

The Virginia Lee Franklin Lecture

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The Virginia Lee Franklin Lecture

S.E.L.F. Community Conversations: A Resilience Framework for Youth and Young Adults in Communities Vulnerable to Violence

Wednesday, Oct. 16, 4-5:30 p.m.

Reception to follow.

University of Maryland School of Nursing, Room 130

This lecture has concluded.

- Watch video.

Explore the intersection of trauma, violence, and community resilience.

Objectives:

At the end of this interactive presentation, learners will be able to:

1. Discuss how youth voices, when integrated into leading conversations through a trauma-informed methodology, address the effects of toxic stress and complex trauma, while supporting their resilience
2. Discuss how S.E.L.F. Community Conversations, a strength-based, trauma-informed, resilience approach, supports agency and emotional regulation in youth and young adults.

Speakers:

Stacey Jefferson, MBA
Associate Director, Policy and Community Engagement
Behavioral Health Systems Baltimore

Stacey Jefferson, MBA, is a Baltimore native with more than 10 years of experience in community and legislative affairs. She is currently the associate director of policy and community engagement at Behavioral Health System Baltimore (BHSB), where she is responsible for managing government and community relations.

Before working at BHSB, Jefferson served as the Legislative Manager for the Mayor's Office of Government Relations with Mayor Stephanie Rawlings-Blake's administration. She has always been passionate about improving access to behavioral health care for communities of color and uses her own experience as a family member to advocate and raise awareness.

Jefferson holds a bachelor's degree from Randolph-Macon College and a Master's of Business Administration from Strayer University.

Richard L. Norman, LCSW-C
Chief Executive Officer
The Martin Pollak Project

Richard L. Norman, LCSW-C, was born 1948 in the South Bronx, New York City. He earned a Bachelor of Science in Psychology from Morgan State College in 1970 and was commissioned as 2nd Lieutenant in the U.S. Army Reserves. In 1974 he earned a Master of Social Work from the University of Maryland School of Social Work, anchoring his professional qualifications and subsequent career as a clinical social worker.

Norman went on to teach, train, and practice in various professional settings including specialized foster care, primary health care, residential treatment, and Child Protective Services. Early in his career, Norman held training and teaching positions at the Community College of Baltimore City, Morgan State University, and University of Maryland School of Social Work. He has practiced, trained, and provided organizational leadership in service organizations throughout the Mid-Atlantic region for more than 25 years.

Richard has served as president of the Board of Directors of Maryland Association of Resources for Children and Youth, a panel member for test development committee of the American Association of State Social Work Boards, and past Vice President of the Highlandtown Merchants Association.

He is currently the chief executive officer of The Martin Pollak Project, a strengths-based, family-centered child placement agency with headquarters in Highlandtown, Baltimore. From its inception, the project has been a proponent of community empowerment and family strengthening as the service of choice for enhancement of health and wellbeing for children and families in Baltimore and the region.

Michael M. Sinclair, PhD
Associate Professor and Chair, Urban Children, Youth and Families Specialization
Morgan State University School of Social Work

Michael Sinclair is a native New Yorker who recently relocated to Baltimore. He has earned a Bachelor of Arts in Sociology from State University of New York, College at Old Westbury and Master



of Science in Social Work from Columbia University. He was awarded the Paige E. Cook Scholar at Columbia University for outstanding contributions to the profession of social work. He brings more than 30 years' experience in the field, and his colleagues describe him as having a passion for helping people.

Prior to joining the faculty at Morgan State University, where he is the chair of the Urban Youth and Families specialization in the graduate School of Social Work, Sinclair worked as a clinical social worker in Virginia's Department of Correction. He coordinated the aftercare services of youth who had served time with the Juvenile Justice Commission. He has also worked with inmates, returning citizens, and active gang members in New York, New Jersey, Virginia, and Maryland. Sinclair has co-authored several peer-reviewed articles on community violence, engaging urban adolescents in clinical treatment, and Baltimore's uprising after Freddie Gray's death.



