MD**, psychiatry residents at the University of Maryland/Sheppard Pratt, and the facilitators of the Crazy Stressed Asians group at UMB, to discuss anti-Asian racism and its impact on the mental health and well-being of Asians and Asian Americans.



The first episode focuses on the history of anti-Asian racism in the U.S. and how to build solidarity movements across racial and ethnic groups. The second part of the series will be released later this month and will focus on racial trauma and mental health for Asian and

Asian Americans, and People of Color more broadly.

To check out our new episodes, use [our website](#) or subscribe wherever you get your podcasts!

Celebrating Asian American and Pacific Islander (AAPI) Heritage Month



Asian American and Pacific Islander (AAPI) Heritage Month is a celebration of Asians and Pacific Islanders in the United States. This commemorative month began in 1977 with the introduction of a House resolution to denote the first 10 days of May as Asian-Pacific Heritage Week. The following year, the week was designated as a national annual celebration. However, it was not until 1992 that the celebration was officially signed into law and extended into a full month.

May was selected to commemorate the arrival of the United States' first Japanese immigrants May 7, 1843, and to mark the anniversary of the completion of the transcontinental railroad on May 10, 1869. The majority of the workers who laid the railroad tracks were Chinese immigrants. However, we must also acknowledge the ways in which the U.S. sought to exclude and criminalize Asians in this country, including the Chinese Exclusion Act of 1882 and the internment of Japanese Americans during World War II. In honoring AAPI month, we must also recognize the wide diversity that exists under this umbrella term, including a plethora of cultures, languages, and traditions that exist in East, South, and Southeast Asia and the Pacific Islands.

UMB students, faculty, and staff are encouraged to participate in events and activities at the University and within the surrounding communities to honor Asian American and Pacific Islander Heritage Month.

Upcoming Intercultural Center Events



Microaggressions/Racism Experienced by the AAPI Community

Wednesday, May 5, 2021

12:00 PM

[Register Here](#)

In this event, participants will have the opportunity to discuss the history of anti-Asian racism and learn about the impact of microaggressions on mental and physical health with Crystal Han, MD and Angeline Pham, MD.



The Table Dialogue

Wednesday, May 19 | 12 PM

[Register Here](#)

The Table is a monthly dialogue series where UMB students, staff, and faculty are invited to discuss



Pop-up Pantry Delivery Service

Saturday, May 22 | 12-3 pm

[Sign Up Here](#)

The Intercultural Center is partnering with the UMB Police Department to deliver groceries to

current issues and unpack questions regarding race, ethnicity, culture, and norms.

We will be focusing this month's dialogue on Asian American history. From the Chinese Exclusion Act to the Stop Asian Hate movement, we'll discuss the history of anti-Asian racism and Asian American activism and resistance.

the doorsteps of students in eligible neighborhoods.

Sign up to receive a 30-pound box of shelf-stable groceries through the Pop-Up Pantry Delivery service. [Click here](#) for more information.

UMB Campus Partner Events



Decolonizing Global Health Summit

May 25 - May 27

[Learn More Here](#)

The term “decolonization” has recently become the focus of conversations within global health. Diverse voices worldwide are now calling for a re-examination of assumptions and practices underpinning global health education and practice. The UMB Global Health Summit is a direct response to these calls and an opportunity to rethink and reflect on the theories, processes, and methods of global health education.



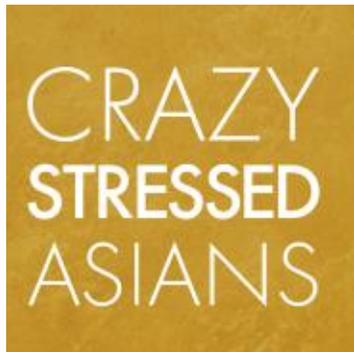
Leading a Diverse and Inclusive Lab

Tackling Social Isolation for Marginalized Communities: Lessons from the World
Thursday, May 6 | 4 PM
[Register Here](#)

This engaging and thought-provoking session will deepen understanding of social isolation as a structural issue that impacts health and well-being. Join renowned researchers, award-winning professors, and accomplished authors for a stimulating session to explore how they are learning from the world and implementing strategies to promote social inclusion in their research.

Tuesday, May 11 | 9 AM
[Register Here](#)

Enhancing diversity in research teams and programs requires creating an inclusive environment where all members of a lab are supported and valued. During this session panelists will discuss the benefit of managing a lab with diverse members, and best practices for cultivating an inclusive, safe, and supportive environment where all trainees and peers can thrive.



UMB Crazy Stressed Asians
Thursday, May 13 | 5:30 PM
[Register Here](#)

Building a safe space/community to explore the impact of our culture, heritage and identity on mental health and wellbeing.

Visit Our Virtual Office Hours



Courtney Jones Carney (she/her)
Director of the Intercultural Center

[Meet with Courtney \(Zoom Link\)](#)

Mondays, 10 - 11:30 am

Wednesdays, 12 - 1 pm

Rosemary Ferreira (she/her)
Associate Director of the
Intercultural Center

[Meet with Rosemary \(Zoom Link\)](#)

Tuesdays, 3 - 4:30 pm

Thursdays, 9 - 10 am

Fridays, 1 - 2 pm

Submit Events & Announcements to the Intercultural Center Newsletter

[Submission Form](#)

Submit your events or announcements related to diversity, equity, and inclusion. The form must be submitted **before the last Wednesday of the month** to be included in the following month's newsletter.



Founded in June of 2020, the Intercultural Center is diligently working toward the continuation of existing Student Affairs initiatives and the creation of new initiatives.

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