



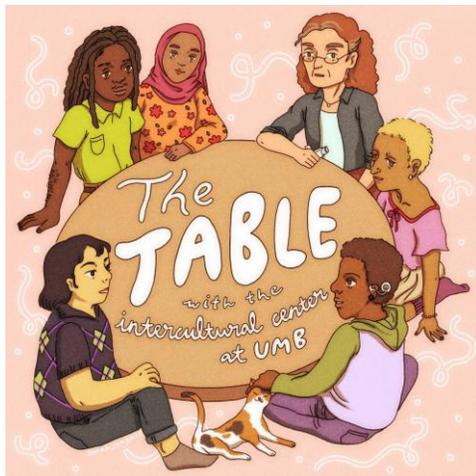
The Intercultural Center Newsletter

The Intercultural Center newsletter includes insights, events, and initiatives that promote intercultural education at the University of Maryland, Baltimore.

Be on the lookout every first Wednesday of the month for our newsletter.

The Table Podcast

Capitalizing the B in Black: The Importance of Race and Language

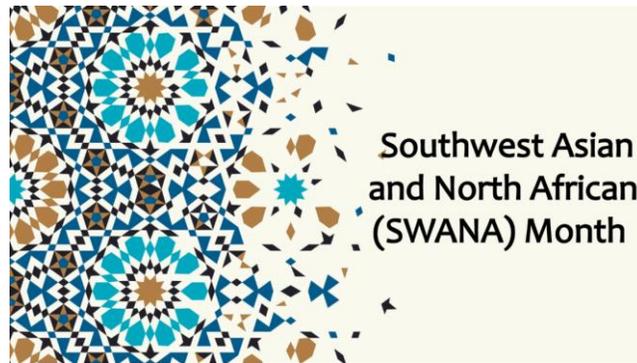


Language is a powerful tool that allows for people to make meaning of themselves and the world they live in. How can we ensure that the language we use is also racially aware and inclusive? Our guest for this episode is **James Wright, MFA**, associate director of the Writing Center and associate faculty member in the Science Communication Program at the Graduate School. Together, we discuss the impact of social media and the 2020 racial justice protests on the decision to

capitalize the B in Black by major news outlets. We also discuss how to incorporate inclusive language in academia.

To check out our new episodes, use [our website](#) or subscribe wherever you get your podcasts!

Celebrating SWANA Heritage Month



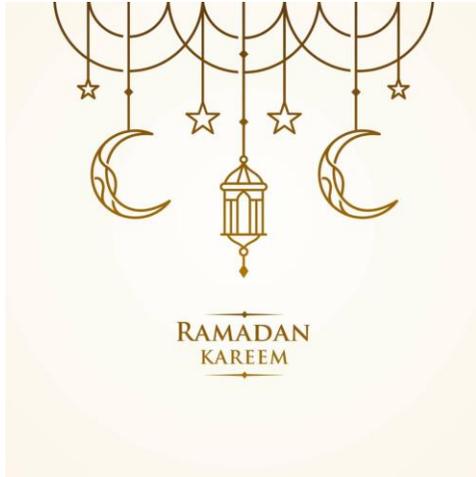
The Intercultural Center acknowledges and celebrates the contributions of Southwest Asian and North African (SWANA) students, faculty, and staff at UMB as well as across the country and around the globe.

Why SWANA?

In previous years, Arab and Middle Eastern and North African were terms used by the University to celebrate people from countries such as Algeria, Egypt, Iran, Saudi Arabia, and many others. The Intercultural Center will be moving forward with SWANA because it is a decolonized term that centers geography rather than a history of European colonialism and imperialism. It is also more inclusive of the various ethnic groups, languages, religions, and cultures of this region.

Check out a panel event with SWANA students, staff, and faculty at UMB hosted by the Intercultural Center in our highlight of events below.

Ramadan Begins in April



A Note on Ramadan from UMB's Muslim Students and Scholars Association

The month of Ramadan will begin on **Monday, April 12**. Ramadan is a period of spiritual reflection for Muslims all over the world. During this month your Muslim students and colleagues will be fasting from dawn to sunset. Please be considerate of sunset times as they will need some time and space to break their fast. We at UMB are fortunate to have a very understanding and inclusive community and we know we can count on you all to support our fasting Muslim friends. Thank you!

