



UMB Recovery | Novel Coronavirus (COVID-19)

Protect UMB (COVID-19 Pledge)

The University of Maryland, Baltimore (UMB) community's dedication to improving the human condition calls upon each of us to be vigilant against the novel coronavirus (COVID-19) by protecting one another.

I pledge, with shared accountability as a member of the UMB community, to be responsible for my health and considerate of the health of others to prevent the spread of COVID-19 by following University requirements and guidance.

[Take the Pledge](#)

[See Who Has Pledged](#)

I pledge to:

Make health and safety a priority every single day. I will consider faculty, staff, students, and the community in every decision I make.

Complete the SAFE on Campus Daily Health Screening to monitor for and report potential COVID-19 symptoms or exposures, prior to coming on campus or other learning sites.

Be aware of COVID-19 testing requirements that may be required of me to return to campus.

Keep abreast of changes in University, local, state, and federal laws and guidelines regarding COVID-19.

Research my options and ensure my understanding of the seasonal influenza vaccine.

Implement personal prevention behaviors, such as wearing a face covering, handwashing, physical distancing, and staying home when sick.

Specifically, I will:

Implement frequent handwashing:

Wash my hands with soap and water for 20 seconds or use hand sanitizer with 60 percent alcohol

Wash my hands after contact with "high touch" surfaces

Wear a face covering to prevent spreading COVID-19 including:

When inside buildings and in spaces when I am not alone in a closed office space or eating

When going outside of buildings and physical distancing cannot be practiced

Keep my distance from others by:

Physically distancing 6 feet or more

Avoiding close contact with individuals who are sick

Not eating with others in a break room

Use the Point-of-Use Cleaning Carts in buildings.

If I am experiencing COVID-19 symptoms, believe I have been exposed to, or have been diagnosed with COVID-19, I pledge to:

Contact my primary care physician or the UMB Student Health Center

Contact the [University's COVID-19 Hotline](#) for further guidance

For more University updates on COVID-19, please visit umaryland.edu/coronavirus.

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