

***Fifth Annual Interprofessional, Interfaith Ethics Forum:  
Exploring Mental Health from a Trauma-Informed Care Lens***

*Presented by the Institute for Jewish Continuity, The Living Legacy Foundation,  
the University of Maryland Schools of Medicine, Nursing, Pharmacy, and Social Work, the UMB Graduate School,  
and the Maryland Healthcare Ethics Committee Network at Maryland Carey Law*

**Thursday, November 8, 2018**

UMB's Southern Management Corporation Campus Center, Baltimore, MD

**AGENDA**

- 8:30 – 9 a.m.      **Registration/Continental Breakfast\***
- 9:00 - 9:15 a.m.    **Welcome & Opening Remarks**  
Jane M. Kirschling, PhD, RN, FAAN,  
Dean, University of Maryland School of Nursing
- 9:15 – 10:00 a.m.   **An Overview of Trauma-Informed Care**  
Linda Grabbe, PhD, FNP
- 10:00 – 10:30 a.m. **Aspirational Ethics: Aligning Values While Delivering Trauma-Informed Care**  
Rebecca Vivrette, PhD
- 10:30 – 11:00 a.m. **OPEN MIKE**  
Moderator: Anita J. Tarzian, PhD, RN
- 11:00 – 11:15 a.m. **BREAK\***
- 11:15 – 12N         **Honing TIC Approach Skills with Simulated Patients & Clinicians**  
Facilitator: Nancy Culpepper, Director, UMSOM/UMSON's Standardized Patient Program
- 12N – 1:00 p.m.    **SELF-CARE IMMERSION (Boxed Lunches available)<sup>+</sup>**
- 1:00 – 2:00 p.m.    **Intersection of Faith & Resilience in Addressing Mental Health & Trauma**  
Rabbi Shmuel Silber, Dean of the Institute for Jewish Continuity, and Rabbi, Suburban  
Orthodox, Congregation Toras Chaim, Baltimore, MD  
Karen Gorden, M.M.A., M.M., Member, SGI-USA Baltimore Buddhist Center  
Keith Ethridge, M.Div., BCC, ACPE, Associate Director, VA National Chaplain Center
- 2:00–2:30 p.m.     **OPEN MIKE**
- 2:30 – 3:15 p.m.    **STORIES OF SUCCESS & HOPE**  
Kelly Doran, PhD, RN, Director of Health & Wellness &  
Terry Manning, Deputy Director, Paul's Place  
Charles Dabbs, Perspectives on Surviving a Broken System  
Tia Blue, LCSW-C, Therapist, Social Services Manager & Published Author  
Moderator: Linda Grabbe, PhD, RN
- 3:15 – 3:30 p.m.    **WRAP-UP & ADJOURNMENT** – Linda Grabbe, PhD, RN

\*indicates non-educational activity    <sup>+</sup>.75 Continuing Education

## SUMMARY

Trauma-informed care (TIC) involves an approach to health care delivery that recognizes the destructive and long-term impact of violent experiences, abuse, and neglect on a person's lifelong physical, mental, emotional, and economic well-being. The Substance Abuse Mental Health Services Administration (SAMHSA) identifies the following components of a TIC approach: (1) realizing the widespread impact of trauma and understanding potential paths for recovery; (2) recognizing the signs and symptoms of trauma in patients, families, staff, and others involved with the system; and (3) responding by fully integrating knowledge about trauma into policies, procedures, and practices, and seeking to actively resist re-traumatization (<https://www.samhsa.gov/>). A focus on resilience (among both clients and caregivers) is central. In this conference, we present an evolving case study highlighting key concepts of a TIC approach from an inter-professional, inter-faith perspective, examining common ethical issues that arise. Attendees will have opportunities to interact in applying skills and knowledge relevant to TIC. This educational program is designed to facilitate inter-professional learning. We welcome all health care professionals as well as lay persons interested in exploring these questions from the lens of ethics, religion, and spirituality, with an emphasis on how different health care professions contribute.

## OBJECTIVES

At the conclusion of this activity, participants will be able to:

1. Examine components of a trauma-informed care (TIC) approach to wellness.
2. Identify ethical issues that arise in caring for individuals with previous multi-trauma.'
3. Practice skills consistent with a TIC approach that improve outcomes with individuals who have a history of trauma.
4. Discuss the characteristics and advantages of interprofessional collaboration in implementing a TIC approach.
5. Explore spiritual and religious aspects of overcoming trauma in oneself or others by building resilience.

## CONTINUING EDUCATION

### Nurses:

Nurses may receive 6 contact hours upon successful completion of this educational activity. Successful completion of this activity for Continuing Education (CE) requires attending the entire activity, completion of the online CE evaluation, and completion of the verification of attendance form provided on site. Partial credit is not provided. Participants receive a CE certificate via email from the University of Maryland School of Nursing approximately 2-4 weeks after submitting their request and required documentation. All requests must be received within 90 days of the conference.

The University of Maryland School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

### Physicians: CME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Maryland School of Medicine and the Institute for Jewish Continuity. The University of Maryland School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation: The University of Maryland School of Medicine designates this Live activity for a maximum of 6.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Social Work:** The University of Maryland School of Social Work Office of Continuing Professional Education is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for **5.25** Category I continuing education units (**the Self-Care Immersion is not included.**) Successful completion of this activity requires your signature on the sign-in sheet, participation in the entire activity, and completion of an evaluation form to be handed in at the end of the activity. **This conference does not meet the Maryland Board of Social Work's ethics requirement.**



**Pharmacy:** The University of Maryland School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This application-based activity (UAN: 0025-0000-18-113-L04-P) is approved for 6.0 hours (0.6 CEU) of continuing education credit. Statements of credit will be posted to CPE Monitor within three weeks for all participants who successfully complete the activity. Successful completion of this activity requires

your signature on the sign-in sheet, participation in the entire activity, and completion of an online activity evaluation.