Upcoming Intercultural Center Events



Intercultural Center Virtual Open House

Friday, April 16, 2021
2:00 - 3:00 PM

[Register Here](#)

Didn't get the chance to attend the Intercultural Center's virtual launch earlier this semester?

Join us for our first virtual open house and get to know the Intercultural Center's staff, learn about our current and upcoming programs and initiatives, and connect with others interested in

anti-racism and anti-oppression
education at UMB.



The Table Dialogue
Wednesday, April 21 | 12 PM
[Register Here](#)

The Table is a monthly dialogue series where UMB students, staff, and faculty are invited to discuss current issues and unpack questions regarding race, ethnicity, culture, and norms.



**Unpacking the Connections
Between Imposter Syndrome,
Social Identity, and Oppression**
Thursday, April 22 | 12 PM
[Register Here](#)

In this workshop, attendees will have the opportunity to reflect on their experiences with imposter syndrome and find ways to manage their feelings of doubt, fear, and other emotions that arise when experiencing imposter syndrome. We will also discuss the ways in which imposter syndrome impacts historically marginalized populations, such as women, Black, Indigenous, People of Color (BIPOC), and first-generation students.



SWANA Identity at UMB Panel
Thursday, April 22 | 1:30 PM
[Register Here](#)

Did you know that SWANA as a racial and/or ethnic identity is not counted by the U.S. census? This means that there is little to no census data to highlight the particular experiences and needs of SWANA community members.

You'll have the opportunity to learn and connect with a panel of SWANA students, staff, and faculty as they reflect on their SWANA identity and share their lived experiences at UMB and more broadly in the U.S.

UMB Campus Partner Events



National Public Health Week

April 5 - April 11

[Sign Up for Daily Events Here](#)

National Public Health Week is designed to engage faculty, staff, and students on key public health issues in Baltimore, Maryland, and around the world. Each day we will focus on a public health topic and

identify ways each of us can make a difference on that topic.



Survive to Thrive: Achieving Academic-Life Balance
Wednesday, April 7 | 12 PM
[Register Here](#)

Do you feel like you're struggling just to keep up? Join us to create wellness goals for academic-life balance. Leave with a personalized road-map to achieve health and wellness goals when faced with competing demands.



Journey through Schizophrenia: Families Living with Mental Illness Pre and Post COVID
Thursday, April 8 | 5 PM
[Register Here](#)

This interprofessional session focuses on empathy in the context of mental health and its impacts on the patient, family, and community before and since the COVID-19 pandemic.



Gender Affirming Care for Transgender & Gender Non-Conforming Children & Adolescents
Friday, April 9 | 12 PM
[Register Here](#)



The Black Maternal Health Crisis in the United States
Monday, April 12 | 2 - 3:30 PM
[Register Here](#)

This virtual session will provide insight on how to make pregnancy and childbirth safer

Join Dr. Maria Eleni Nikita, MD for an open discussion on providing gender-affirming care for transgender and gender non-conforming children and adolescents.

in the U.S., amplify community-driven policy, practice and systems and enhance community organizing on Black maternal health by taking action to reduce maternal mortality and reduce morbidity related to childbirth.



Health Information for Culturally Diverse Patients

Thursday, April 22 | 1:00 - 2:30 PM

[Register Here](#)

Want to improve your communication with patients whose native language is not English? In this workshop you will learn about patient education resources, including medical information available in other languages. This workshop will also examine the effect utilizing these resources can have on patient compliance and improved health.

Visit Our Virtual Office Hours



Courtney Jones Carney (she/her)



Rosemary Ferreira (she/her)

Director of the Intercultural Center

Meet with Courtney (Zoom Link)

Mondays, 10 - 11:30 am

Wednesdays, 12 - 1 pm

Please Note: Courtney will be out of the office from 04/05/21 - 04/12/21 and will not be available for virtual office hours. During this time, please consider dropping in during Rosemary's virtual office hours or [email Courtney](#).

Associate Director of the Intercultural Center

Meet with Rosemary (Zoom Link)

Tuesdays, 3 - 4:30 pm

Thursdays, 9 - 10 am

Fridays, 1 - 2 pm



Founded in June of 2020, the Intercultural Center is diligently working toward the continuation of existing Student Affairs initiatives and the creation of new initiatives.

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