Sinclair is nationally recognized for his work in traumatology and its impact on urban youth populations and fragile families. He has gained significant attention for his contributions to culturally competent work with youth exposed to trauma and adversity in the child welfare system. He has developed a broad repertoire of skills that provide psycho-education around helping youth, their respective families, and mental health providers to manage feelings regarding past complex trauma, grief, and loss. Safety, Emotions or Emotional Regulation, Loss, and Future (S.E.L.F.) are the foundational aspects of the recovery model he often utilizes.

Note: Former speaker Patricia Cobb-Richardson, MS, is no longer able to present.

Additional Information

Continuing Education

Nurses may receive 1.5 contact hours for participating in this educational activity. Partial credit is not provided. Participants receive a CNE certificate via email from UMSON approximately two to four weeks after submitting their request, a signed attendance verification form, a completed evaluation form, plus a fee of \$10. All requests must be received within 30 days of the conference.

Accreditation Statement: The University of Maryland School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



Conflict of Interest: It is the policy of The University of Maryland School of Nursing to require our continuing education activity (CE) faculty and planning committee members to disclose any financial relationships with companies providing program funding or manufacturers of any commercial products discussed in the program. The planning committee and CE faculty report that they do not have financial relationships with manufacturers of any commercial products they discuss in the program.

Lecture History

D. Murray and Katherine Franklin created this endowed lecture in honor of their daughter Virginia Lee Franklin, BSN '54, for the purpose of continuing her lifetime commitment to the education of registered nurses at both the graduate and undergraduate levels. Virginia Lee Franklin, affectionately referred to as "Lee" by her family and friends, earned a Bachelor of Science degree from the University of Maryland School of Nursing and a master's degree in nursing at Emory University. Her graduate studies and subsequent career focused on neurological and neurosurgical nursing. Ms. Franklin

assumed a faculty role at the University of Delaware (UD) in the Department of Nursing. She remained at UD and was instrumental in its progression to a College of Nursing during her tenure. As a teacher and clinical instructor, Ms. Franklin was an active participant in the departments' curriculum development, its implementation, and its accreditation process. She is described as a dedicated professional who "continued to improve her knowledge of neurological and neurosurgical nursing and to develop expertise in nursing practice." She conducted workshops and seminars to disseminate the expanding knowledge and science in this area as well as served as a consultant to the area Veterans Hospital and Queens Hospital in London.

Recognized by the American Association of Critical Care Nurses for her expertise in neurosurgical nursing and assisted in development of their Core Curriculum in Neurosurgical Nursing, which in 1981 served as the guide for the national Certification Examination for that specialty. At the time of her death in 1981, she was in the process of writing a text book on this topic.

Past Lectures

2019 **S.E.L.F. Community Conversations: A Resilience Framework for Youth and Young Adults in Communities Vulnerable to Violence**

- Watch video.

2018 **New Approaches from the Frontlines of Research, Nursing, and Social Work**

- Watch video.
- View a photo gallery.

2017 **Breast Cancer Risk and Prevention: The Facts, The Myths, and the Gray Areas in Between**

- Watch video.
- Download PowerPoint presentation. 

2016 **Enactment of the Nurse Practitioner Full Practice Authority of 2015**

- Watch video.

2015 **Removing Practice Barriers: How a Legislative Success for Nurse Practitioners Translates to Better Health Care for Maryland Residents**

2014 **Compassionate Care: A Fundamental Imperative for Today's Changing Health Care System**

About the 2019-20 Dean's Lecture Series

The 2019-20 Dean's Lecture Series focuses on Violence: Scope, Impact, and Consequences.

Continuing Education (CE) Opportunities

UMSON offers year-round opportunities for continuing education, which is now recognized for license renewal in Maryland. Take advantage of online, simulation, and in-person activities to enhance your professional development.

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